

NNIG MONTHLY MEETING SPEAKER



March 9th— 7:00 pm
Group: Sisters of Sobriety
Ilene W., Los Angeles, CA

Silver Legacy - 407 North Virginia St., Reno - Doors open at 6:30

February, 2019

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GENERAL WARRANTIES OF THE NORTHERN NEVADA INTERGROUP ASSOCIATION OF ALCOHOLICS ANONYMOUS

In all its proceedings, the Intergroup Association observes the spirit of AA Traditions, taking great care that the Intergroup Association never becomes the seat of perilous wealth or power; that sufficient operating funds, plus a reserve be its prudent financial principal; that none of the Intergroup Association members shall ever be placed in a position of unqualified authority over any of the others; that all important decision be reached by discussion, vote and whenever possible, substantial unanimity; that no Intergroup Association action ever be personally punitive or an incitement to public controversy; that though the Intergroup Association may act for the service of AA Groups in the Northern Nevada area and parts of Northern California, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous, the Intergroup Association itself will always remain democratic in thought and action.

(The above is adapted and modified from "The AA Service Manual", and AA Co-Founder Bill W's. Twelve Concepts for World Service; Concept XII, as adopted by the General Service Conference on April 26, 1962. This adaptation of copyrighted AA material has been approved by the General Service Board)

CENTRAL OFFICE

436 S. Rock Blvd.,
Sparks, NV 89431
Monday thru Friday
9:00 AM to 5:00 PM

Saturday 9:00 AM to 1:00 PM

24 Hour Answering Service:

(775) 355-1151 Fax: (775) 355-1560

EMAIL: officemanager@nnig.org

Web Site/Meeting Schedule: nnig.org

The Bracer: nnigbracer@gmail.com



NORTHERN NEVADA INTERGROUP

Picture perfect

In February 2013, I was blindsided when a close friend, Tall Bill, died of a heart attack six weeks short of his 45th birthday. As the small community of Wrightwood came together to honor Tall Bill's life, I rummaged through our photo albums, gathering images to create posters to be displayed during his memorial service.

At one point, my wife held out a photograph to me and said, "Here's one where y'all are clearly drunk." I learned then and there that she was totally unaware that I was mind-altered in nine out of 10 photographs taken during the first 18 years of our marriage.

In photos of our wedding day, I appear in a three-piece suit offering a palm-ful of champagne to my black Labrador retriever!

Then there is the photo of my daughter's first birthday. Her face covered in white cake frosting as both of us face the camera with wide grins, mine gleaming from the effects of alcohol as I "celebrated" her first birthday.

In another photo, I'm with my son in a trout stream, holding my fishing pole in one hand, him under my other arm. I'm drunk. In every picture of us camping, I either have a beer in hand or you can see the liquor bottle sitting on the picnic table. There are a dozen Christmas mornings gathered around the tree where I'm either still drunk from celebrating Christmas Eve or so hungover you can see the pain in my grim "smiles."

If you're new, and like me and thousands of other alcoholics in AA who have stayed sober for at least one year, there will be many "firsts" in that year of your life. You may experience your first Sunday in years without a hangover. You will likely experience your first sober Valentine's Day, Saint Patrick's Day, Fourth of July, Halloween, Thanksgiving, Christmas and New Year's Eve.

You may drink bourbon-free eggnog for the first time in a decade and there won't be champagne at midnight on New Year's Eve. It will likely be the first time you have blown out your birthday candles without flammable fluids on your breath. You will go camping, fishing, hiking, dancing, partying and to the beach sober.

As the big three roll around—Thanksgiving, Christmas and New Year's—take the opportunity this year to be in as many photographs as possible—sober. Years from now, whether you remain sober or not, you will have photos to remember the first time you had a romantic meal without two bottles of red wine, drank green milkshakes instead of beer, or lit fireworks when you weren't lit. And the times you didn't stagger to the front door to distribute candy corn to the absolutely cutest little kids you've ever seen in your life, weren't the other turkey at Thanksgiving dinner, didn't fall into the Christmas tree, and weren't the loudest person in the room singing "Auld Langggggg synnnne!"

In spite of progress, not perfection, I plan to be picture-perfect this year for my loved ones.

Ed L., Wrightwood, California
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Recovery Step Two:

"Came to believe that a Power greater than ourselves could restore us to sanity."

Three

Unity Tradition Two:

"For our group purpose there is but one ultimate authority—a loving God as He may express Himself in our group conscious. Our leaders are but trusted servants; they do not govern."

Legacies

Service Concept Two:

The General Service Conference of A.A. has become, for nearly every practical purpose, the active voice and the effective conscience of our whole Society in its world affairs."

Concept II – The A.A. General Service Conference, through Our Delegates, Serves as both the Voice and the Effective Conscience for All of A.A.

In its first twenty years, authority and responsibility for the conduct of A.A.'s affairs lay with its co-founders, Bill and Dr. Bob. At the 1955 20th Anniversary Convention in St. Louis, this was turned over to the A.A. groups worldwide. Seeing, however, that it would not be practical to expect the thousands of groups and many thousands of members to directly manage and conduct these affairs, some method of group representation was needed. After some years of operating on a trial basis, A.A.'s General Service Conference was confirmed in order to do this. The Conference became official through adoption of its Charter at the 1955 convention.

On first reading the Concepts, I had no idea what a charter is. Eventually I found that it is a document that outlines the principal functions and purposes of an organization; or, in the case of A.A., our Fellowship. As Bill states in his writing of Concept II, the Charter establishes The General Service Conference as "... the actual voice and the effective conscience of our whole society." The Conference votes on matters for us, but does so only after receiving and considering the views, ideas and opinions of local A.A. groups through our elected Conference Delegates. By this means, local groups are the essential owners of our Fellowship.

The once-a-year Conference meeting is made up of 93 Delegates from geographic areas of the U.S. and Canada. It also includes members of our General Service Board, the Directors of our two corporations, Alcoholics Anonymous World Services, Inc. and the Grapevine, Inc., and staff of our General Service Office and Grapevine. Approximately 135 Conference members give their time and energy to represent us and serve as the A.A. group conscience.

Until his passing in 1971, Bill continued to serve in an advisory capacity particularly to the headquarters operation, now known as our General Service Office. The GSO is charged with carrying out A.A.'s day-to-day operations. When I think of the General Service Office I think of it as making 12th Step work possible on a world-wide level.

In his writing of Concept II, Bill's thinking led him to make a distinction between *ultimate* and *immediate* service authority. The 12 Concepts were written to help clarify this distinction as well as its practical implications. General Service Board members, referred to as our Trustees, include both alcoholic and non-alcoholic professionals. The Board, serving as A.A.'s legal foundation, is given a large share of active and immediate responsibility for world service affairs. But, "...the final say--the ultimate sanction in matters of large importance--has not been given to the Trustees alone." Rather, the General Services Charter gives this ultimate and broader responsibility and authority to the A.A. groups themselves, made operational through our method and process of delegate representation.

How has this worked out? My experience leads me to think that the primary basis of its success over a period of 50 years is that we are all committed to working together to serve the common good of all of A.A., and to support each other in maintaining our own personal sobriety while carrying the A.A. message to others.

This is a 12 part series written by members of the 12 Concepts Study Group in Reno, Nevada. Efforts were made to use simple, everyday language. Each concept is written by an individual member of the group and is not necessarily the opinion of AA as a whole or NNIG. We hope this series will help our community to understand the Concepts and bring interest to those wanting to know more about them. Revised May, 2017

NNIG EVENTS

EVENTS HOSTED BY NORTHERN NEVADA
INTERGROUP TO SUPPORT CENTRAL OFFICE

NNIG Monthly Speaker Meetings

Silver Legacy – 407 North Virginia Street, Reno 89501



Monthly Speaker Meeting
Doors open at 6:30 PM
Speaker at 7:00 PM



February 9, 2019

Host Group — Beginners Are Winners, Triangle Club 6:45am
Speaker — Pat & Mary D. (Reno, NV)
Location — Silver Baron 1-6

March 9, 2019

Host Group — Sisters of Sobriety, Buddhist Church 6pm Tuesday
Speaker — Ilene W. (Los Angeles, CA)
Location — Silver Baron 1-6

April 13, 2019

Host Group — District 2
Speaker — Webb F. (Reno, NV)
Location — Silver Baron A

May 11, 2019

Host Group — SouthSide, Unitarian Universalist Church 12pm
Speaker — Rachel B. (Los Angeles, CA)
Location — Silver Baron 1-6

June 8, 2019

Host Group — RENVYPAA, Triangle Club 2nd/4th Sunday 4pm
Long Timers Meeting (25+ years)
Location — Silver Baron 1-6

July 13, 2019

Host Group — Women's Just 4 Today, Triangle Club Monday 5:30pm
Speaker — Adrian L. (Sacramento, CA)
Location — Silver Baron 1-6

NNIG Speaker Chair: Brian A. – (775) 846-1120
Need more info call: Central Office – (775) 355-1151
Join us for dinner at Millie's 24 inside the Eldorado @ ~5pm with the speaker

March 17th 2019

NNIG Corned Beef

Cribbage

Family Fun Day

Tickets Pre-Sale Only \$15

(Available @ Central Office)

Speaker: Molly B.

Games: @ Noon

Dinner: 1:30 to 3:30 only

Speaker: 4:30

Bring Side Dishes

A-M: Appetizers

N-Z: Desserts

Idlewild Park 12-6pm
California Bldg.



MORE AREA EVENTS

FALLON'S ANNUAL
Excellent
BAKE BASH 2019

ESTD 1978

COMPETE IN ANY OF 3 CATEGORIES:
**COOKIES
CAKES
BROWNIES**

& BAKE SALE

\$5 SUGGESTED DONATION

- 1 VOTE FOR BEST COOKIE
- 1 VOTE FOR BEST CAKE
- 1 VOTE FOR BEST BROWNIE
- 1 RAFFLE TICKET

SAT. MARCH 16TH
STARTS AT 1:30 PM @ FRA
141 INDUSTRIAL WAY, FALLON NV

VISIT WWW.OASISFESTIVALFALLON.COM
OR CALL/TEXT STAR D. (775) 294-5897 FOR MORE INFORMATION
ALL PROCEEDS SUPPORT THE 2019 OASIS FESTIVAL

2019 Reno Spring Festival

April 26-28,
2019

Nugget Hotel
Casino

Preregister at:
<http://www.renospringfestival.com/>



Seniors in Sobriety

12th Annual International Conference

May 19, 2019 - Silver Legacy

Serenity in the Sierras XXX

July 18-21, 2019

Eagles Nest Campground at Camp Richardson



Dear NNIG Fellowship,

Volunteer hours- 55.2 hours Calls into Central Office:

- Calls for AA help - 20
- Calls for Alanon/Alateen - 3
- Meeting information- 44
- Retail / merchandise- 15
- Other 12 step programs- 2
- Events - 5
- Business/Central office- 73
- Visitors - 245

We had a surge in the 12 step calls this month, and because of this we realized we need more people on the 12 step call list, especially people that are available to be reached anytime. Not just Reno/ Sparks but all the areas. There are several spots open at Central Office for volunteers. Wednesday 9-1, Friday 2-5 and Saturdays. There have been a few incidences around the office that have concerned me and the staff and I would like to have at least 2 people in the office at any given time. As always if there is anything Central Office can help with, please let me know.

Ronda
Central Office Manager

The Birthday Club

January 2018

Joan H. 47
Years

October 2018

Sharon F.
34 Years

September 2017

Mike H. 23 years

August 2018

Kim D. 41 years

Tonia 17 years

Danny S. 16

years

July 2018

Paul M. 27 Years

Linda 26 Years

June 2018

Kyle 36 Years

May 2018

Susanne T. 24 Years

Down T 28 Years

April 2018

Ron T 7 Years

Jack W. 33 Years

March 2018

Kent L. 36 Years

November 2017

Leslie S. 21 Years

Cheryl Z. 23 Years

Mike Mc. 34 Years



Did you know you can share your sobriety and gratitude in a practical way by joining the A.A. Birthday Club? Sign Up today be featured in the Bracer

Show your Support for your NNIG Central Office
and join the Birthday Club

A donation of only one dollar for every year of your Sobriety Birthday.

Envelopes available at Central Office,

NNIG Business Meeting or Intergroup Representatives

Cocky & Afraid

7:00 PM Wednesday

Destiny Christian

Community Center

255 Bell Street

Reno, NV

A Way Home

5:30 PM

Tuesday & Friday

Good Shepherd Church

501 California Ave.

Reno, NV

As Bill Sees It

12:00 PM Saturday

680 River Street

Elko, NV

AA ANSWERING SERVICE NUMBERS

Reno, Sparks, Carson City and all of
Northern Nevada: (775) 355-1151
Las Vegas and all of Southern Nevada:
(702) 598-1888
Mammoth Lake: (760) 934-3434
North Lake Tahoe: (530) 546-1126
South Lake Tahoe: (530) 541-1243
Susanville, CA: (775) 355-1151

There is a Solution

Saturday, Sunday, Monday

10:00 PM

Alano Club of Sparks

1640 Prater Way

Sparks, NV

Keep it Simple

Monday & Wednesday

7:30 PM

Fernley Community Center

10 North Center Street

Fernley, NV

N.N.I.G. STEERING COMMITTEE
 Last Tuesday of each month, 5:30 PM
 Central Office, 436 S. Rock Blvd., Sparks

N.N.I.G. BUSINESS MEETING
 First Tuesday of each month, 6:30 PM
 Alano Club, 1640 Prater Way, Sparks

N.N.I.G. MONTHLY SPEAKER MEETING
 7:00 PM Silver Legacy - Silver Baron A

N.N.I.G CPC/PI
 Second Sunday of each month, 2:00 – 3:30 PM
 Central Office 436 S. Rock Blvd., Sparks

N.N.I.G. H&I
 Last Thursday of each month, 5:15 PM
 Central Office 436 S. Rock Blvd., Sparks

COMMITTEE MEETINGS
H&I, BRIDGING THE GAP
 FIRST MONDAY OF EACH MONTH AT
 5:30 PM, CENTRAL OFFICE

CPC/PI NOT CURRENTLY MEETING

YPAA MEETINGS
TITYPAA, 1ST & 3RD SUNDAY 6:30
 PM, 8425 DOLLY VARDEN AVE, KINGS
 BEACH, CA

RENVYPAA 2ND&4TH SUNDAY 4:00
 PM, 635 WELLS AVE., UPSTAIRS

District Meetings

DISTRICT-2 Second Thursday of each month, 6:30 PM-Reno
 Central Office, 436 S. Rock Blvd. Reno

DISTRICT 4 First Thursday of each month, 7:00 PM-Reno
 Triangle Club, 635 S. Wells Avenue Reno

DISTRICT 6 2nd Sunday of even numbered months-For
 information email district6@nevadaarea42.org

DISTRICT 8 First Sunday, 3:30 p.m. on odd months
 Call [\(760\) 937-8407](tel:7609378407)

DISTRICT 10A Third Sunday of every other month, 1:30 PM
 680 River St. Elko, NV

DISTRICT 10B Last Sunday Odd Numbered Months @
 10:00AM Rotating Group Locations –
 Call [\(775\)403-0869](tel:7754030869)

DISTRICT 11 Only holds meetings 4 time a year, call DCM

DISTRICT 12 2nd Saturday of each Month at 5:00 PM- 457
 Esmeralda Street Wolf Center, Fallon NV

DISTRICT 14 3rd Mon of each "Odd" month at 6:00 PM -265
 Bear Street in Kings Beach CA

DISTRICT 16 Meeting is held 3rd Tuesday of the month
 Sparks Family Christian Church 510 Greenbrae
 Blvd 6:00PM-7:00PM

DISTRICT 18 DARK DISTRICT

DISTRICT 20 First Saturday of every month 1:30 PM- 50
 South Weatherlow, Susanville

DISTRICT 22 1st and 3rd Thursday of every month 6:30 PM @
 Central Office

Volunteers are needed to take meetings into hospitals, institutions and treatment centers. Please contact Central Office or Treatment Chair Rob L. for more information.

AREA CLUBS

Reno / Sparks Clubs
 Alano Club Sparks, 1640 Prater Way (775) 359-2727
 Driars Club Reno 345 S. Wells Avenue (775) 324-9210
 Triangle Club Reno 635 S Wells Avenue (775) 324-7977

Clubs outside Reno/Sparks Area
 Alano Club Carson City, 1800 HWY 50 East (775) 882-0443
 Bishop Alano Club (760) 873-6700
 Elko Alano Club (775) 738-4747
 Las Vegas Triangle Club (702) 435-0597
 South Lake Tahoe (530) 541-1243

AA Service in Jails 2019

Men and women are needed to take meetings into Parr Blvd Detention Center. Currently there are two women's meetings per month and one men's meeting per week. If you would like to be of service, please come fill out an application, available at Central Office or from your Intergroup Rep. Volunteers must attend mandatory orientation February 23, 2019. For more info, contact Corrections Committee.

Ashley B. abbvcpg15@gmail.com
Charlotte C. ccoxboog111@gmail.com

**2019 HOLIDAY SCHEDULE
 CENTRAL OFFICE**

Monday February 18, Presidents' Day – Closed
Monday May 27, Memorial Day –Closed
Monday September 2, Labor Day – Closed
Friday October 25, Nevada Day – Closed
Monday November 11 Veterans Day – Closed
Thursday November 21, Thanksgiving – Closed
Friday November 22, Family Day – Closed
Wednesday December 25, Christmas – Closed
Tuesday December 31, 2019 Inventory – Closed

Submit this form or call Central Office to get on the list.

12 STEP Volunteer Application Form

Name: _____ Date: _____

Sobriety Date: _____ Gender: Male ___ Female ___

Phone # _____ Location/City: _____

Available: _____ Days: _____ Times: _____

Attitude Adjustment

When I first walked through the doors of AA I didn't think I was an alcoholic; I was just unable to stop drinking. Nothing in my life was going right. My adolescent kids treated me with anger or pity. My health was shot. I always had colds or aches and pains, and nothing about my internal system was working properly. But I didn't see these as symptoms of alcoholism; I thought I was just getting old.

Financially I could make ends meet, but I didn't appreciate that at all. I took it for granted. I'd been divorced for three years and I was lonely. It dawned on me finally that the few men I'd managed to meet all had trouble with alcohol or drugs, usually both. I met them in bars. What were they always doing in bars? I never asked myself what I was doing there!

But the worst of it was the way I felt all the time: incompetent, foolish, weak, stupid, emotionally unstable, and probably crazy. Something was wrong with me--everything but alcoholism. Because alcohol seemed to be my only friend, I drank at lunch. After dinner, I either holed up in my room with a bottle or headed for a bar. That was my lifestyle for ten years, with husband and without.

But alcohol began to fail me. Where once I could drink an entire bottle of tequila, I now began to embarrass myself after one glass of wine. Shocked by my inability to hold alcohol, I tried to hide my newest weakness by declaring to my friends and children that I was going to stop drinking. Every night I went to the bar for two or three tonic waters. Then I went home and took a bottle of wine to bed. July passed, then August. It slowly dawned on me that although I was no longer capable of getting drunk I also wasn't capable of not drinking. I decided to seek help, secretly, from AA.

I walked into my first meeting silent but belligerent, defeated but too proud to see it. But what I found inside the door completely astonished me. Here was a whole roomful of women and men, all different ages, wearing all different kinds of clothes, who were listening to one another.

"Things still just won't go my way," said one man with a deep chuckle.

Everyone in the room laughed. I recognized the words, but I didn't recognize the tone of voice. I waited with bated breath for his next words.

"Oh well," he said with a shrug.

I sat back in my chair, confounded. Oh well? Oh well? I didn't get it. Someone else raised her hand. I leaned forward again.

"I've found out that when I try to run the show nothing turns out too well anyway," said the woman with a smile.

Again words I recognized--but where was this woman's frustration? She didn't seem at all saddened by her inability to take charge. There was something wrong with her.

"But when I just sit back and accept the day as it comes, without fighting about it or trying to change it, my day goes just fine."

There were nods all around the table. I looked from one person's face to another. What was going on in here? That old guy with the grizzly beard seemed to be in perfect agreement with the neat, pretty speaker. That guy in the business suit was leaning back in his chair with a big wide grin. I was astonished, but no one else was.

By the time the meeting was over several people had introduced themselves to me and someone had given me a Big Book. I went home in a daze. That AA meeting wasn't at all the way I'd expected, and so I decided to go back. This was the first interesting thing I'd found in years!

After a few months of not drinking and a steady growth of hope I decided I just might be alcoholic after all. I joined a group. I looked forward to meetings all day, and once I got to them my spirits lifted. Then my group appointed me coffee maker. Every Friday night I got to that meeting an hour early and put on pot after pot of coffee. Other AAs usually arrived early to set up the chairs.

One night I was in about as foul a mood as I had ever been in AA. It was the day before Valentine's Day and I hadn't had a glimmer of romance for over a year. Sure I was glad I was sober, but Valentine's Day was depressing. My husband had left me almost four years before. I'd lost the only man who would ever look at me, and I better get used to it.

Through the door came the night's first arrival. "Dave" had been around awhile, and always had a friendly word or hug available. Oh good, I thought, I need a hug.

"Hi!" he said. "How are you doin' tonight?"

I heaved a deep sigh, put on a poor-little-lost-me expression, and my voice trembled slightly with real self-induced tears as I replied wistfully, "Oh, I've been better."

"Oh yeah?" he replied, "Have you been worse?"

And down the hall he went to set up chairs.

I couldn't believe it! Not even a hug!

I watched Dave bend over the chair rack. He was whistling.

"You're in an awfully good mood," I thought resentfully.

And then it hit me. I was in a bad mood, and he was in a good one. The only difference between us was that I'd been better, but he'd been worse! It was all in the way we chose to look at it!

The words of the Serenity Prayer began to make sense--accept the things I cannot change, but change the things I can.

I now know it was my attitude my kids couldn't stand to be around--bad vibes are contagious. But so are good ones, and my kids and I are openly loving with one another today, a miracle for which I thank AA. I have a lot of gratitude today. I can change my viewpoint any time I want to. I can look at things from down, by lying back and waiting for someone to rescue me. Or I can stand tall and look at the way things are as the way they're meant to be.

Today I know what Dave meant. I've been worse--and I don't ever have to feel that way again! Now if that isn't worth a smile on a rainy day, what is?

Northern Nevada Intergroup Transaction Detail By Account January 2019

Type	Date	Name	Memo	Amount	Balance
4000 · Income - General					
4550 · Group Contributions					
Sales Receipt	01/02/2019	NNIG Business Meeting	7th Tradition	17.50	17.50
Sales Receipt	01/04/2019	RTC Almost Heaven	Group Contributi...	50.00	67.50
Sales Receipt	01/04/2019	Austin Group	Group Contributi...	39.00	106.50
Sales Receipt	01/04/2019	RTC New Awakenings Gr...	Group Contributi...	342.24	448.74
Sales Receipt	01/07/2019	Colfax Blue Canyon Group	Group Contributi...	6.10	454.84
Sales Receipt	01/07/2019	Susanville Thursday Nite ...	Group Contributi...	25.00	479.84
Sales Receipt	01/07/2019	Back to Basics Saturday N...	Group Contributi...	100.00	579.84
Sales Receipt	01/07/2019	Women's New Beginnings	Group Contributi...	28.00	607.84
Sales Receipt	01/07/2019	Women's New Beginnings	Group Contributi...	27.50	635.34
Sales Receipt	01/08/2019	Grupo Fe Y Esperanza	Group Contributi...	40.00	675.34
Sales Receipt	01/09/2019	Eye Opener	Group Contributi...	85.00	760.34
Sales Receipt	01/09/2019	The Rock Group	Group Contributi...	80.00	840.34
Sales Receipt	01/09/2019	Grupo Nueva Vida	Group Contributi...	15.00	855.34
Sales Receipt	01/09/2019	Mt Rose Recovery Room ...	Group Contributi...	200.00	1,055.34
Sales Receipt	01/10/2019	Caring & Sharing in Stead	Group Contributi...	12.80	1,068.14
Sales Receipt	01/10/2019	Carson Language of the H...		60.00	1,128.14
Sales Receipt	01/11/2019	Our Common Welfare	Group Contributi...	5.00	1,133.14
Sales Receipt	01/11/2019	Alano Brown Baggers	Group Contributi...	45.00	1,178.14
Sales Receipt	01/14/2019	Carson Sunday Morning Fi...	Group Contributi...	28.80	1,206.94
Sales Receipt	01/14/2019	Happy Hour/Reno 02010	Group Contributi...	150.00	1,356.94
Sales Receipt	01/14/2019	RTC Almost Heaven	Group Contributi...	300.00	1,656.94
Sales Receipt	01/15/2019	RTC Beginners Are Winne...	Group Contributi...	750.00	2,406.94
Sales Receipt	01/16/2019	carson Airport AA	Group Contributi...	23.00	2,429.94
Sales Receipt	01/17/2019	Back Room Group	Group Contributi...	29.43	2,459.37
Sales Receipt	01/17/2019	Ladies of the Lake	Group Contributi...	10.25	2,469.62
Sales Receipt	01/17/2019	Grupo Accion	Group Contributi...	10.00	2,479.62
Sales Receipt	01/18/2019	District 22	7th Tradition	25.00	2,504.62
Sales Receipt	01/18/2019	Battle Mountain Fellowship	Group Contributi...	10.00	2,514.62
Sales Receipt	01/22/2019	Fernley Groups	Group Contributi...	200.00	2,714.62
Sales Receipt	01/22/2019	Out and Sober	Group Contributi...	20.00	2,734.62
Sales Receipt	01/22/2019	Minden/Gardnerville Group	Group Contributi...	76.18	2,810.80
Sales Receipt	01/22/2019	Southside Group	Group Contributi...	226.05	3,036.85
Sales Receipt	01/23/2019	Twilight Zone	Group Contributi...	20.00	3,056.85
Sales Receipt	01/28/2019	RTC Grapevine/Big Book ...	Group Contributi...	50.00	3,106.85
Sales Receipt	01/31/2019	Seniors in Sobriety	Group Contributi...	100.00	3,316.85
Sales Receipt	01/31/2019	Portola Group	Group Contributi...	200.00	3,516.85
Total 4550 · Group Contributions				3,516.85	3,516.85
Total 4000 · Income - General				3,516.85	3,516.85
TOTAL				3,516.85	3,516.85

PROFIT & LOSS STATEMENT

Northern Nevada Intergroup
Profit & Loss YTD Comparison
January 2019

	Jan 19	Jan 18	Jan 19
Ordinary Income/Expense			
Income			
4000 · Income - General			
4500 · Faithful Fivers	70.00	165.00	70.00
4300 · Bracer Subscriptions	7.00	15.00	7.00
4800 · Other Copy Reimbursements	280.00	1.70	280.00
4600 · Individual Contributions	294.00	5,093.20	294.00
4550 · Group Contributions	3,516.85	5,471.88	3,516.85
4200 · Birthday Contributions	48.00	47.00	48.00
Total 4000 · Income - General	4,215.85	10,793.78	4,215.85
4002 · Income - Event Revenues			
Event Revenues			
Gratitude Dinner			
4435 · Expenses	-1,000.00	0.00	-1,000.00
Total Gratitude Dinner	-1,000.00	0.00	-1,000.00
Speaker Meeting			
4440 · Revenue	326.15	370.00	326.15
4445 · Expenses	-208.60	-292.98	-208.60
Total Speaker Meeting	117.55	77.02	117.55
Corned Beef & Cribbage			
4485 · Expenses	-1,140.00	0.00	-1,140.00
Total Corned Beef & Cribbage	-1,140.00	0.00	-1,140.00
Total Event Revenues	-2,022.45	77.02	-2,022.45
Total 4002 · Income - Event Revenues	-2,022.45	77.02	-2,022.45
4004 · Income - Merchandise Sales			
4700 · Merchandise Sales	6,401.86	6,202.30	6,401.86
Total 4004 · Income - Merchandise Sal...	6,401.86	6,202.30	6,401.86
4900 · Interest Income	4.11	0.29	4.11
Total Income	8,599.37	17,073.39	8,599.37
Cost of Goods Sold			
5000 · Cost of Goods Sold	3,557.99	3,399.83	3,557.99
Total COGS	3,557.99	3,399.83	3,557.99
Gross Profit	5,041.38	13,673.56	5,041.38
Expense			
5100 · Bank Fees and charges	0.00	3.00	0.00
5120 · Professional Fees	0.00	1,962.50	0.00
5180 · CC Service Fees	300.84	191.66	300.84
5210 · Storage Unit	0.00	90.00	0.00
5220 · Shipping Charges	50.45	6.65	50.45
5235 · Committee Expenses	253.00	130.97	253.00
5240 · Compensation			
5240.1 · Wages - Director	3,180.00	3,250.00	3,180.00
5240.2 · Wages - Assistant	744.00	540.00	744.00
Total 5240 · Compensation	3,924.00	3,790.00	3,924.00
5241 · Dental/Vision Plan	0.00	77.02	0.00
5250 · Computer expenses	32.90	179.40	32.90
5260 · Copier Lease	552.34	327.77	552.34
5290 · Office Supplies	85.99	212.01	85.99
5310 · Paper	75.22	0.00	75.22
5320 · Payroll Tax Expense	300.19	289.93	300.19
5325 · Payroll Processing Fee	252.66	183.44	252.66
5340 · Rent	0.00	781.00	0.00
5350 · Repairs & Maintenance	86.72	0.00	86.72
5360 · Taxes & Licenses	0.00	50.00	0.00
5370 · Telephone	751.73	2,352.95	751.73
5380 · Trash	62.00	29.16	62.00
5390 · Utilities	133.70	136.84	133.70
Total Expense	6,861.74	10,794.30	6,861.74
Net Ordinary Income	-1,820.36	2,879.26	-1,820.36
Other Income/Expense			
Other Expense			
5400 · Physical inventory adjustment	-553.49	0.00	-553.49
Total Other Expense	-553.49	0.00	-553.49
Net Other Income	553.49	0.00	553.49
Net Income	-1,266.87	2,879.26	-1,266.87

2:42 PM
02/06/19
Accrual Basis

Northern Nevada Intergroup
Transactions by Account
As of January 31, 2019

Type	Date	Memo	Debit	Credit	Balance
1160 · Pink Can Literature					
Payment	01/02/2019	Ladies of the Evening	54.00		-960.74
Payment	01/04/2019	RTC Almost Heaven	25.00		-1,089.74
Payment	01/04/2019	Alamo Dawn Patrol	45.00		-1,134.74
Payment	01/07/2019	womens new beginnings	24.00		-1,158.74
Payment	01/07/2019	womens new beginnings	50.00		-1,188.74
Payment	01/07/2019	women new beginnings	29.00		-1,217.74
Payment	01/07/2019	womens new beginnings	22.65		-1,240.29
Payment	01/07/2019	women new beginnings	47.37		-1,287.66
Payment	01/07/2019	womens new beginnings	18.00		-1,305.66
Payment	01/07/2019	womens new beginnings	39.72		-1,345.38
Payment	01/09/2019	Eye Opener Group	400.00		-1,745.38
Payment	01/09/2019	Mt. Rose	42.50		-1,787.88
Payment	01/09/2019	Southside Noon	77.00		-1,864.88
Payment	01/09/2019	Carson City Happy Hour	100.00		-1,964.88
Payment	01/09/2019	Minden Stephanie Way Group	114.44		-2,079.32
Payment	01/10/2019	Alamo Jaywalkers	51.90		-2,131.22
Payment	01/10/2019	Caring and Sharing	54.15		-2,185.37
Payment	01/10/2019	Carson Language of the Heart	181.49		-2,366.86
Payment	01/12/2019	Sunnyside Group	93.00		-2,439.86
Payment	01/08/2019	Dinar's 4th Dimension	82.58		-2,522.44
Payment	01/14/2019	Sunday Morning Firehouse	56.00		-2,578.44
Payment	01/18/2019	Alamo Sunday Speaker	67.00		-2,645.44
Payment	01/15/2019	Venti Bookies	85.00		-2,710.44
Payment	01/18/2019	Knuckleheads Group	117.00		-2,827.44
Payment	01/17/2019	Sisters in Sobriety	62.30		-2,889.74
Payment	01/18/2019	Alamo Dawn Patrol	30.00		-2,919.74
Payment	01/18/2019	Battle Mountain Fellowship	18.00		-2,937.74
Payment	01/18/2019	Minden Gardnerville Group	326.36		-3,264.10
Payment	01/22/2019	Just for today	85.00		-3,349.10
Payment	01/22/2019	Alamo Brown Beggans	52.00		-3,401.10
Payment	01/22/2019	Fantasy Groups	62.00		-3,463.10
Payment	01/24/2019	Corner Stone	44.00		-3,507.10
Payment	01/22/2019	Happy Hour	265.50		-3,772.60
Payment	01/25/2019	Pyramid Way Discussion Group	53.00		-3,825.60
Payment	01/25/2019	Slide Mountain Serenity	72.00		-3,897.60
Payment	01/18/2019	Southside Noon	109.00		-4,006.60
Invoice	01/28/2019	Carson City Jail		36.00	-3,970.60
Invoice	01/28/2019	Bridging the Gap		20.00	-3,950.60
Invoice	01/28/2019	Carson Behavior Center		305.00	-3,645.60
Invoice	01/28/2019	Step 2		96.00	-3,549.60
Invoice	01/29/2019	NAAMS		424.00	-3,125.60
Total 1160 · Pink Can Literature			881.00	3,015.86	-3,125.60
TOTAL			881.00	3,016.86	-3,126.60

NNIG ENDING CASH BALANCES January 31, 2018

	Balance	Goal Reserve	Difference
Administrative Funds:			
Cash on Hand	300.00	300.00	-
General Checking	15,612.90	9,000.00	6,612.90
Administrative Balance	15,912.90 A	9,300.00	6,612.90
Interest Bearing Accounts (Prudent Reserve)			
Savings	25,843.01	26,000.00	(156.99)
CD 1	5,029.44	5,000.00	29.44
CD 2	5,149.93	5,000.00	149.93
	36,022.38 A	36,000.00	22.38
		^	
		^	
Hold for Capital Expenditures			22.38
		^	
Other Checking Balances:			
Events Balance ***	9,643.88 A		
		^	
Total Cash on Hand (A)	61,579.16		
		^	
12 months operating expenses (2017)			108,000.00
Monthly Average			9,000.00
4 months prudent reserve (Rounded UP)		>>>>	\$ 36,000.00

*** Events Funds

General Events Reserve	4,000.00
Corned Beef & Cribbage	
Founders Day Picnic	
Halloween Event	
Gratitude Dinner	5,949.48
New Year's Party	
Total	9,949.48

Always write NNIG here
Where it goes here



February All Over Again

WAKING up in a clinic for alcoholics on Valentine's Day is somewhat ironic, especially if a person deludes himself into thinking a woman was partly responsible for his presence there. But spending Christmas eve and Christmas day in one is nothing more than hell.

These things happened to me back in 1955. In between my sojourn in the clinic at Charleston, West Virginia early that year and the dam-burst torrent of drinking that led to the drying out period in Towns Hospital, New York near the end of the year, I stayed grimly sober, grimly because I was trying to do it without Alcoholics Anonymous.

I had been introduced to AA as a result of my five days in the Alcan Clinic in Charleston. Prior to that, I had been off on what I have since come to know as a periodic binge, a period of complete or relative sobriety followed without warning by an eruption of drunkenness and the desperate struggle to get off the merry-go-round. That was the pattern into which my drinking had developed over the years.

It started after high school--week ends at first--during the year I was trying to earn money toward a college education. It continued at college, but the week ends were getting longer, largely because of such spontaneously organized groups as the TGIF and GGIM clubs (Thank God It's Friday and Good God It's Monday). These sandwiched in the regular Saturday night beer busts and the more sedate Sunday sessions.

After four years in the Navy, more by accident than design, journalism became my career after the war. I worked much of the time at night, often without supervision, and the pattern of living that drinking was causing could be hidden easily. Moreover, drinking was accepted and even to a degree expected.

But the hangovers were coming more often than just once in a while. Drinking was becoming an everyday affair, and the after-effects were almost constantly present. In my mid-twenties, drinking was already affecting my life and I knew it. Something, therefore, had to be done. But what? Stop entirely? No. Control the drinking? Yes, that was it.

So I tried limiting myself to six or eight drinks a night. I tried drinking only one every half-hour. I tried not to drink before a certain hour. As the years rolled on, I tried just about everything else, too.

I tried not drinking in my apartment, and I tried not drinking away from it. I tried not to drink alone. I tried to drink no more than two drinks in any one place. I tried to drink only when I was off the next day or had a light day coming up. The only thing I didn't try was staying away from the first drink for twenty-four hours at a time.

But the stop-and-go pattern that was emerging made the end of each dry spell a bit more violent. Then remorse would set in--and bafflement. If I had the willpower to stop drinking for a week or a month, I would ask myself, why in God's name couldn't I drink sensibly when I started in again?

During these years, I somehow managed to keep going, even on the worst days, although it was becoming progressively more difficult. But the day finally arrived when I couldn't, when I

reached for the bottle instead of my clothes, when I sank back in my bed in the blessed relief of approaching oblivion instead of getting up and going to work.

Four times this happened in 1954--four times when I awoke in a night so black and terrifying that only the bottle could get me through, when I greeted the dawn with a tumblerful of whiskey, when the day slipped by in alternate waking and sleeping, in a bitter and consuming tug-of-war between a body that demanded a drink and a mind that said no.

Each time after a few days, there was a tomorrow that was better, a day that I could get through without a drink, get over the hump and back on the teetering road to recovery. But in February, 1955, there wasn't. Day after frightening day went by without change. The only strength I had was expended in replenishing the liquor supply. Bourbon or Scotch--it didn't matter now. What mattered was the alcohol.

Then from somewhere came the memory of AA. I knew nothing about it except that it was an organization of ex-drunks who could help the practicing variety. I called and somehow they found me.

The story should end there. I should be able to say that after five days in the clinic and talks with my new-found friends and learning a bit about AA the worst of my trouble was over. But although I subsequently attended a few AA meetings, I did so only out of a certain curiosity and because these new friends who had been so kind and understanding seemed to think it important.

Thus I embarked on a ten-month period of sobriety--without AA. I wanted to put alcohol out of my life completely, but every day it was with me. Every day I sought the answer to the question: How had such a thing as this happened to me, of all people? The answer, of course, lay in the question itself, if I had only known it then. But I sought the answer in books, in volumes on psychology, religion and autobiography. I knew vaguely that the answer was spiritual, but I tried to get faith from a book instead of from the Source.

In the end I convinced myself that I wasn't really an alcoholic, that a combination of circumstances--the pressure of my work, improper diet, insufficient rest, an emotional upset and so on--was the real reason I wound up in a clinic for alcoholics the previous February. And so, in the end, I got drunk, and it was February all over again.

This time, however, I called AA a little more quickly. And this time I really listened to what those people had to say. When I emerged from the Alcan Clinic in Charleston in February I knew I shouldn't drink any more; when I tottered out of Towns Hospital in New York the day after Christmas and went to my first AA meeting that night, I knew I couldn't drink. I had taken the first step and it was, for me, an all-important one.

In the more than four years since then I've been trying to take the other eleven steps. How well I've succeeded I can't honestly say. I only know that I keep trying--and I keep sober.

Nor is it a grim, bleak sobriety. It's a quietly joyous existence, filled with seemingly endless new wonders and delights--the joy of a lovely bride, the peace of a life without fear, the riches of health, the sweetness of freedom from bondage.

Perhaps I should say the story ends here. But this is really only the beginning.

-- A.C.H., New York City, NY
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NNIG BUSINESS MEETING MINUTES

Business Meeting Minutes February 5, 2019 @ Alano Club in Sparks, NV

Meeting opened with the Serenity. Preamble of NNIG By-Laws were read and Twelve Traditions were read. Introductions were done. Birthdays for December was Dru with 9 years and January was Charlotte with 12 years. December Minutes were approved, January minutes were approved. Treasurer's report was approved.

MONTHLY REPORT

Central Office Report given by Ronda. Central office report from Ronda H. February 5, 2018 Volunteer hours- 55.2 hours Calls into Central Office: Calls for AA help – 20; Calls for Alanon/Alateen – 3; Meeting information- 44; Retail / merchandise- 15; Other 12 step programs- 2; Events – 5; Business/Central office- 73; Visitors – 245 We had a surge in the 12 step calls this month, and because of this we realized we need more people on the 12 step call list, especially people that are available to be reached anytime. Not just Reno/ Sparks but all the areas. There are several spots open at Central Office for volunteers. Wednesday 9-1, Friday 2-5 and Saturdays. There have been a few incidences around the office that have concerned me and the staff and I would like to have at least 2 people in the office at any given time. As always if there is anything Central Office can help with, please let me know.

Activities Chair- report not received by Secretary.

Answering Service Everything is running smoothly.

Bracer- If you would like something in the Bracer, contact Emily. Emily advised her commitment is up in June. If anyone is interested let Emily know.

Cooperation with the Professional Community-Ben M Nothing to report

Public Information-Tom B. There are 6 presentations planned for the next couple of months. And there will be more by the end of the year. We are still looking for people to volunteer to go out with us. The only requirement is a year sobriety and to be fingerprinted which we will pay for. The presentation is what AA is and what it is not. There are no personal stories and so far it is going over very well.

Corrections Report not received by Secretary.

Treatment – Open position

Bridging the Gap- I am excited to report that this month saw an increase in the number of volunteers for the Bridging the Gap program. Several people volunteered to be Temporary Contacts, Presenters and Speakers. Not only were these A.A.'s from here in the Reno/Sparks area, but several were from outside the local area; one being as far as Gardnerville! When I have A.A. members who express interest in doing this vital 12th Step work but are outside the Reno/Sparks area, I provide their information to my "counterpart" in the Northern Area General Service Committee (NAGSC) for our area (General Service Area 42). Ed S. recently became our Treatment/BTG Chairperson. Ed attended our most recent H & I meeting on Jan. 31st and plans to attend many more meetings in order to foster a closer working relationship between our NNIG and NAGSC committees. I am looking forward to working with Ed!!! As always, if you wish to join the Bridging the Gap committee or would like more information, please feel free to contact me @ faithgrows95@gmail.com

H&I Treasurer See full copy of Treasurers report in the Bracer.

Monthly Speaker Meeting- Speakers and Host Groups are scheduled through May, 2019. Brian advised his term is up in June, if anyone is interested in this position to contact him or Central Office.

Sunshine Committee- Stacy advised received 3 calls this month, 1 cancelled the day of the scheduled visit. The other 2 people, we made 5 visits total. Flyers are on the tables, take them back to your home group.

Web-Master We have a new Website. Ollie and Marshall are working on it. He is still maintaining the current Website. Question of Senior in Sobriety can be put on the Website. They have AI-Anon participation. Spring Festival and Fall Roundup all have AI-Anon participation and are posted on our Website.

Northern Nevada Area 42 Liaison Not Present

RENVYPAA Liaison Not Present

TITYPAA Liaison –Not Present

STEERING COMMITTEE REPORTS

Secretary-Not Present

NNIG Vice Chair Not Present

Chairman Paul discussed the lease on our current location.

Old Business Website is coming soon. Treatment Chair-Dru is filling in as Treatment Chair. Chair person is needed call Dru or email her. Meeting closed with the Responsibility Pledge

Meeting was called to order at 5:30 by Paul M. Opened with the Serenity Prayer. Roll Call, Paul M., Chairman, Jamie F., Vice Chair, Kathy A., Treasurer, Barbara M., Secretary, Ron T., Intergroup Liaison, Ronda H., Central Office Coordinator. Chris G., Intergroup Liaison, absent. Visitor A.J. Quorum was verified. November Steering Committee Meeting minutes. Motion to accept by Ron, 2nd by Kathy. All approved.

Old Business: Office Lease, Paul received an e-mail outlining the next 5 year lease. The rent will go up \$25.00 per year and we are liable for the maintenance of the new HVAC system at \$69.50 per quarter. Steering committee discussed the safety issues at this location with the Day Labor people. Ronda suggested we never have anyone in here alone. We need more volunteers to help with keeping more than 1 person in this office at a time. Committee tabled the signing of the new contract. We may be looking into moving this office to a safer, larger location. With Archives coming in, we need more space.

Employment Letter Signed. Jamie will be in the office on Thursday with the new contract for Ronda to sign. New Website Development. Ollie and Marshall are working on the new user friendly website. Paul will send Ollie an e-mail to post the correct bylaws to the current website.

New Business: Our visitor, A.J., brought in a new tri-fold pamphlet he developed for the brand new member, "Your First A.A. Meeting". Steering Committee will print these and get them out to all the clubs and have them available as soon as possible. Will request our P.I. Chair, Tom, get these out to the courts for DUI people. A.J. also requested a copy of the Spanish meetings in the area. Ron gave him a meeting schedule and showed him where all the District 22 meetings are located. Next item is the Budget. Ronda printed last year's numbers to go by. This is not a true budget at this time. Steering Committee voted to accept these numbers as printed. 1 opposed. Jamie will help Ronda build a more accurate budget for the year. Distribution of Funds. Ronda printed information from other Central Office's around the country. Most offices do not send money to their Area or AAWS. Our by-laws indicate our surplus needs to be distributed. Discussion ensued on this issue. This has been tabled for further research and we are looking for a new space.

Meeting closed at 6:45 with the Responsibility Pledge

Did you know?

The Loners-Internationalists Meeting (LIM) is a confidential bimonthly bulletin sent to Loners, Homers, Internationalists, Port Contacts, and Loner Sponsors. The bulletin contains excerpts from LIM members' letters that are sent to the General Service Office of Alcoholics Anonymous

The first LIM bulletin, printed in 1949 as The Internationalists Round Robin, was a few pages of excerpts from letters received at G.S.O. and mailed to a small band of Internationalists determined to stay sober no matter how isolated they were.

By 1963, the bulletin consisted of five or six one-sided pages, mimeographed on blue paper. In 1976, an A.A. Loners meeting merged with the original Internationalists meeting. Ever since the March-April 1980 issue, LIM has been printed on the familiar yellow pages.

LIM began through the efforts of Captain Jack S., a sailor who found sobriety in A.A. and understood that to maintain sobriety he needed to reach out to other members through correspondence.

Initially, Captain Jack was looking for A.A. contacts in port cities when he wrote a letter to G.S.O. dated March 28, 1946. Captain Jack requested information on A.A. contacts because he was "... still at sea on oil tankers, on which I have served for ten years. I have few contacts ashore with A.A., and have to rely on the Book and the guy upstairs." A G.S.O. staff member provided Captain Jack with the names of A.A. contacts in port cities, and encouraged him to write to other seagoing members, which he did.

After the publication of a three-part article, "A 'Loner' at Sea," by Captain Jack in the October, November, and December 1948 issues of the A.A. Grapevine, plans began to take shape to start an Internationalists meeting-by-mail. Letters responding to that Grapevine article prompted another G.S.O. staff member to suggest to Captain Jack that he consider starting a "Round Robin Meeting" via letters. Captain Jack responded positively and suggested the name be "The Far East Internationalist Group." He said that name "... would leave it open to lone members stationed ashore in the Far East and also to men who sail these waters under flags of different nations."

Captain Jack died in December 1988 at age 91, a few months after celebrating his 42nd A.A. anniversary. He had remained active in the Fellowship, seeking newcomers in Portland, Maine – where he had retired – while continuing to answer the many letters that he received.

A.A.'s phenomenal worldwide growth is attributed in part to Captain Jack and hundreds of Internationalists like him who, sailing the seven seas, carried the message wherever they dropped anchor.

Reprinted from Service Materials from the General Service Office

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436 S. Rock Blvd.
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Faithful Fivers Needed

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2018 Faithful Fiver Club

This year's club members will directly support the Central Office twenty-four hour answering service **recently** updated with the latest in **Communication Technology!**

We are members of Alcoholics Anonymous that want the hand of A.A. always to be there in Northern Area 42 Community with Central Office Services

It's Easy to join!

Use a **Check or Credit Card** to pay monthly, or one time.
Stop by the Central Office or use postal services.
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\$5.00 per month or \$60.00 per year!

This membership directly supports 12 step work in Northern Area 42, Group Services and Central Office Operations.

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