

# NNIG MONTHLY MEETING SPEAKER



December 8th - 7:00 pm  
Group: A Way Home  
Wesley I., Calabasas, CA

Silver Legacy - 407 North Virginia St., Reno - Doors open at 6:30

## October, 2018

### INSIDE THIS ISSUE

Upcoming Events	2
Meetings and More	3
Service Opportunities	4
Are We Losing the Personal Touch?	5
NNIG Financial Report	6
Profit & Loss Statement	7
Pink Can Contributions	7
Sink or Swim	8
NNIG Meeting Minutes	9
The Party	11

#### GENERAL WARRANTIES OF THE NORTHERN NEVADA INTERGROUP ASSOCIATION OF ALCOHOLICS ANONYMOUS

In all its proceedings, the Intergroup Association observes the spirit of AA Traditions, taking great care that the Intergroup Association never becomes the seat of perilous wealth or power; that sufficient operating funds, plus a reserve be its prudent financial principal; that none of the Intergroup Association members shall ever be placed in a position of unqualified authority over any of the others; that all important decision be reached by discussion, vote and whenever possible, substantial unanimity; that no Intergroup Association action ever be personally punitive or an incitement to public controversy; that though the Intergroup Association may act for the service of AA Groups in the Northern Nevada area and parts of Northern California, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous, the Intergroup Association itself will always remain democratic in thought and action.

*(The above is adapted and modified from "The AA Service Manual", and AA Co-Founder Bill W's. Twelve Concepts for World Service; Concept XII, as adopted by the General Service Conference on April 26, 1962. This adaptation of copyrighted AA material has been approved by the General Service Board)*

#### CENTRAL OFFICE

436 S. Rock Blvd.,  
Sparks, NV 89431  
Monday thru Friday  
9:00 AM to 5:00 PM

Saturday 10:00 AM to 2:00 PM

24 Hour Answering Service:  
(775) 355-1151 Fax: (775) 355-1560

EMAIL: officemanager@nnig.org

Web Site/Meeting Schedule: nnig.org

The Bracer: nnigbracer@gmail.com

# The Bracer



## NORTHERN NEVADA INTERGROUP

### ...And Became Willing

A MONTH or so ago, while leading a meeting, I found myself closing with a few words on the subject of willingness. Both speakers had referred to this particular quality of spirit which is so essential to our success in the attainment of sobriety. It seemed an appropriate note on which to close.

What I said, in effect, was that the word 'willingness' was one of the most beautiful words in our language, a sound as musical as the feeling that it represents; its euphony was only surpassed by its opposite, 'unwillingness.' Man, I thought, is constantly torn between these two attitudes of spirit: the seductive charm of the former and the exquisite harlotry of the latter.

All of us have known the wonderful feeling we get when we willingly go along with others, when we act in willing good grace and good manners appropriate to the situation and to the mood of others; then again, most of us have known those times when we have been fascinated by our own unwillingness, getting some meretricious pleasure out of saying no, out of hanging back, going it alone when our friends would be only too glad to have us join them. . . indeed, even when we knew that the course of our happiness lay in joining up with others.

I then said that it seemed to me that AA had captured the secret of creating willingness in people, and that herein lies its great healing power. How many times have we heard AAs say, "I wasn't going to come to the meeting tonight. . . I felt down in the dumps and didn't think my presence would add anything to the meeting. . . but as soon as I entered this room, my whole attitude seemed to change"? Yes, it is a fact, proved over and over again in thousands of AA meetings throughout the world, that willingness is created whenever two or three AAs are gathered together in a formal or informal meeting. . . and men are made whole again by its spirit.

But what is this attitude of willingness? Willingness to what? . . . How does willingness restore the spirit?

It seems to me that willingness is what might be called hope made active. What I mean is, that in the early meetings of my AA experience, I was constantly titillated by moments of hope that things would change for me as they had for these wonderful AA speakers. . . fascinating, idle, inactivating hopes that ideal jobs, loyal friends and a loving wife would be miraculously given me without lifting a finger to earn them. I had had this sort of lifeless hope before, knew it for the spurious thing that it was, and I wasn't buying any! Not this time.

Then slowly, as one AA meeting followed another, I began to experience a new kind of hope. . . an activating lively hope. . . telling me that I (not things) might change. This was something I had never known before. I could change! I, like these AA people I was now coming to believe in, could change. Here must be the true meaning of hope. . . and here must lie the meaning of the promise that "ye shall be born again." From this adult feeling of hope, given me by the undeniable example of my new-found AA friends, was born the spirit of willingness that has brought about the small--but none-the-less miraculous--personality changes in me.

I take that back! There has been nothing miraculous, nothing supernatural, nothing sleight-of-hand about these changes in me. They have come about, I believe, within the framework of laws governing man's spirit, laws affecting his attitudes toward his fellow men, toward himself and toward the meaning of his existence.

AA has somehow learned how to follow these laws, and so to heal the spiritually ill, to enrich the poor in heart and to keep their spirits growing. But its greatest discovery for me is how to create willingness, that state of grace without which no man can be born again. . . or learn. . . or grow.

B.E. Greenwich, Connecticut  
Copyright © The AA Grapevine, Inc. (July 1956)  
Reprinted with permission.

# NNIG EVENTS

EVENTS HOSTED BY NORTHERN NEVADA INTERGROUP TO SUPPORT CENTRAL OFFICE

**NNIG Monthly Speaker Meetings**  
Silver Legacy – 407 North Virginia Street, Reno 89501



Monthly Speaker Meeting  
Doors open at 6:30 PM  
Speaker at 7:00 PM



**September 8, 2018**  
Host Group — Keep It Simple, Driars 8:30pm Friday  
Speaker — Tom H. (Reno, NV)  
Location — Silver Baron C, D & E

**October 12-14, 2018**  
**Canceled due to Sierra Nevada Fall Roundup**  
Nugget Resort & Casino – 8:00pm Speaker Friday & Saturday

**November 3, 2018**  
**Canceled due to Gratitude Dinner**  
Eldorado Hotel Casino – 7:30pm Speaker

**December 8, 2018**  
Host Group — A Way Home, Good Shepherd Church 5:30pm Friday  
Speaker — Wesley I. (Calabasas, CA)  
Location — Silver Baron 1-6

**January 12, 2019**  
Host Group — Support Hose, Driars 4pm Sunday  
Speaker — Rachael G. (Santa Rosa, CA)  
Location — Silver Baron 1-6

**February 9, 2019**  
Host Group — Beginners Are Winners, Triangle 6:45am  
Speaker — TBD  
Location — Silver Baron 1-6

**March 9, 2019**  
Host Group — Sisters of Sobriety, Buddhist Church 6pm Tuesday  
Speaker — Ilene W. (Los Angeles, CA)  
Location — Silver Baron 1-6

NNIG Speaker Chair: Brian A.  
Speaker Co-Chair: Open  
Need more info call: Central Office – (775) 355-1151  
Join us for dinner at Millie's 24 inside the Eldorado @ 5 pm with the speaker



Northern Nevada Intergroup

## 2018 Gratitude Dinner



Eldorado Hotel

## Our Common Journey

345 North Virginia Street, Reno NV 89501

**Speaker**  
Quincy W.

**Saturday, November 3<sup>rd</sup>, 2018**

Doors Open 4:30  
Dinner Served 8:00  
Speaker 7:30  
Raffle 8:30

Seated Dinner \$39

Tickets are available only at Central Office on August 17  
436 South Rock Blvd, Sparks NV 89431  
775-355-1151

## MORE AREA EVENTS

### WOMEN IN RECOVERY



**TO YOUR RELATIONSHIPS**

A workshop just for women like you

**Saturday, November 10, 2018**  
**10:00 am - 4:30 pm**

Workbook, materials and lunch is included.

Cost is \$20—scholarships available.

All you need to bring is an open mind and be ready to be amazed and transformed.

**Reno Buddhist Center**  
820 Plumas St Reno, NV 89509

**RSVP: [womeninrecoveryworkshop.eventbrite.com](http://womeninrecoveryworkshop.eventbrite.com)**

HOSTED BY JUST FOR TODAY'S WOMEN'S MEETING

District 16

### 32<sup>nd</sup> Annual Christmas Affair

A.A. – A Solution for All Generations

Saturday December 8<sup>th</sup> 2018  
12:00 to 5:00 PM

Sparks Masonic Center  
2425 Pyramid Way, Sparks, NV.

Come all for food, fun and fellowship!  
**Please bring a salad or a dessert to share!!!**

**Service Panel Discussion: \*12:30 PM**  
A.A. – A Solution for All Generations

**Santa: \*1:30 PM**

**Turkey Dinner with all the Fixings: \*3:00 PM**

**Speaker: Barbara M. \*3:30 PM**

**Raffle: \*4:30 PM**

\*All times are approximate

**\$5.00 Suggested Contribution**

For raffle prize contributions or information please call:  
Stacy P. (775) 830-9840

## Dear NNIG Fellowship,

Volunteer hours- 94.5 hours

Calls into Central Office:  
Calls for AA help - 5  
Calls for Alanon/Alateen - 2  
Meeting information- 37  
Retail/ merchandise- 8  
Other 12 step programs- 0  
Events - 4  
Business/Central office- 61  
Visitors - 233

The Open house went well, we had 2 people come in that had never been in the office before because of the Open House. We had cookies and information on service opportunities. Jay from the Susanville/ Chester area called last week and their phone system has been completely transferred over to the local number here. Shout out to all of the volunteers on the answering service for taking on this commitment. Our office hours on Saturday will be changing on October 13, 2018. The office will be open from 9am to 1pm. We are doing this so the phones can be answered at the office during open business hours.

**Ronda**  
Central Office Manager

# The Birthday Club

September 2017  
Mike H. 23 years

August 2018  
Kim D. 41 years  
Tonia 17 years  
Danny S. 16 years  
July 2018  
Paul M. 27 Years  
Linda 26 Years  
Sandra 23 years  
Barbara M. 43 years

June 2018  
Kyle 36 Years  
May 2018  
Susanne T. 24 Years  
Donn T 28 Years

April 2018  
Ron T 7 Years  
Jack W. 33 Years  
March 2018  
Kent L. 36 Years  
January 2018  
Joan H. 47 Years  
November 2017  
Leslie S. 20 Years  
Sharon F. 33 Years  
October 2017  
Cheryl Z. 17 years  
Mike H. 22 Years



Did you know you can share your sobriety and gratitude in a practical way by joining the A.A. Birthday Club? Sign Up today be featured in the

Show your Support for your NNIG Central Office  
and join the Birthday Club

A donation of only one dollar for every year of your Sobriety Birthday.  
Envelopes available at Central Office,

## Young At Heart

Tuesdays 7:30 PM

627 Sunnyside Drive

**Reno, NV**

## Women Only

Monday 6:30 pm

Alano Club

1640 Prater Way

**Sparks, NV**

## SouthSide Meeting

12:00 PM M-F

Unitarian Universalist Church

780 Del Monte Lane

**Reno, NV**

## AA ANSWERING SERVICE NUMBERS

Reno, Sparks, Carson City and all of  
Northern Nevada: (775) 355-1151  
Las Vegas and all of Southern Nevada:  
(702) 598-1888  
Mammoth Lake: (760) 934-3434  
North Lake Tahoe: (530) 546-1126  
South Lake Tahoe: (530) 541-1243  
Susanville, CA: (530) 257-2880

## Monday Night Book Study

Monday 8:00 PM

10046 Church Street

Truckee Community Arts Center

**Truckee, CA**

## Eagle Valley Men's Stag

Tuesday 7 PM

444 E. William Street #20

Private Room Tito's

Mexican Restaurant

**Carson City, NV**

### N.N.I.G. STEERING COMMITTEE

Last Tuesday of each month, 5:30 PM  
Central Office, 436 S. Rock Blvd., Sparks

### N.N.I.G. BUSINESS MEETING

First Tuesday of each month, 6:30 PM  
Alano Club, 1640 Prater Way, Sparks

### N.N.I.G. MONTHLY SPEAKER MEETING

7:00 PM Silver Legacy - Silver Baron A

### N.N.I.G. CPC/PI

Second Sunday of each month, 2:00 – 3:30 PM  
Central Office 436 S. Rock Blvd., Sparks

### N.N.I.G. H&I

Last Thursday of each month, 5:15 PM  
Central Office 436 S. Rock Blvd., Sparks

### COMMITTEE MEETINGS

#### H&I, BRIDGING THE GAP

LAST THURSDAY OF EACH MONTH AT  
5:15 PM, CENTRAL OFFICE

**CPC/PI** 2<sup>ND</sup> SUNDAY OF EACH MONTH,  
2:00 PM. CENTRAL OFFICE

### YPAA MEETINGS

**TITYPAA**, 1<sup>ST</sup> & 3<sup>RD</sup> SUNDAY 6:30  
PM, 8425 DOLLY VARDEN AVE, KINGS  
BEACH, CA

**RENVYPAA** 2<sup>ND</sup>&4<sup>TH</sup> SUNDAY 4:00  
PM, 635 WELLS AVE., UPSTAIRS

## District Meetings

**DISTRICT-2** Second Thursday of each month, 6:30 PM-Reno  
Central Office, 436 S. Rock Blvd. Reno

**DISTRICT 4** First Thursday of each month, 7:00 PM-Reno  
Triangle Club, 635 S. Wells Avenue Reno

**DISTRICT 6** 2<sup>ND</sup> Sunday of even numbered months-For  
information email [district6@nevadaarea42.org](mailto:district6@nevadaarea42.org)

**DISTRICT 8** First Sunday, 3:30 p.m. on odd months  
Call [\(760\) 937-8407](tel:7609378407)

**DISTRICT 10A** Third Sunday of every other month, 1:30 PM  
680 River St. Elko, NV

**DISTRICT 10B** Last Sunday Odd Numbered Months @  
10:00AM Rotating Group Locations –  
Call [\(775\)403-0869](tel:7754030869)

**DISTRICT 11** Only holds meetings 4 time a year, call DCM

**DISTRICT 12** 2nd Saturday of each Month at 5:00 PM- 457  
Esmeralda Street Wolf Center, Fallon NV

**DISTRICT 14** 3<sup>rd</sup> Mon of each "Odd" month at 6:00 PM -265  
Bear Street in Kings Beach CA

**DISTRICT 16** Meeting is held 3rd Tuesday of the month  
Sparks Family Christian Church 510 Greenbrae  
Blvd 6:00PM-7:00PM

**DISTRICT 18** DARK DISTRICT

**DISTRICT 20** First Saturday of every month 1:30 PM- 50  
South Weatherlow, Susanville

**DISTRICT 22** Last Saturday of each Month at 5:00 PM 433  
Pyramid Way

*Volunteers are needed to take meetings into hospitals, institutions  
and treatment centers. Please contact Central Office or Treatment  
Chair Rob L. for more information.*

### AREA CLUBS

#### Reno / Sparks Clubs

Alano Club Sparks, 1640 Prater Way (775) 359-2727  
Driars Club Reno 345 S. Wells Avenue (775) 324-9210  
Triangle Club Reno 635 S Wells Avenue (775) 324-7977

#### Clubs outside Reno/Sparks Area

Alano Club Carson City, 1800 HWY 50 East (775) 882-0443  
Bishop Alano Club (760) 873-6700  
Elko Alano Club (775) 738-4747  
Las Vegas Triangle Club (702) 435-0597  
South Lake Tahoe (530) 541-1243



## 2018 HOLIDAY SCHEDULE CENTRAL OFFICE

Monday September 3, 2018 – Labor Day - Closed  
Thursday November 22, 2018 Thanksgiving – Closed  
Friday November 23, 2018 Family Day – Closed  
Tuesday December 25, 2018 Christmas Day – Closed  
Monday December 31, 2018 Inventory – Closed  
Tuesday January 1, 2019 – New Year's Day – Closed



### NNIG CENTRAL OFFICE OPEN ON SATURDAYS

10:00AM – 2:00PM

NNIG A.A. CENTRAL OFFICE  
436 SOUTH ROCK BLVD SPARKS, NV 89431



**Submit this form or call Central Office to get on the list.**

## 12 STEP Volunteer Application Form

Name: \_\_\_\_\_

Date: \_\_\_\_\_

Sobriety Date: \_\_\_\_\_

Gender: Male \_\_\_ Female \_\_\_

Phone # \_\_\_\_\_

Location/City: \_\_\_\_\_

Available: \_\_\_\_\_ Days: \_\_\_\_\_

Times: \_\_\_\_\_

# Are We Losing the Personal Touch?

*Last night at my home group we threw the ashtrays away.*

*Most of the members thought it was the logical thing to do since we had banned smoking at our meeting three years ago. However, a few of us spoke out against taking the action.*

*I said we shouldn't be hasty making this decision! I didn't know how to tell the group that I found security in the possession of an ashtray.*

*The first night that I came through the door of this church basement, I discovered a collection of grey folding chairs set up in one corner of a barren expanse of cement. Each chair had an ashtray on it. I took a seat in the last row because I wasn't interested in fellowship and held the ashtray in my shaking, nicotine-stained hands throughout the meeting. I chain-smoked at the time.*

*It wasn't until I had come to the meeting for a few weeks that I discovered the ashtrays were handcrafted. Someone had taken the bottom third of a small tin can and soldered two elliptical cigarette holders to the rim. The holders had been snipped carefully from can metal and half-rolled to cradle a cigarette. Though the soldering was lumpy it was effective. I imagined it had been done by one of the members over a hot plate in a nearby Single Room Occupancy hotel because remnants of olive drab paint so familiar to those places appeared on the outside of the cans. Like the words I was hearing at the meeting, the ashtrays spoke eloquently of a humble Fellowship that welcomed all who had a desire to stop drinking: a Fellowship with no dues or fees whose members offered to share freely their personal experience, strength, and hope with any alcoholic who asked for help.*

*The following week I stayed for the closed meeting that followed the beginners meeting. At the break, the secretary said, "Please give us a hand with the ashtrays and chairs after the meeting." Feeling a little gratitude toward the group for my newfound hope, I hesitated on my way out to watch the way four or five people picked up the ashtrays and stacked the folding chairs.*

*With the knowledge that I could handle the work, I joined them the next week. The job was as easy as it looked, though the ashtrays leaked a coffee slurry through holes corroded in their bases. Members had the habit of dousing burning embers with their coffee.*

*When the cleanup was complete, a gathering of the helpers surrounded the garbage can while the bag was tied. Someone mentioned they were all going out for coffee and asked me if I would like to go. I answered, "No thanks, not tonight," trying to sound like something more than an empty apartment was waiting for me. On the way home I examined the coffee shops that were open.*

*The next week, when asked, I joined them.*

*During the weeks that followed I found the same people cleaning up after the meeting. They would greet me and I them. One of them helped me to ask him to be my sponsor.*

*After that he and I sat together at meetings, each of us with his own ashtray. My sponsor had become sober on the Bowery. He smoked non-filtered cigarettes, and smoked so frugally, down to a tightly pinched butt, that at the end of the evening his ashtray looked like a nest of silkworms was in it.*

*His favorite view of the Fellowship was that we could do together what none of us could do alone. After I had been coming to the meeting for six months, he pressed me into service. I was elected coffee maker by the group. The job included setting up the chairs and ashtrays with the help of anyone who wandered in*

*early. By the time I had ninety days on this job I knew everyone in the group by name and I hadn't had a drink since my first meeting.*

*One night at a business meeting, some of our members demanded that a section of our seating be set aside as "No Smoking." Most of us thought the request was foolish since we would all be sitting together in this smoky basement; however, we did put handmade "No Smoking" signs on the first two rows of chairs.*

*The neighborhood also began to change. A major cultural institution was built on the old warehouse district. New apartment buildings followed; within a few years the area was said to have been gentrified.*

*Our group doubled and redoubled in size. The "No Smoking" section grew to encompass so much of the seating that we created a small "Smoking" section in the back, near the windows. A few of the old-timers who had stopped smoking sat in the smoking section anyway.*

*They told me that was where most of the newcomers sat and they wanted to be there with them.*

*The people who populated the new apartment buildings came from across the country, bringing practices that ritualized our meetings. They greeted every speaker in unison with a resounding "Hi--" and they applauded enthusiastically a new category of anniversary, "those who have ninety days or less who would like to identify themselves to the group and give their day count."*

*During the discussion some of the new people spoke seriously about "my program" as though they had a personal plan for living that was far richer than our Twelve Steps and Traditions.*

*And the meetings were no longer closed with an invitation for "those who cared to join us" to pray the Lord's Prayer. Instead, everyone grabbed their neighbors' hands to hold while the Serenity Prayer was recited. "Keep coming back, it works if you work it" was added after the prayer.*

*Our meetings were crowded. Our treasury was full.*

*In time, the bottoms fell out of the old ashtrays so we purchased new shallow-bowled, aluminum ones that were anodized either a purplish red or bluish green, carnival colors that were easy to spot on the basement floor after a meeting. We got fifty of them from a nearby bargain store for thirty-nine cents apiece.*

*It was difficult getting a majority at the business meeting to approve the purchase because the business meetings were now dominated with complaints about the smoking section. Members quoted newspaper articles that proved casual cigarette smoke was detrimental to their health. Friends of mine said they would stop coming to the meeting if smoking was allowed; others said their Higher Power hadn't got them sober to get sick at meetings. The majority felt that smoking was unfair to everyone who had stopped. Besides, they said, smokers could go outside to have a cigarette anytime during the meeting. Nobody expressed any fear of the bars and liquor stores along the avenue.*

*One night, immediately after the city had passed a new ordinance banning smoking in public places, we banned smoking at our meetings. Having stopped smoking a few years before, I thought nothing about voting for the ban.*

*But last night, as we discussed the motion, I was loath to see the ashtrays go.*

*The majority of the group, tiring of the discussion, pressed us for "one good reason" to keep the ashtrays.*

*The best we could come up with was that "an AA group has ashtrays."*

*They thought that that was ridiculous; the question was called and a chorus of "ayes" relegated the ashtrays to the city dump.*

*This morning, when I think of my group, I feel like something is missing and wonder if there is still an empty chair in the very last row for one of our own.*

# NNIG FINANCIAL REPORT

## NNIG/Central Office Group Contributions 2018

Group	September	YTD	Group	September	YTD
3rd Tradition Secular Group		50.00	Happy Hour Reno		800.00
A Way Home		75.90	Incline to be Sober		0.00
Alano Afternoon Serenity		0.00	Janesville Moment to Moment		0.00
Alano Brown Baggers	200.00	400.00	Kings Beach AA Golden Group		636.00
Alano Dawn Patrol		100.00	Knuckleheads		0.00
Alano Jaywalkers		0.00	Ladies of the Evening		73.44
Alano Keep it Simple		0.00	Ladies of the Lake		113.15
Alano Shake' m Up Group		0.00			
Alano Sunday Morning Speaker		204.00	Mammoth Lakes Group	50.00	50.00
Twilight Zone	40.00	211.00	McGill NV Freedom Group		25.00
Alano Sunshine Group		500.00	Minden Language of the Heart		80.00
Alano There is a Solution		0.00	Minden Saturday Night Fever	50.00	175.00
Alano Women in Recovery	4.25	43.41	Minden Stephanie Way Group	64.45	362.03
Amen Maintenance Meeting	160.00	160.00	Minden/Gardnerville Group	110.00	965.00
Austin Group		82.50	Mt Rose Recovery Room	100.00	1333.00
Back to Basics Saturday Night		436.00	NNIG Business Meeting	31.00	270.86
Back Room Group		218.69			
Bare Bones		127.00	Our Common Welfare		60.00
Battle Mountain Fellowship	10.00	90.00	Out and Sober	20.00	30.00
Bishop Group		0.00	Page by Page		0.00
Blairsdan Greagle Group		0.00	Portola Group		620.00
Bridgeport High Sierra Group		0.00	Positive Acceptance Group		443.40
Buena Vista Group		0.00	Pyramid Way Discussion Group		20.00
Caring & Sharing in Stead	122.29	317.46	Quincy Fellowship		10.00
Carlin Crystal Light Group		0.00	RTC ABC Group		0.00
Carson AA Way of Life		200.00	RTC Afternoon Delight		150.00
Carson After Shifters		102.60	RTC Almost Heaven		550.00
Carson Back to Basics		0.00	RTC Aloha Group		500.00
Carson Big Book Babes		0.00	RTC Beginners are Winners		1050.00
Carson Big Book Experience		29.00	RTC How We Stay Stopped		80.00
Carson Brown Baggers		1006.00	RTC Just for Today Women		150.00
Carson Drunk Squad		199.00	RTC Little Rascals		100.00
Carson Early Birds		1969.27	RTC Lost and Found		0.00
Carson Happy Hour		50.00	RTC Men's Trudgers		210.00
Carson Jay-Walkers Men's		100.00	RTC Mid Day Group		100.00
Carson Men's NO BS Stag		26.00	RTC Mon Night Grapevine		0.00
Carson Sandbaggers	20.00	42.00	RTC Monday Night Men's		200.00
Carson Sunday Morning Fire Station		19.21	RTC New Awakenings Group		843.43
Carson Sunday Night Step Study		250.00	RTC Not a Glum Lot		0.00
Carson Valley Gratitude		0.00	RTC Seniors in Sobriety		150.00
Carson Dr. Bob's Nightngales		48.50	RTC Sober N Sane		50.00
Chester Fellowship		29.92	RTC Women's Literature Study		0.00
Choices		100.00	RTC Women on Wednesday		0.00
Cornerstone Group		481.29	Serenity Sisters	133.05	133.05
Crystal Bay Nooners		0.00	Sierraville Sunday Night		0.00
Dayton Fellowship Hall	150.00	300.00	Silver Springs Groups		275.00
Dayton Friday Night Rule 62		0.00	Sisters in Sobriety		85.94
Dayton Sunday Morning		321.00	Slide Mountain Serenity	20.00	20.00
District 6		0.00	South Reno on Sunday		525.00
District 12		0.00	South Shore Group		75.00
District 14	100.00	150.00	Southside Group	203.10	4648.59
District 22		0.00	Stagecoach Friends of Bill		85.00
Driar's 4th Dimension		0.00	Step 1		0.00
Driar's Keep It Simple		0.00	Sunday New Beginnings		0.00
Driar's Club Lunch Bunch		0.00	Sunnyside Big Book Study		0.00
Driar's Serenity Night Owls		0.00	Sunnyside Group		2055.00
Driar's Support Hose		0.00	Susanville Thursday Night		200.00
Driar's Positive Step		66.50	Susanville Wed Womens		0.00
End of the Road Group		0.00	Tahoe City Fellowship		0.00
Eye Opener		915.00	The Rock Group		245.00
Fallon The Real Lunch Bunch		217.90	Truckee Dawn Patrol		0.00
Fernley Groups		200.00	Truckee Fellowship		200.00
Fallon Language of the Heart	250.00	250.00	Truckee River Men's Stag		1400.00
Fireside Group	200.00	800.00	Verdi Bookies		152.00
Galena Friday Night		201.00	Virginia City Plug in the Jug		100.00
Gardnerville Roadside Group		0.00	Wed Night Beginners		202.60
Gardnerville Wed Night Live		23.00	Westwood AA		0.00
Greenville Group		0.00	Westwood Monday Night		0.00
Ground Zero	284.30	368.30	Whole in the Ground Sunnyside		200.00
Grupo Accion		81.00	Winnemucca Serenity Seekers		0.00
Grupo Fe Y Esoperanza		0.00	Winnemucca Three Legacies		0.00
Grupo La Nueva Esperanza		0.00	Women's 24 Hours A Day		100.00
Grupo La Nueva Luz	20.00	180.00	Women's New Beginnings		198.00
Grupo Nueva Vida	10.00	90.00	Women Down and Dirty		95.00
Grupo Latino		0.00	Women's New Harmony		135.00
RENVYPAA		300.00	Young at Heart		0.00
Grupo Solo Por Hoy		70.00			
			<b>Total</b>	<b>2,352.44</b>	<b>33,532.94</b>

# PROFIT & LOSS STATEMENT

Northern Nevada Intergroup  
Profit & Loss YTD Comparison  
September 2018

	Sep 18	Sep 17	Jan - Sep 18
Ordinary Income/Expense			
<b>Income</b>			
4000 - Income - General			
4000 - Faithful Fivers	10.00	70.00	1,000.00
4300 - Bracer Subscriptions	0.00	15.00	97.00
4600 - Other Copy Reimbursements	435.00	110.50	652.00
4600 - Individual Contributions	83.00		10,615.77
4550 - Group Contributions	2,332.44	2,107.12	32,218.65
4200 - Birthday Contributions	23.00	61.00	684.00
<b>Total 4000 - Income - General</b>	<b>2,904.10</b>	<b>2,395.62</b>	<b>45,317.42</b>
4002 - Income - Event Revenues			
Event Revenues			
New Year's Day Gala			
4412 - Revenue	0.00	0.00	250.00
<b>Total New Year's Day Gala</b>	<b>0.00</b>	<b>0.00</b>	<b>250.00</b>
Halloween Party			
4425 - Expenses	-21.52	0.00	-371.52
<b>Total Halloween Party</b>	<b>-21.52</b>	<b>0.00</b>	<b>-371.52</b>
Speaker Meeting			
4440 - Revenue	492.00	569.00	3,211.47
4445 - Expenses	-396.30	-75.00	-1,785.90
Speaker Meeting - Other	0.00	0.00	420.95
<b>Total Speaker Meeting</b>	<b>95.70</b>	<b>494.00</b>	<b>1,846.45</b>
4499 - Campout			
Founders Day Picnic			
4470 - Revenue	0.00	0.00	1,274.00
4475 - Expenses	0.00	0.00	-1,032.08
<b>Total Founders Day Picnic</b>	<b>0.00</b>	<b>0.00</b>	<b>241.92</b>
Corned Beef & Cribbage			
4480 - Revenue	0.00	0.00	4,695.53
4485 - Expenses	0.00	0.00	-2,770.88
<b>Total Corned Beef &amp; Cribbage</b>	<b>0.00</b>	<b>0.00</b>	<b>1,924.65</b>
<b>Total Event Revenues</b>	<b>574.18</b>	<b>494.00</b>	<b>4,391.51</b>
<b>Total 4002 - Income - Event Revenues</b>	<b>574.18</b>	<b>494.00</b>	<b>4,391.51</b>
4003 - Event Revenues - Other			
4120 - Reno Spring Festival	1,475.00	0.00	1,475.00
<b>Total 4003 - Event Revenues - Other</b>	<b>1,475.00</b>	<b>0.00</b>	<b>1,475.00</b>
4004 - Income - Merchandise Sales			
4700 - Merchandise Sales	5,258.75	6,183.60	64,792.68
4004 - Income - Merchandise Sales - Other	0.00	0.00	4.50
<b>Total 4004 - Income - Merchandise Sales</b>	<b>5,258.75</b>	<b>6,183.60</b>	<b>64,797.18</b>
4900 - Interest Income	1.06	1.37	13.37
<b>Total Income</b>	<b>10,213.09</b>	<b>9,074.59</b>	<b>115,904.48</b>
Cost of Goods Sold			
5000 - Cost of Goods Sold	2,926.54	3,250.42	36,090.59
<b>Total COGS</b>	<b>2,926.54</b>	<b>3,250.42</b>	<b>36,090.59</b>
<b>Gross Profit</b>	<b>7,286.55</b>	<b>5,824.17</b>	<b>79,813.89</b>
Expense			
5100 - Bank Fees and charges	0.00	3.00	0.00
5120 - Professional Fees	0.00	0.00	3,480.00
5150 - Cash Over/Short	0.00	0.00	29.00
5180 - CC Service Fees	443.83	122.92	1,746.10
5181 - Convention expenses	113.50	0.00	113.50
5210 - Storage Unit	0.00	80.00	810.00
5220 - Shipping Charges	86.77	75.20	397.14
5230 - Alarm Systems	0.00	0.00	513.13
5235 - Committee Expenses	0.00	192.55	130.97
5240 - Compensation			
5240.1 - Wages - Director	1,981.25	0.00	24,920.30
5240.2 - Wages - Assistant	1,020.00	0.00	8,700.45
5240 - Compensation - Other	0.00	3,656.00	420.00
<b>Total 5240 - Compensation</b>	<b>3,011.25</b>	<b>3,656.00</b>	<b>34,040.75</b>
5241 - Dental/Vision Plan	0.00	77.02	77.02
5250 - Computer expenses	0.00	0.00	285.54
5260 - Copier Lease	737.25	327.77	3,633.06
5270 - Insurance Business/Workers Comp	0.00	0.00	1,198.00
5285 - Mileage Reimbursement	0.00	0.00	70.00
5290 - Office Supplies	169.04	83.94	1,382.87
5310 - Paper	62.41	0.00	385.99
5320 - Payroll Tax Expense	221.64	278.82	2,949.68
5320 - Payroll Processing Fee	117.16	80.61	927.52
5330 - Postage	0.00	49.00	152.26
5340 - Rent	0.00	758.00	7,029.00
<b>Total Expense</b>	<b>5,752.85</b>	<b>6,432.20</b>	<b>69,443.50</b>
<b>Net Ordinary Income</b>	<b>1,533.70</b>	<b>-608.03</b>	<b>10,410.39</b>
Other Income/Expense			
Other Expense			
5900 - Physical inventory adjustment	0.00	0.00	-6.75
<b>Total Other Expense</b>	<b>0.00</b>	<b>0.00</b>	<b>-6.75</b>
<b>Net Other Income</b>	<b>0.00</b>	<b>0.00</b>	<b>6.75</b>
<b>Net Income</b>	<b>1,533.70</b>	<b>-608.03</b>	<b>10,419.14</b>

# PINK CAN CONTRIBUTIONS

Pink Can Contributions - Hospitals and Institutions  
Group Contributions 2018 YTD

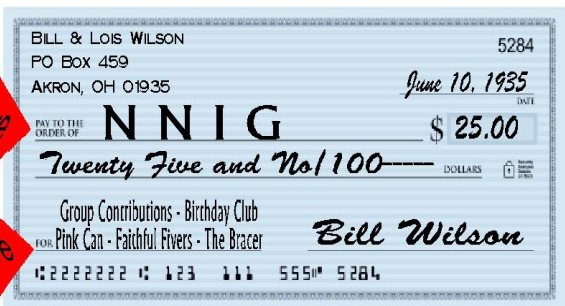
Group	September YTD Total	Group	September YTD Total
4th Dimension	654.23	Women's Just For Today	94.00
A Way Home	0.00	Women's New Beginnings	144.43
Alano Afternoon Serenity	314.85	Women's New Harmony	143.39
Alano Brown Baggers	139.00	Women's Night Out	14.06
Alano Club Jay Walkers	561.98	Women on Wednesday	
Alano Dawn Patrol	57.00	Women's 24 Hours A Day	219.48
Alano Sunday Morning Speaker	73.00	Young At Heart	0.00
Alano Sunshine Group	91.96	<b>August Income/YTD</b>	<b>1570.64</b>
Alano Women in Recovery	36.23	<b>August 2018 Balance Forward</b>	<b>4874.39</b>
Back Room Group	126.59	<b>Account Balance</b>	<b>6445.03</b>
Serenity on Sunday	125.00	<b>August Lit Distributed</b>	<b>1657.90</b>
Battle Mountain Group	25.00	<b>Ending Balance</b>	<b>4787.13</b>
Caring and Sharing Stead	40.53		
Carson After Shifters	777.65		
Carson Big Book Babes	0.00		
Carson City Early Birds	2062.10		
Carson City Sunday Fire station	814.00		
Carson City Happy Hour	149.00		
Carson Sand Baggers	600.00		
Carson Men's No BS	50.72		
Carson Sisters in Sobriety	26.00		
Cornet Stone Group	249.00		
Carson City Women's Down & Dirty	23.00		
Dayton Sunday Morning	134.66		
Driars Keep it Simple	0.00		
Early Birds	0.00		
End of the Road Group	115.00		
Eye Opener	667.00		
Fernley Groups	99.00		
Fireseed Group	27.85		
Grayeagle	69.00		
Happy Hour	892.10		
Individual	33.00		
Incline to be Sober	0.00		
Kings Beach AA Golden Group	475.00		
Knuckle Heads	0.00		
Ladies of the Evening	113.00		
Minden Gardenville Group	455.73		
Minden Wednesday Night Live	3687.00		
Minden Stephanie Way Group	97.25		
Minden Saturday Night Fever	90.00		
Mount Rose Recovery Group	80.04		
Northern California H&I	0.00		
Out and Sober	30.05		
Portola Group	338.00		
Positive Step	0.00		
Pyramid Way Group	60.00		
RTC Almost Heaven	175.00		
RTC ALDHA	15.00		
Staying Sober	23.00		
Seniors in Sobriety	127.00		
Serenity Night Owls	0.00		
Sierraville Book Study	19.00		
Slide Mountain Serenity	26.00		
Support Hose	47.00		
South Reno on Sunday	87.81		
Southside Group	105.00		
Step 1	43.91		
Sunnyside	50.25		
The Rock Group	606.55		
Truckee Bookies	47.00		
Truckee River Men's	9.65		
Verdi Bookies	692.00		
Verdi Greener Pastures	300.43		
Verdi Bookies	160.96		
Virginia City Plug in the Jug	227.02		
Wednesday Night Live	41.00		
Women's New Beginnings			
Women's New Harmony			
Women's Night Out			
Women on Wednesday			
Women's 24 Hours A Day			
Young At Heart			
<b>August Income/YTD</b>	<b>1570.64</b>	<b>August 2018 Balance Forward</b>	<b>4874.39</b>
<b>Account Balance</b>	<b>6445.03</b>	<b>August Lit Distributed</b>	<b>1657.90</b>
<b>Ending Balance</b>	<b>4787.13</b>		

## Distributed Literature 2017 YTD

Facilities	September YTD Total
<b>JAILS &amp; CORRECTIONS</b>	
Carson City Jail	1258.00
Carson City Warm Springs	989.10
NNCC Carson Prison	50.00
Douglas County Jail	0.00
Church Hill County Jail	312.00
Lander County Jail	0.00
High Desert State Prison	865.60
Humboldt County Jail	3028.65
Jan Evans Detention Center	0.00
Lakes Crossing	0.00
Lovelock Prison	0.00
NN Transitional Housing	48.00
Stewart Corrections Camp	792.30
Washoe County - Parr	1427.14
Washoe Courts - SB277	758.00
Wells Conservation Camp	0.00
<b>TREATMENT &amp; HOSPITALS</b>	
Brislecone - Residential	2187.15
Carson Behavioral Health	400.00
Center for Hope	120.00
Carson Tahoe Detox	0.00
Crossroads - Main Campus	850.55
Crossroads - River House	1094.80
Empowerment Center Women	0.00
Gospel Mission	0.00
New Frontiers - Fallon	0.00
NN Adult Mental Health Services	528.25
Renown Behavioral Health	83.35
Ridge House	0.00
Saint Vincent's	0.00
Salvation Army	890.00
Step 1 - Men	1510.00
Step 2 - Women	507.00
Sun Shine Committee - Hospitals	0.00
VA Hospital	0.00
West Care	550.00
West Hills	7.00
AA GRAPEVINE/LA VINA	86.51
Office Supplies	13.08
<b>Total</b>	<b>1657.90</b>
<b>17,368.98</b>	
Corrections Chair - Charolett	
Treatment Chair - Rob L (775) 379-4853	
Pink Can Treasurer - Dru G. (775) 815-9924	
Bridging The Gap Chair - Cyndy M. (775)835-2990	

## NNIG ENDING CASH BALANCES September 30, 2018

	Balance	Goal Reserve	Difference
Administrative Funds:			
Cash on Hand	300.00	300.00	-
General Checking	20,869.17	9,000.00	11,869.17
Administrative Balance	21,169.17	9,300.00	11,869.17
Interest Bearing Accounts (Prudent Reserve)			
Savings	25,838.66	26,000.00	(161.34)
CD 1	5,026.48	5,000.00	26.48
CD 2	5,146.92	5,000.00	146.92
	36,012.06	36,000.00	12.06
Hold for Capital Expenditures			12.06
Other Checking Balances:			
Events Balance ***	20,893.00		
Total Cash on Hand (A)	78,074.23		
12 months operating expenses (2017)			108,000.00
Monthly Average			9,000.00
4 months prudent reserve (Rounded UP)			\$ 36,000.00
*** Events Funds			
General Events Reserve	4,000.00		
CornedBeef & Cribbage			
Founders Day Picnic			
Halloween Event			
Gratitude Dinner	16,893.00		
New Year's Party			
	20,893.00		



Always write NNIG here  
Where it goes here

# Sink Or Swim

**Exercising the spiritual muscles known as “prayer” and “meditation,” this athlete swims daily towards sobriety**



I got to the rooms of AA with huge reservations. Really, the only working knowledge I had of Alcoholics Anonymous was that alcoholics could never drink again and I was not convinced that was what I wanted. I did want the consequences

of my drinking to stop—the mini-nervous breakdowns, the insomnia, the incredible loss of time (during the long winters in Indiana, there were times where I was uncertain if it was day or night), and the inconsolable crying jags.

Even so, actually quitting the drink was not terribly appealing. My alcoholic tendencies have been around for much of my adult life. Although I experimented with alcohol early in my teen years, I was a high school and college athlete and focused on those commitments. Being an extremely physically active teen I sought out physical activity after I graduated from college and became heavily involved in community softball leagues (some call it “beer league ball”, of course!) as well as running competitively in community (and eventually nationwide) racing events (many of those events sponsored by beer distributors). I didn’t quit drinking when I first entered the rooms of AA one January day—it happened to be January 6, the feast of the Epiphany—but let’s just say I certainly was drinking very cautiously. I had gotten caught up in a several week spree over the holidays and really didn’t know how, or if, I could get out of this one. My partner was fearful I would not be able to return to work after the Christmas break. In early January, after a string of drunken days, I lapsed into a deep sadness and state of irrational fear. My partner never really knew what to do with me or for me when I would get to this place, but she thankfully called a friend who knew addiction and recovery quite well and was active in Al-Anon.

I was strongly discouraged from quitting cold turkey without medical help or a regressive weaning process from the booze and a sick sense of relief fell over me: “Thank God I can still drink!” In my early days of contemplating acceptance of this disease as my own, I was a trembling, nauseous mess. I found myself religiously attending meetings, listening intently, reading voraciously—yet slowly but surely drinking more and more. With the help of my disease, I threw caution to the wind after two months of AA fellowship. I woke early on a Saturday morning in spring with full intentions of a day-long investment in home repair and cleaning. I headed out to grab a few groceries a little after sunrise and in less than 15 minutes I found myself mixing a drink in a gas station coffee cup.

I found myself fighting the drink fiercely that day, dumping it in the sink one minute and heading back to the liquor mart the next. I know that I wanted to be “done,” but alcohol’s grip was dictatorial. At last, I was provided

overwhelming evidence of my absolute powerlessness. Three shaky days later, I finally surrendered and this time I had no reservations about the gravity of my condition. The morning I finally decided to receive a 24-hour token, I had been sober for 10 days and never felt so relieved in all of my life. I didn’t have to live with King Alcohol anymore and I didn’t have to do any of this recovery business alone.

My current recovery is grounded in a solid, day-by-day effort of readings, meetings, and prayer. I have come across many analogies in my recovery—how some real-life situations mimic the process of working the Steps and working on recovery. My favorite is one I will share with my AA family here. I have been a competitive road runner/racer most of my adult life and during those years of training (running distance and speed workouts and weight training) quite a bit of focus has been on honing the muscles in my lower body. After experiencing some leg injuries, though, I began to seek out other activity. I have never been a strong swimmer, but that activity was easy on my body and provided me a great sense of challenge since I was not a very skilled swimmer. I remember getting into the pool for work outs and of course used the only set of muscles that I knew how to effectively engage—my legs. I kicked my way through workout after workout, leaving the pool absolutely exhausted and very disappointed in my lack of ability to complete any swimming distance that would give me a sense of accomplishment.

Frustrated, I sought help from an accomplished swimmer, who was able to point out to me immediately that I was using the wrong set of muscles. If I continued to use my leg muscles as the primary method of moving through my workout, I would certainly continue to be exhausted and disappointed in my progress. He suggested I relax my body in the water and allow the buoyancy of my body to work without excessive movement. Use my upper body (arm strokes) in a fluid, rhythmic movement and only use my legs for a few kicks each length of the pool.

What? Change the way I approach my workout? Use a “new” set of muscles? And yet...it worked! I began to develop my upper body through multiple and consistent swim workouts and now I swim many days each week. So of course this works perfectly as analogy for my recovery. When I first got into the program, I wanted badly to accomplish some positive recovery outcomes and so I used my “usual muscles.” You know the ones—my self-will, my quick judgment of others’ journey in recovery, my ego-driven search for knowledge. I found myself exhausted most times, trying to control myself and others, questioning others’ motives and recovery paths, trying to fit the suggestions to my liking, to my comfort zone.

But during a swim workout, I had the epiphany that I needed to develop a set of the spiritual muscles that many of my friends in the Fellowship were using with great success—they are called prayer and meditation. If I exercise my spiritual muscles daily, keep them strong and ready to respond, chances are when I am truly in need I can engage them to help me handle any difficulty or challenge I face. I no longer view my recovery path as a difficult, exhausting workout, but instead, with my continued efforts toward spiritual fitness, I am able to step up, show up, and do the right thing. When faced with the choice to sink or swim, I choose to swim!

Kim, H. Munice, Ind.  
Copyright © The AA Grapevine, Inc. (December 2016).  
Reprinted with permission.



# NNIG BUSINESS MEETING MINUTES

**Business Meeting Minutes October 2, 2018 @ Alano Club in Sparks, NV**

Open with Serenity Prayer - 6:33 PM - Read Preamble of NNIG By-Laws; Read Twelve Traditions

Approve September, 2018 Minutes. Unanimously Approved.

## **Treasurer's Report – Kathy A**

August, treasurers Report approved, unanimously.

## **MONTHLY REPORT**

Central office report from Ronda H. October 2, 2018

Volunteer hours- 94.5hours. Calls into Central Office: Calls for AA help – 5; Calls for Alanon/Alateen -2; Meeting information- 37; Retail / merchandise-8; Other 12 step programs-0; Events – 4; Business/Central office- 61; **Visitors – 233**. The Open house went well, we had 2 people come in that had never been in the office before because of the Open House. We had cookies and information on service opportunities. Jay from the Susanville/ Chester area called last week and their phone system has been completely transferred over to the local number here. Shout out to all of the volunteers on the answering service for taking on this commitment. Our office hours on Saturday will be changing on October 13, 2018. The office will be open from 9am to 1pm. We are doing this so the phones can be answered at the office during open business hours.

## **Service Committee Reports**

### **Activities Chair – Open.**

Emily S. gave the following report on behalf of Kris H., who could not attend. To everyone at Intergroup, I'm very sorry I can't be here to read this myself, but family circumstances have taken me out of town. I want to say thank you for allowing me to serve as your events/ activities chair for over 11/2 years! I have had a blast! Learned a lot about Reno Fellowship, made some great friends along the way. I hope I have fulfilled my commitment to all of you and the events have been fun, encouraged Fellowship and also supported NNIG as a whole. I am resigning at this time due to personality conflicts, mismatched expectations and incompatible communication styles between myself and the steering committee. Unfortunately I do not believe these issues can be reconciled and I cannot continue in this position without sacrificing my serenity! I will finish with the Halloween event and help as needed to the new events chair. Thanks again for letting me be of service to Reno and Northern Nevada!

Upcoming Events are: Annual Gratitude Dinner: November 3<sup>rd</sup>

### **NNIG Telephone Answering Service-Mark Z & Mark U**

The Representative from Pacific States Telephone met with Ronda & Mark Z to show them how to manually switch the phones to ring in the Central Office on Saturdays from 9 AM-1 PM. Mark & Ronda will teach the other Central Office Staff how to do this. Please help us get the word out: We need a Volunteer to cover the Tuesday, 5-9PM shift. We also need one more Alternate Volunteer to cover various shifts when the regularly assigned person is out of town or sick. Six months of continuous sobriety is required to be an Answering Service volunteer. Anyone interested in being a Volunteer; please call the Central Office. Thank you for allowing us to be of service.

**Bracer – Emily** – if there's anything you'd like to see in the Bracer, please email it to Emily at [nnigrbracer@gmail.com](mailto:nnigrbracer@gmail.com).

### **Cooperation Professional Community – Open.**

**Public Information – Tom B.** – We have contacted Hug, Damonte, Sparks, North Valley, Wooster, and Reno. So far Damonte and Sparks have committed to put us on their schedule. The others will need more time. We present to the health classes and they try to work us in the week they discuss drugs and alcohol. The rest of the High Schools will be contacted over the next 2 weeks. There are 4 of us and we discuss alcoholism and what to look for if you think you have a problem and where to get help. We also discuss Alanon. We leave schedules and handouts. The presentation is scripted with PowerPoint and none of our personal stories are mentioned. It is an information presentation and not an AA meeting.

**Corrections- Open.** –position is vacant at the moment, if interested in this position, contact Central Office for more information. 2 year sobriety requirement.

**Treatment – Rob L.** Sorry I don't have much to report this month.

Empowerment Center's 12\*12 meeting is going great. We are still in need for a secretary on Thursdays. Emily, our coordinator over there, is in the process of getting a secretary for this facility.

West Hills Detox still needs secretaries on Tuesday, Wednesday and Friday.

Salvation Army majors have now eliminated the H&I meeting. The H&I meeting has been turned into an alumni panel meeting as Salvation Army is an all men's facility and they want to keep it that way.

Genesis treatment facility is not eligible for H&I meetings. When I followed up with them, as I stated last month I would do, I found out their clients are required to go to outside meetings therefore not eligible for H&I.

Our H&I committee is still in need of an H&I chair and a Corrections chair.

Thank you for allowing me to be of service.

**Bridging the Gap Chairperson/Officer:** Cyndy M. [faithgrows95@gmail.com](mailto:faithgrows95@gmail.com) The month of September was a fairly quiet month. All of our commitments were filled. I'd like to thank all our presenters, speakers and "Gappers" for making themselves available and fulfilling their commitments! This is the very heart of 12 Step work beyond the group level and this committee really does an amazing job to carry the message to those alcoholics who are in the process of getting sober. The Bridging the Gap committee is in need of volunteers from the 89502 and 89503 to be of service in the "Gapper" commitment. This commitment consists of picking up the newcomer at their home or at the one of two specific facilities (Crossroads Men's or Crossroads Womens aka Riverhouse) and taking the newcomer to their first meeting to introduce them to Alcoholics Anonymous. Your service to the Bridging the Gap program and the newcomer would be invaluable. If you

# NNIG BUSINESS MEETING MINUTES CONT'D

feel you might be able to make this commitment, please email me. Thank you so very much. I made one presentation this past month. I'd like to thank Charlotte for setting this up for me! This time, the 3 minute presentation was made during the announcement portion of a meeting. This was a little different but still successful. Most importantly, the point of any presentation to a group is to make service as Bridging the Gap presenter, speaker or Gapper attractive, in keeping with the 11<sup>th</sup> Tradition of attraction, not promotion. I am still in the process of "attracting" presenters and speakers for each of the 5 facilities we go into each month so that our current teams can begin to rotate, rather than carry the full load. If you believe your group might be interested in having a presentation about Bridging the Gap brought to them, either the long version at the end of the meeting or the short 2-3 minute announcement version, please email me. Thank you for allowing me to be of service,

## Speaker Committee Chair-Brian

Monthly Speaker Meeting; Doors open at 6:30 PM and Speaker at 7:00 PM. October 13, 2018 Cancelled due to fall round up, November, 2018 Canceled due to Gratitude Dinner and no availability at Silver Legacy. NNIG Speaker Chair: Brian A. Speaker Co-Chair: Open Need more info call: Central Office – (775) 355-1151

Join us for dinner at Millie's 24 inside the Eldorado @ 5 pm with the speaker.

Sunshine Committee – Staci P. I arranged 2 visits for 1-member last month. Also last month I forgot to mention that I had a member from Fort Meyers, Florida that is on an outreach committee that read about our Sunshine Committee in the "Grapevine" and wanted some information on how and what we do. I emailed him a copy of our workbook / guidelines. They were very grateful and said that they be very useful for their committee. Once again it is very important to have the member that I am going to be visiting call me themselves or if you know of a member that might need a visit please have their phone number so I can contact them. I don't want to show up somewhere and that member does not want to see us. Some members might think someone wants or needs a visit but the members don't feel like having visitors. I know there are more members out there that could use this service so I need your help in getting the word out there. There are flyers on the table with my contact information. Thank you for allowing me to serve.

Web Site Chair – Ollie –If you have comments or suggestions, email NNhIGwebmaster@gmail.com

Northern Nevada Area 42 Liaison – Chris S. NAGSC Intergroup Liaison report for October 2018

The area assembly has come and gone. The elections have taken place and here are the results. Rhonda F from the south is your new Area 42 Delegate, along with Julie C from the north as Alt Delegate. Paul E is the new Area 42 Chair, Laura J from Mammoth District 8 is the new Area 42 Alt Treasure, Debbie S from Fallon is the new Area 42 Secretary, and Mike L the past DCM for District 6 is the new Area 42 web master and Toni D from district 22 here in Reno is the new Alt registrar. The sense of the assembly for creating a statewide YPAA was a yes. There will be a vote at the next NAGSC meeting in December for a NAGSC Chair and Secretary. The reason for the Chair position is that the Alt Delegate usually becomes the NAGSC chair but Julie held that position last rotation and chose not to do it again. Once the NAGSC Chair is voted in then the committee chairs will be appointed by the chair. Thank you for allowing me to be of service

RENVYPAA Liaison – Open

New Business NNIG Intergroup

Events Chair position open, Kris has resigned, she will be staying on for Halloween party. New Year's Committee needed asap call central office to participate

Meeting Old Business NNIG Intergroup

Open positions for CPC, Corrections. Remain open, By-Laws, have been revised and submitted for review and approval on the next NNIG business meeting.

**\*Motion to Close the Meeting 7:50**

# NNIG STEERING COMMITTEE MINUTES

**STEERING COMMITTEE MINUTES. September 25 2018 held at Central Office open meeting 5:30pm**

\*Serenity Prayer; Roll Call: Paul M ,Jamie F , Jeff J ,Kathy A , Ron T , , Kris H , Ronda H , answering community chair and co-chair Mark ,Mark , Approve , August Steering Committee Minutes

Treasurers Report – Kathy A – reported on the current status of the bank accounts, as reflected in a present printout from our account's webpage(s).

Old Business Agenda Items – NNIG Operating Procedures - Employee Handbook revised By-Laws to be presented at business meeting

New Business Agenda – Office Manager salary annual budget to be further viewed , Discuss office Hours for Saturday and effects on phone service with answering community chairs , Agreed to change to 9 am to 1pm , discuss renewing Central Office Lease in December and NNIG financial responsibility for office fixtures to be further discussed with lessor. New Year's event chair resigned discuss New Year's event.

CLOSE MEETING 7:11 pm

# The Party

**Newly sober, he was a bit nervous about going to a party where people would be drinking. But his AA friend showed him that, when the chips were down, sobriety is what counted**



My friend HK has 18 years of sobriety in AA. We have known each other for years and until recently were co-workers. I have been to several dinner parties at his house in the past where I and everyone else but HK drank alcohol. Everybody knows and accepts that HK doesn't drink and it's just not a big deal for anybody.

HK knows all about how I recently got into trouble with my drinking. When I told him that I had stopped drinking and was going to AA meetings, he said: "Maybe you getting into trouble will turn out to be a good thing." I don't think I agreed with him at the time. HK has been calling me almost every day to check on me and to encourage me to just not drink today and to continue going to AA meetings. I was a drunk loner for a long time, so I really enjoy his calls. It feels good to know someone cares.

Not very long ago, when I was almost 30 days sober, HK called to invite me to his wife's 50th birthday party. He told me: "There will be some people drinking alcohol there, just like before, so I understand if you don't want to come, but if you do come, I will be right there for support."

I told HK that I would call him back. I then called another AA member, an old timer named Frank. I

explained about HK's party invite and asked what I should do. He read to me part of "Working with Others." The answer to whether I should go to the party depended on how I could answer the questions: "Do I have any good social, business, or personal reason for going to this place? Am I on sound spiritual ground? Are my motives good? I decided my answers were "Yes." Frank told me to go if I wanted to and to have a good time.

The evening of the party, when I got to HK's house, his wife gave me a big welcoming hug. KG was also there who, until my drinking got me in trouble, was another co-worker. He too gave me a big hug then handed me a soda. Nobody seemed to care about what I was or wasn't drinking.

There was alcohol there, and people were drinking, but 15 minutes didn't go by where HK didn't check on me, with a few words: "How are you doing, you doing okay?" He also spent time talking to me privately in the garage and the back yard, explaining to me what a positive thing recovery is for him.

A little later HK asked me to come upstairs with him. We went into his room where he took a small case from the dresser drawer. It was a case that a watch or an expensive pen would come in. When he opened it I saw it was full of coins.

He dumped the coins out on the dresser and carefully arranged them. He showed me his one-month coin, two-month coin, three months, six months, nine months, and his one-year coin. In fact, he had all his coins, right up to eighteen. Then he told me "I love this sober life, it is the best way for me to live. Those people downstairs who are drinking, they are different from me. When they go home tonight, they won't drink again until next weekend or next month, and some might not drink for 6 months. However, if I go down there and have a drink, I will drink all night and head to the liquor store in the morning to stock up." I identified perfectly with what he was saying. I realized that I too am different from those people downstairs. If I went down there and had a drink, of course I wouldn't stop.

He tapped the coins and said "My 18 years, your 30 days, they are in the past. What matters is what we do today. Today I want to be sober."

I got sort of choked up and told him: "HK, I want you to know how much I appreciate you calling me, checking on me, talking to me, and sharing your story with me. I just can't tell you how much it helps."

HK nodded: "It helps me, too." It turned out to be quite a party, after all.

Return Service Requested  
NNIG Intergroup Office  
436 S. Rock Blvd.  
Sparks, NV 89431

## Faithful Fivers Needed

\$5.00 per month or \$60.00 per year

Ann G.  
Karen S.  
Deanna S.  
Don B.  
Carl H.  
Donn T.  
Cheryl Z.  
Glenn R.  
Don M.



Leslie S.  
Colleen S.  
Wes K.  
Paul M.  
Robin Y.  
Todd C.  
Lunnetta N.  
William F.

### 2018 Faithful Fiver Club

This year's club members will directly support the Central Office twenty-four hour answering service **recently** updated with the latest in **Communication Technology!**

We are members of Alcoholics Anonymous that want the hand of A.A. always to be there in Northern Area 42 Community with Central Office Services

#### It's Easy to join!

Use a **Check or Credit Card** to pay monthly, or one time.  
Stop by the Central Office or use postal services.  
Phone Central Office for a one time Card Charge over the phone.

**\$5.00 per month or \$60.00 per year!**

This membership directly supports 12 step work in Northern area 42, Group Services and Central Office Operations.

## NNIG BRACER SUBSCRIPTION FORM

Date \_\_\_\_\_

New \_\_\_\_\_ Renewal \_\_\_\_\_

Donation for Electronic Version \_\_\_\_\_

I cannot send a donation at this time but I would still like to receive the BRACER electronically \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

\$15 One Year - Paper Version

\$7 (Suggested) Yearly Donation – Electronic Version

Email us at Subscriptions [nnigbracer@gmail.com](mailto:nnigbracer@gmail.com) to sign up for your Electronic Version of the BRACER

The BRACER  
NNIG Intergroup Office  
436 S. Rock Blvd.  
Sparks, NV 89431  
[www.nnig.org](http://www.nnig.org)