

NNIG MONTHLY MEETING SPEAKER



April 7th– 7:00 pm
Group: Support Hose
Speaker: Katie D.
Covina, CA

Silver Legacy - 407 North Virginia St., Reno - Doors open at 6:30

March, 2018

INSIDE THIS ISSUE

Upcoming Events	2
Meetings and More	3
Service Opportunities	4
The Love of my Life	5
NNIG Financial Report	6
Profit & Loss Statement	7
Pink Can Contributions	7
Bear Country	8
NNIG Meeting Minutes	9
Loose Nut	11

GENERAL WARRANTIES OF THE NORTHERN NEVADA INTERGROUP ASSOCIATION OF ALCOHOLICS ANONYMOUS

In all its proceedings, the Intergroup Association observes the spirit of AA Traditions, taking great care that the Intergroup Association never becomes the seat of perilous wealth or power; that sufficient operating funds, plus a reserve be its prudent financial principal; that none of the Intergroup Association members shall ever be placed in a position of unqualified authority over any of the others; that all important decision be reached by discussion, vote and whenever possible, substantial unanimity; that no Intergroup Association action ever be personally punitive or an incitement to public controversy; that though the Intergroup Association may act for the service of AA Groups in the Northern Nevada area and parts of Northern California, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous, the Intergroup Association itself will always remain democratic in thought and action.

(The above is adapted and modified from "The AA Service Manual", and AA Co-Founder Bill W's. Twelve Concepts for World Service; Concept XII, as adopted by the General Service Conference on April 26, 1962. This adaptation of copyrighted AA material has been approved by the General Service Board)

CENTRAL OFFICE

436 S. Rock Blvd.,
Sparks, NV 89431
Monday thru Friday
9:00 AM to 5:00 PM

Saturday 10:00 AM to 2:00 PM

24 Hour Answering Service:

(775) 355-1151 Fax: (775) 355-1560

EMAIL: officemanager@nnig.org

Web Site/Meeting Schedule: nnig.org

The Bracer: nnigbracer@gmail.com



NORTHERN NEVADA INTERGROUP

AA at Its Best

Each Saturday at 9:00 A.M., the small AA group in Papua, New Guinea, meets in a tiny room above the Lutheran Church administration building. We are a small group, eight members only.

Last Saturday it rained all day. Blinding sheets of water hammered down. My little station wagon ducked like a submarine through the lake-like puddles on my way to the meeting. At the meeting place, though, I found the gate locked. I thought, Perhaps I'm a bit early, so I'll just wait.

The tape player in my car had a new set of batteries in it, and I happened to have a rare AA speaker tape with me, passed on to me by one of our almost nonexistent AA visitors. So, amid the pounding sheets of rain, safe in my car, I put in the tape of Clarence S., the 1973 guest speaker of an AA convention in California, and sat back to listen.

Meanwhile, Noah arrived for the meeting, barefoot and wet. I threw open the car door and he climbed in. "Listen brother," I said, "this is AA at its best." Soon Pondros arrived, also barefoot, after walking nine miles through the rain. So did Luke, Tokeso, and Kapi, but not the secretary with the key to the gate. The tape rolled on. Clarence was telling how he started the first AA group in Cleveland, Ohio in 1938. That first meeting had been literally a riot, with drunks and reporters fighting. But the meeting kept going. (I turned up the sound. With the rain drumming on the roof and all those bodies packed into the car, full volume was necessary.)

Someone, it seemed, had brought a few signs reading "Think" to the first Cleveland meetings. Said Clarence of this, "Any alcoholic coming into AA cannot think; he has nothing left to think with. The alcoholic feels, he does not think. The Third Step sorts out the men from the boys when you select a caretaker whom you trust with your will and your life. If you've done the first nine Steps of the program, don't ask your Higher Power for another day of sobriety. You are sober. There must be better things to ask for your needs right now! When you pray and meditate, remember, the Lord gave you two ears and one mouth." When you pray, Clarence said, you are talking to God. When you meditate, you are listening.

The tape was over. The time had gone too quickly, and the secretary had never come. The rain pelted down. We said the Serenity Prayer, drove to a roadhouse, and had some coffee and a bite to eat. What a meeting it was!

Colin C., Papua, New Guinea
Copyright © The AA Grapevine, Inc. (September 1992)
Reprinted with permission.

NNIG EVENTS

EVENTS HOSTED BY NORTHERN NEVADA
INTERGROUP TO SUPPORT CENTRAL OFFICE

NNIG Monthly Speaker Meetings
Silver Legacy – 407 North Virginia Street Reno 89601



Monthly Speaker Meeting
Doors open at 6:30 PM
Speaker at 7:00 PM

March 10, 2018
Host Group — Support Hose
Speaker — Adam T. (Los Angeles, CA)

April 7, 2018
Host Group — TITYPAA Committee
Speaker — Katie D. (Covina, CA)

May 12, 2018
Host Group — Women's Just for Today
Speaker — Terry N. (Carson City, NV)

June 9, 2018
Host Group — RENVPAA Committee
Speaker — Long Timer's Meeting

NNIG Speaker Chair: Brian A
Speaker Co-Chair: Open
Need more info call: Central Office – (775) 356-1161
Join us for dinner at Millie's 24 inside the Eldorado @ 5 pm with the speaker



Save the Date

NNIG Founders Day
Annual BBQ and Potluck

June 9th 2018

Virginia Lake Park

Lake Side Dr.
Noon - 6



MORE AREA EVENTS

11th Step Retreat 2018

Infinite Spirituality ~ Sought Through Prayer & Meditation

Zephyr Point Conference Center Lake Tahoe
660 US-50, Zephyr Cove, NV 89448

Friday, June 1st at 4 PM through Sunday, June 3rd at 11 AM



A \$120 registration fee includes:

- 5 Amazing meals with plentiful snacks & beverages
- 2 Nights lodging with your choice of 2, 3, or 4 person rooms
- Meetings, yoga, guided meditation, spiritual nourishment, fellowship & fun
- Your participation to help cook, clean and keep costs low

Registration closes May 15th and is limited to 40 attendees. This is open to anyone in recovery.

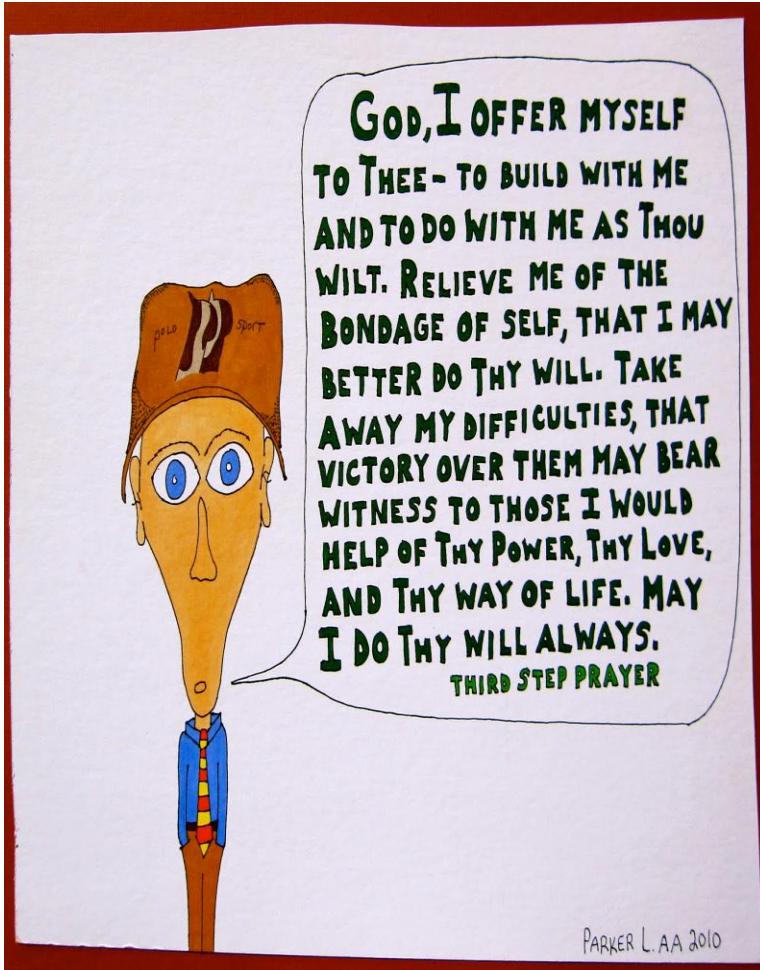
*No refunds, you will need to find a substitute for your registration if you are unable to attend.

Questions? Contact Conference Chair, Charelle D. at 775 351-822 OR Registration Chair, Nancy W. at 775 690-8599

Reno Spring Festival 2018

Using the Tools – Growing Together
Friday April 13, 2018- Sunday April 15, 2018
Nugget Hotel 1100 Nugget Ave. Sparks, NV

www.renospringfestival.com



The Birthday Club



Joan H.—47 years
Leslie S.—20 years
Sharon F.—33 years
Cheryl Z.—17 years
Mike H.—22 years
Cynthia F.—5 years
Phil S.—41 years
David D.—20 years
Danny S.—15 years
Deby C.—29 years
Linda J.—25 years
Joanne P.—5 years
Paul M.—26 years
Sandra G.—22 years

Barbara M.—42 years
Jennifer P.—5 years
Ann G.—13 years
Kyle L.—35 years
MJ —34 years
William M.—28 years
Rich J.—18 years
Nancy R.—23 years
Kim D.—40 years
Rob L.—7 years
Lunnetta N.—7 years
Karen S.—27 years
Lorenda L.—7 years
Phyllis M.—39 years
Mike M.—32 years



Did you know you can share your sobriety and gratitude in a practical way by joining the A.A. Birthday Club? Sign Up today be featured in the Birthday Club section of the Bracer

Show your Support for your NNIG Central Office and join the Birthday Club
A donation of only one dollar for every year of your Sobriety Birthday Envelops available at Central Office.
NNIG Business Meeting or Intergroup Representatives

New Awakenings
10:00 AM Daily
Triangle Club
635 S. Wells Ave.
Reno, NV

**Pyramid Way
Discussion**
7:00 PM Tuesday
3345 Pyramid Way
Reno, NV

Friends of Bill W.
7:00 PM Monday & Tuesday
Fridays 6:00 PM potluck,
7:00 PM Speaker meeting
8200 Highway 50 East
Stagecoach, NV

AA ANSWERING SERVICE NUMBERS

Reno, Sparks, Carson City and all of Northern Nevada: (775) 355-1151
Las Vegas and all of Southern Nevada: (702) 598-1888
Mammoth Lake: (760) 934-3434
North Lake Tahoe: (530) 546-1126
South Lake Tahoe: (530) 541-1243
Susanville, CA: (530) 257-2880

Traditions Group
7:00 PM Tuesday
Faith Baptist Church
810 W. Carlos Street
Alturas, CA

**Serenity Seekers
Group**
12:00 PM Tuesday
90 Minute Meeting
844 No. Saliman Road
Carson City, NV

N.N.I.G. STEERING COMMITTEE
 Last Tuesday of each month, 5:30 PM
 Central Office, 436 S. Rock Blvd., Sparks

N.N.I.G. BUSINESS MEETING
 First Tuesday of each month, 6:45 PM
 Alano Club, 1640 Prater Way, Sparks

N.N.I.G. MONTHLY SPEAKER MEETING
 7:00 PM Silver Legacy - Silver Baron A

N.N.I.G CPC/PI
 Second Sunday of each month, 2:00 – 3:30 PM
 Central Office 436 S. Rock Blvd., Sparks

N.N.I.G. H&I
 Last Thursday of each month, 5:15 PM
 Central Office 436 S. Rock Blvd., Sparks

COMMITTEE MEETINGS
H&I, BRIDGING THE GAP
 LAST THURSDAY OF EACH MONTH AT
 5:15 PM, CENTRAL OFFICE

CPC/PI 2ND SUNDAY OF EACH MONTH,
 2:00 PM. CENTRAL OFFICE

YPAA MEETINGS
TITYPAA, 1ST & 3RD SUNDAY 6:30
 PM, 8425 DOLLY VARDEN AVE, KINGS
 BEACH, CA

RENVYPAA 2ND&4TH SUNDAY 4:00
 PM, 635 WELLS AVE., UPSTAIRS

District Meetings

DISTRICT-2 Second Thursday of each month, 6:30 PM-Reno
 Central Office, 436 S. Rock Blvd. Reno

DISTRICT 4 First Thursday of each month, 7:00 PM-Reno
 Triangle Club, 635 S. Wells Avenue Reno

DISTRICT 6 2nd Sunday of even numbered months-For
 information email district6@nevadaarea42.org

DISTRICT 8 First Sunday, 3:30 p.m. on odd months
 Call (760) 937-8407

DISTRICT 10A Third Sunday of every other month, 1:30 PM
 680 River St. Elko, NV

DISTRICT 10B Last Sunday Odd Numbered Months @
 10:00AM Rotating Group Locations –
 Call (775)403-0869

DISTRICT 11 Only holds meetings 4 time a year, call DCM

DISTRICT 12 2nd Saturday of each Month at 5:00 PM- 457
 Esmeralda Street Wolf Center, Fallon NV

DISTRICT 14 3rd Mon of each "Odd" month at 6:00 PM -265
 Bear Street in Kings Beach CA

DISTRICT 16 Meeting is held 3rd Tuesday of the month
 Sparks Family Christian Church 510 Greenbrae
 Blvd 6:00PM-7:00PM

DISTRICT 18 DARK DISTRICT

DISTRICT 20 First Saturday of every month 1:30 PM- 50
 South Weatherlow, Susanville

DISTRICT 22 Last Saturday of each Month at 5:00 PM 433
 Pyramid Way

AREA CLUBS

Reno / Sparks Clubs
 Alano Club Sparks, 1640 Prater Way (775) 359-2727
 Driars Club Reno 345 S. Wells Avenue (775) 324-9210
 Triangle Club Reno 635 S Wells Avenue (775) 324-7977

Clubs outside Reno/Sparks Area
 Alano Club Carson City, 1800 HWY 50 East (775) 882-0443
 Bishop Alano Club (760) 873-6700
 Elko Alano Club (775) 738-4747
 Las Vegas Triangle Club (702) 435-0597
 South Lake Tahoe (530) 541-1243



**2018 HOLIDAY SCHEDULE
 CENTRAL OFFICE**

Monday February 19, 2018 – Presidents' Day - Closed
 Monday May 28, 2018 – Memorial Day - Closed
 Wednesday July 4, 2018 – Independence Day – Closed
 Monday September 3, 2018 – Labor Day - Closed
 Thursday November 22, 2018 Thanksgiving – Closed
 Friday November 23, 2018 Family Day – Closed
 Tuesday December 25, 2018 Christmas Day – Closed
 Monday December 31, 2018 Inventory – Closed
 Monday January 1, 2019 – New Year's Day – Closed



**NNIG CENTRAL OFFICE
 OPEN ON SATURDAYS**

10:00AM – 2:00PM

NNIG A.A. CENTRAL OFFICE
 436 SOUTH ROCK BLVD SPARKS, NV 89431



Submit this form or call Central Office to get on the list.

12 STEP Volunteer Application Form

Name: _____ Date: _____

Sobriety Date: _____ Gender: Male ___ Female ___

Phone # _____ Location/City: _____

Available: _____ Days: _____ Times: _____

The love of my life

After yet another broken heart, she finally did a Third Step and found what she was looking for



Believe it or not, my own story about dating in sobriety is right there in our literature. In the Big Book, it says, "But it is clear that we made our own misery. God didn't do it. Avoid then, the deliberate manufacture of misery, but if trouble does come, cheerfully capitalize it as an opportunity to demonstrate his omnipotence."

For me, dating in sobriety has definitely been the "deliberate manufacture of misery." But this is a not a sad dating story. This is a story about finding the love of my life: my Higher Power.

When I got sober in December 2010, my sponsor suggested I stay single for a year. I listened for about two weeks. I'm an alcoholic, see, and "almost without exception," says our literature, "alcoholics are tortured by loneliness." How true for me. I was no longer using alcohol to fill the void and I wasn't interested in "the God thing" either. Instead, I turned to serial dating to satisfy my need for that sense of ease and comfort. (Spoiler alert: it didn't work out.)

I thought I had found the gifts of recovery. Home group night was date night. I may have worked a Step here and there, and the man (whomever he was at the time) became that Higher Power I so desperately needed. He was my primary purpose. I worked the program this way for over five years and felt like an AA fraud. I was restless and irritable, holding onto my old ideas and looking for that easier, softer way. But by the grace of God, I didn't take a drink. Surely, there were times when I was close.

In the summer of 2016, my delusion was finally smashed. My heart was broken yet again, the most painful break up of all. I had hit an emotional bottom. The foundation of my sobriety was weak. I had been going it alone, without reaching out to others or seeking a Higher Power. I felt lost. Truly, I had tried to make mortar without sand. Never fear, though. As we are told, "In every case, pain had been the price of admission into a new life." My sponsor reminds me that in this dark time, through tears, I cried out to her,

"I know there's a lesson in this, I just don't know what it is!"

But God knew. He took this opportunity to prove his power in my weakness. He had prepared the way for me a year earlier, when I had watched a friend go through a crushingly painful experience of her own in sobriety. It was strange. One day she was miserable, but suddenly not long after, she seemed happy, joyous and free. She was at peace. I didn't understand what had happened to her but I wanted what she had.

And, bless her heart, she gave me what was so freely given to her. She took me through our Big Book word for word. She showed me how to make seeking God and helping others my top priority. Remember, "God could and would if he were sought." Only if.

My friend and I had come from the same place. Neither of us had worked the program the way it is described in the Big Book. Both of us paid for it with our sanity. We were both inches away from drinking and neither of us could stand it anymore.

So at almost six years sober, I finally did Step Three and turned everything over to God as I now understand him. I even turned over my compulsive desire to always be in a relationship. And wouldn't you know it, the changes I saw in my friend quickly started to materialize in me. I'm finding freedom, peace, serenity, purpose and selflessness. I no longer need another person to "complete" me and suddenly, struggling alcoholics in the rooms of AA are asking me for help. I have worked with more alcoholics in the last six months than I had in all the preceding years combined, all because God saw fit to pull me out of the pit I had dug for myself and to use me to his good purpose.

I now see our Big Book as one big promise. It's not a material promise. There's no talk of a great spouse, a new job or a fancy car. Instead it promises something far more valuable and satisfying: "I was to know happiness, peace, and usefulness, in a way of life that is incredibly more wonderful as time passes ... See to it that your relationship with him is right, and great events will come to pass for you and countless others."

I had to see for myself that our Big Book is not exaggerating. There's much more to life than material things and just not drinking. Now that I've had even a small glimpse of this promise, I'll spend the rest of my life working for it, one day at a time.

God kept me sober through all my self-will. I believe he has great plans for me. But dating in sobriety? That's not in the plan for the next 24 hours. May God's will, definitely not mine, be done.

NNIG FINANCIAL REPORT

NNIG/Central Office Group Contributions 2018

Group	February	YTD	Group	February	YTD
4th July Annual Event		0.00	Happy Hour Reno		0.00
A Way Home		0.00	Incline to be Sober		0.00
Alano Afternoon Serenity		0.00	Janesville Moment to Moment		0.00
Alano Brown Baggers		0.00	Kings Beach AA Golden Group	65.00	65.00
Alano Dawn Patrol		0.00	Knuckleheads		0.00
Alano Jaywalkers	100.00	100.00	Ladies of the Evening		0.00
Alano Keep it Simple		0.00	Ladies of the Lake		47.35
Alano Shake' m Up Group		0.00	Lemmon Valley Back Room		0.00
Alano Sunday Morning Speaker		0.00	Mammoth Lakes Group		0.00
Alano Sunshine Group		0.00	McGill NV Freedom Group		25.00
Alano There is a Solution		0.00	Minden Language of the Heart		0.00
Alano Women in Recovery		24.66	Minden Saturday Night Fever	50.00	50.00
Alturas Hill Toppers		0.00	Minden Stephanie Way Group		0.00
Austin Group		43.50	Minden/Gardnerville Group		380.00
Back Room Group	127.09	127.09	Mt Rose Recovery Room		158.00
Back to Basics Saturday Night	100.00	100.00	NNIG Business Meeting	27.50	52.50
Back to Basics Sparks		0.00	Our Common Welfare		0.00
Battle Mountain Fellowship	10.00	20.00	Out and Sober		0.00
Bishop Group		0.00	Page by Page		0.00
Blairsdon Greagle Group		0.00	Portola Group	300.00	300.00
Bridgeport High Sierra Group		0.00	Positive Acceptance Group		263.40
Buena Vista Group		0.00	Pyramid Way Discussion Group		0.00
Caring & Sharing in Stead		0.00	Quincy Fellowship		0.00
Carlin Crystal Light Group		0.00	RTC ABC Group		0.00
Carson AA Way of Life		0.00	RTC Afternoon Delight		75.00
Carson After Shifters		0.00	RTC Almost Heaven	50.00	100.00
Carson Back to Basics		0.00	RTC Aloha Group	125.00	375.00
Carson Big Book Babes		0.00	RTC Beginners are Winners		600.00
Carson Big Book Experience		29.00	RTC How We Stay Stopped		0.00
Carson Brown Baggers	100.00	1106.00	RTC Just for Today Women		150.00
Carson Drunk Squad		0.00	RTC Little Rascals		0.00
Carson Early Birds		0.00	RTC Lost and Found		0.00
Carson Happy Hour		0.00	RTC Men's Trudgers		0.00
Carson Jay-Walkers Men's		0.00	RTC Mid Day Group		0.00
Carson Men's NO BS Stag	26.00	26.00	RTC Mon Night Grapevine		0.00
Carson Sandbaggers		0.00	RTC Monday Night Men's	100.00	100.00
Carson Sister's in Sobriety		0.00	RTC New Awakenings Group		427.59
Carson Sunday Night Step Study		0.00	RTC Not a Glum Lot		0.00
Carson Valley Gratitude		0.00	RTC Seniors in Sobriety	50.00	50.00
Carson Women's Night Out		0.00	RTC Sober N Sane		0.00
Chester Fellowship		0.00	RTC Women's Literature Study		0.00
Choices		0.00	RTC Women on Wednesday		0.00
Cornerstone Group		228.29	Serenity on Sunday		0.00
Crystal Bay Nooners		0.00	Sierraville Sunday Night		0.00
Dayton Fellowship Hall	150.00	150.00	Silver Springs Groups	25.00	125.00
Dayton Friday Night Rule 62		0.00	Sisters in Sobriety		0.00
Dayton Sunday Morning		0.00	Slide Mountain Serenity		0.00
District 6		0.00	South Reno on Sunday		0.00
District 12		0.00	South Shore Group		75.00
District 14		0.00	Southside Group	787.20	1135.69
District 22		0.00	Staying Sober & Square One		0.00
Driar's 4th Dimension		0.00	Step 1		0.00
Driar's Keep It Simple		0.00	Sunday New Beginnings		0.00
Driar's Club Lunch Bunch		0.00	Sunnyside Big Book Study		0.00
Driar's Serenity Night OWs		0.00	Sunnyside Group		835.00
Driar's Support Hose		0.00	Susanville Thursday Night		50.00
Driar's Oldtimers/Newcomers		0.00	Susanville Wed Womens		0.00
Early Birds	648.33	648.33	Tahoe City Fellowship		0.00
End of the Road Group		0.00	The Rock Group		0.00
Eye Opener	46.00	62.00	Truckee Dawn Patrol		0.00
Fallon The Real Lunch Bunch		0.00	Truckee Fellowship		0.00
Fernley Groups		0.00	Truckee River Men's Stag		0.00
Finding Peace		0.00	Twilight Zone	20.00	20.00
Fireside Group	300.00	300.00	Verdi Bookies		102.00
Galena Friday Night		0.00	Verdi Greener Pastures		0.00
Gardnerville Roadside Group		0.00	Wed Night Beginners		102.60
Gardnerville Wed Night Live		0.00	Westwood AA		0.00
Greenville Group		0.00	Westwood Monday Night		0.00
Ground Zero	84.00	84.00	Whole in the Ground Sunnyside		0.00
Grupo Accion	10.00	30.00	Winnemucca Serenity Seekers		0.00
Grupo Fe Y Esoeranza		0.00	Winnemucca Three Legacies		0.00
Grupo La Nueva Esperanza		0.00	Women's 24 Hours A Day		0.00
Grupo La Nueva Luz	40.00	40.00	Women's Down & Dirty	95.00	95.00
Grupo Latino		0.00	Women's New Beginnings		0.00
Grupo Nueva Vida	10.00	20.00	Women's New Harmony		0.00
Grupo Solo Por Hoy		20.00	Young at Heart		0.00
			Total	3,446.12	8,918.00

PROFIT & LOSS STATEMENT

PINK CAN CONTRIBUTIONS

Pink Can Contributions - Hospitals and Institutions

Northern Nevada Intergroup Profit & Loss - Last Month Comparative & Year to Date		
Accrual Basis	February 2018	
	Feb 18	Feb 17
Ordinary Income/Expense		
Income		
4000 · Income - General	3,621.62	3,591.64
4002 · Income - Event Revenues	303.36	314.75
4004 · Income - Merchandise Sales	10,608.18	6,141.05
4900 · Interest Income	0.93	1.07
Total Income	14,534.09	10,048.51
Cost of Goods Sold		
5000 · Cost of Goods Sold	6,009.89	3,340.09
Total COGS	6,009.89	3,340.09
Gross Profit	8,524.20	6,708.42
Expense		
5100 · Bank Fees and charges	3.00	0.00
5120 · Professional Fees	0.00	0.00
5150 · Cash Over/Short	20.00	0.00
5180 · CC Service Fees	136.75	128.24
5181 · Convention expenses	0.00	110.00
5210 · Storage Unit	90.00	80.00
5220 · Shipping Charges	46.20	102.30
5230 · Alarm System	133.77	127.86
5235 · Committee Expenses	0.00	94.97
5240 · Compensation	4,835.00	3,250.00
5250 · Computer expenses	0.00	0.00
5260 · Copier Lease	327.77	278.07
5280 · Membership, Dues & Publicatio...	0.00	120.00
5285 · Mileage Reimbursement	0.00	11.34
5290 · Office Supplies	232.39	0.00
5320 · Payroll Tax Expense	369.88	248.62
5325 · Payroll Processing Fee	74.94	71.00
5340 · Rent	781.00	758.00
5360 · Taxes & Licenses	110.00	0.00
5370 · Telephone	601.22	3,213.57
5380 · Trash	30.18	28.58
5390 · Utilities	6.18	102.31
Total Expense	7,798.28	8,724.86
Net Ordinary Income	725.92	-2,016.44
Net Income	725.92	-2,016.44

Group Contributions 2018 YTD		Group Contributions 2018 YTD	
Group	February YTD Total	Group	February YTD Total
4th Dimension	73.34	Women's Just For Today	0.00
A Way Home	150.17	Women's New Beginnings	0.00
Alano Afternoon Serenity	0.00	Women's New Harmony	0.00
Alano Brown Baggers	65.00	Women's Night Out	14.06
Alano Club Jay Walkers	70.91	Women on Wednesday	0.00
Alano Dawn Patrol	54.00	Women's 24 Hours A Day	175.00
Alano Sunday Morning Speaker	0.00	Young At Heart	0.00
Alano Sunshine Group	63.27	February Income/YTD	2582.90
Alano Women in Recovery	0.00	January 2018 Balance Forward	2115.00
Battle Mountain Group	39.15	Account Balance	4697.90
Caring and Sharing Stead	39.15	February Lit Distributed	4477.65
Carson After Shifters	323.40	Ending Balance	220.85
Carson Big Book Babes	0.00		
Carson City Early Birds	0.00		
Carson City Sunday Fire Station	705.00		
Carson City Happy Hour	119.00		
Carson Sunday Night Step Study	47.62		
Carson Men's No BS	47.62		
Carson Sisters in Sobriety	0.00		
Corner Stone Group	68.00		
Carson City Women's Down & Dirty	23.00		
Dayton Sunday Morning	0.00		
Driars Keep it Simple	0.00		
Early Birds	736.97		
End of the Road Group	0.00		
Eye Opener	0.00		
Fernley Groups	0.00		
Golden Valley Back Room	52.54		
Ground Zero	0.00		
Happy Hour	281.95		
Incline to be Sober	0.00		
Kings Beach AA Golden Group	97.00		
Knuckle Heads	0.00		
Ladies of the Evening	0.00		
Minden Gardnerville Group	358.55		
Minden Wednesday Night Live	0.00		
Minden Roadside Group	0.00		
Minden Saturday Night Fever	205.99		
Mount Rosie Recovery Group	64.00		
Northern California H&I	0.00		
Out and Sober	43.00		
Positive Step	0.00		
Pyramid Way Group	75.96		
RTC Almost Heaven	25.00		
RTC ALOHA	50.00		
Seniors in Sobriety	0.00		
Serenity Night Owls	0.00		
Sierraville Book Study	0.00		
Slide Mountain Serenity	0.00		
Support House	0.00		
South Reno on Sunday	61.10		
Southside Group	88.00		
Step 1	144.00		
Sunnyside	20.00		
The Rock Group	9.65		
Truckee Bookies	9.65		
Truckee River Men's	177.00		
Verdi Bookies	62.40		
Verdi Greener Pastures	0.00		
Virginia City Plug in the Jug	227.02		
Wednesday Night Live	27.00		
Corrections Chair - Ryan S (775) 848-8154			
Treatment Chair - Rob L (775) 379-4853			
Bridging The Gap Chair - Pat B (707) 483-7181			
Pink Can Treasurer - Anjali K (707) 321-6400			

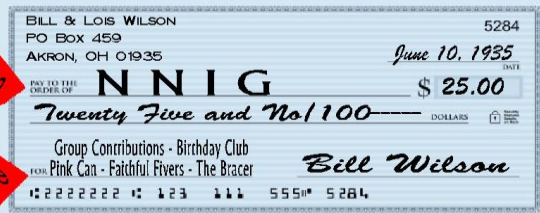
Distributed Literature 2017 YTD	
Facilities	February YTD Total
PRIS & CORRECTIONS	
Carson City Jail	180.00
Carson City Warm Springs	0.00
NKCC Carson Prison	50.00
Douglas County Jail	0.00
Lander County Jail	0.00
High Desert State Prison	1621.05
Humboldt County Jail	0.00
Jan Evans Detention Center	196.00
Lakes Crossing	0.00
Lovelock Prison	0.00
NN Transitional Housing	48.00
Stewart Corrections Camp	0.00
Washoe County - Parr	0.00
Washoe Courts - SB277	0.00
Wells Conservation Camp	0.00
TREATMENT & HOSPITALS	
Brittanic - Residential	660.00
Carson Behavioral Health	240.00
Carson Tahoe Detox	0.00
Crossroads - Main Campas	470.00
Crossroads - River House	29.60
Empowerment Center Women	0.00
Gospel Mission	0.00
New Frontiers - Fallon	0.00
NN Adult Mental Health Services	0.00
Renown Behavioral Health	23.60
Ridge House	0.00
Saint Vincent's	0.00
Salvation Army	560.00
Step 1 - Men	120.00
Step 2 - Women	0.00
Sun Shine Committee - Hospitals	0.00
VA Hospital	0.00
West Care	550.00
West Hills	0.00
AA GRAPEVINE/LA VINA	0.00
Office Supplies	0.00
Total	4477.65

NNIG ENDING CASH BALANCES February 28, 2018

Northern Nevada Intergroup Profit & Loss - Last Month Comparative & Year to Date		
Accrual Basis	February 2018	
	Jan - Feb 18	
Ordinary Income/Expense		
Income		
4000 · Income - General	14,415.40	
4002 · Income - Event Revenues	303.36	
4004 · Income - Merchandise Sales	16,810.48	
4900 · Interest Income	2.24	
Total Income	31,531.48	
Cost of Goods Sold		
5000 · Cost of Goods Sold	9,409.72	
Total COGS	9,409.72	
Gross Profit	22,121.76	
Expense		
5100 · Bank Fees and charges	6.00	
5120 · Professional Fees	1,962.50	
5150 · Cash Over/Short	20.00	
5180 · CC Service Fees	328.41	
5181 · Convention expenses	0.00	
5210 · Storage Unit	180.00	
5220 · Shipping Charges	52.85	
5230 · Alarm System	133.77	
5235 · Committee Expenses	130.97	
5240 · Compensation	8,625.00	
5250 · Computer expenses	179.40	
5260 · Copier Lease	655.54	
5280 · Membership, Dues & Publicatio...	0.00	
5285 · Mileage Reimbursement	0.00	
5290 · Office Supplies	444.40	
5320 · Payroll Tax Expense	659.81	
5325 · Payroll Processing Fee	258.38	
5340 · Rent	1,562.00	
5360 · Taxes & Licenses	160.00	
5370 · Telephone	2,954.17	
5380 · Trash	59.34	
5390 · Utilities	279.86	
Total Expense	18,652.40	
Net Ordinary Income	3,469.36	
Net Income	3,469.36	

	Balance	Goal Reserve	Difference
Administrative Funds:			
Cash on Hand	300.00	300.00	-
General Checking	9,978.84	9,000.00	978.84
Administrative Balance	10,278.84	9,300.00	978.84
<i>Includes 1200.00 Ticket Sales</i>			
Interest Bearing Accounts (Prudent Reserve)			
Savings	25,831.09	26,000.00	(168.91)
CD 1	5,023.96	5,000.00	23.96
CD 2	5,145.88	5,000.00	145.88
	36,000.93	36,000.00	0.93
Hold for Capital Expenditures			0.93
Other Checking Balances:			
Events Balance ***	4,000.00		
Total Cash on Hand (A)	50,279.77		
12 months operating expenses (2015)			108,000.00
Monthly Average			9,000.00
4 months prudent reserve (Rounded UP)			36,000.00
*** Events Funds			
General Events Reserve	4,000.00		
CornedBeef & Cribbage			
Founders Day Picnic			
Halloween Event			
Gratitude Dinner			
New Year's Party			
	4,000.00		

Always write NNIG here
Where it goes here



Bear Country

Well into my seventh year of sobriety, I had an adventure that I want to share with you.



On a vibrant July afternoon, my friend Kelly and I set out for a hike in Glacier Park. Kintla Lake shimmered in the heat, ringed by towering mountains. Radiant

sunlight and a light breeze made for a nearly perfect hiking day. We followed a scenic trail that hugged the shoreline for half a mile, then we left the trail and headed north over a series of bristly slopes. We were searching for the trail along Starvation Ridge.

Two hours later, the trail had still eluded us. My bare legs were webbed with cuts from the heavy undergrowth and bruises from the fallen trees that lay scattered like pickup sticks. I was too tired from the bushwhacking to be good company. Finally, we gave up looking for a trail.

With the aid of Kelly's map, we located a drainage that would eventually lead us back to Kintla. We decided to follow it, but the forest canopy and deadfall were almost impenetrable. I developed a resentment about the course Kelly was taking and without a word to him, veered north of his path. Within thirty minutes, I'd lost him.

The unthinkable had happened. I was lost in Glacier Park--pure wilderness and a notorious habitat for grizzlies. I was equipped with bear spray, a watch, a pocket knife, a little food and water. I had no map, no compass, no whistle. I cursed my carelessness. I cursed my defect of character that causes me to have these petty resentments. Ironically, within minutes, I stumbled onto a logging road. Sure that it would lead me home, I followed it to the North Fork River. The only problem was that I was going in the wrong direction.

I wandered down miles of dead-end trails and meandering stream beds for five more hours, hopping over mounds of grizzly scat and rotten logs that bears had clawed in search of a feast of carpenter ants. No planes soared along the jet stream, no motors hummed, no human voice disturbed the stillness. I was as alone as a person can be. I began to sing "Amazing Grace," laughing at the refrain: "I once was lost but now am found." The more I sang, the safer I felt.

Mosquitos kept me moving at a fast pace. I was dressed in shorts, tank top, and sneakers, and there was no refuge from them. At dusk, a black bear and I crossed paths, terrifying each other. That was the only time I had been on the right trail, I later realized. But I had been so afraid of that queen-sized bear, I headed away from my destination.

As night fell, I continued to walk through this densely forested bears' kitchen. Finally, around 9:30, I came upon an eerie meadow. It was wider than a football field and stretched east and west forever. A remote sign identified the location: Canada!

For the first time that day I knew where I was--only ten to fifteen miles from where I had started. But it was too late to make my way back now. The darkness and cold were coming on fast; I had to build a fire. As I gathered brush and twigs, I prayed those matches were still in my day pack. A few months before, I had had a powerful urge to pack them, even though I never used them. Gratitude for that simple act welled up in me. There they were, safe and dry in the vitamin bottle, which had not broken despite my many falls in the stream bed.

Once lit, that fire blazed up into a living presence, a friend that would help me survive a chilly and uncertain night. I had no idea what the next morning would bring. I just let myself feel the warmth of the fire and my belief that God's plan for me included survival. "Came to believe" took on a whole new meaning for me.

Sleep was out of the question. The next morning, I backtracked to the North Fork and slid into its icy waters. Using my back pack as a pillow I let the river ferry me about three miles south. A hiker miraculously appeared on the cliff above me. When I clambered out, staggering like a drunk, he offered me food and drink and pointed me to the trail. Within an hour, I heard a bullhorn blasting out my name. My rescuer escorted me back to the campground. The search and rescue team stood in line to hug me and make sure I was alive. These wonderful folks had come across more than one pile of bones on their rescue missions.

As we looked at the map together, the park ranger explained that the trail I had taken wandered through the densest grizzly population in Glacier. And I had been out there twenty hours. Wow.

To keep from being afraid, I had made the whole thing seem small--thinking of it as an unscheduled campout. Still, I was surprised when I returned home, and friends called to say they heard about my adventure on the news. Reporters called too. I was still disoriented four days later, but I knew I had been "delivered from evil" in a most loving and careful way.

Huddled by my bonfire, under the crisp Canadian sky, I had discovered the absolute power of prayer, the vibrant and reassuring presence of my Higher Power, and a deeper appreciation for this amazing program. Just as the twelve Steps of Alcoholics Anonymous had led me to safety, freedom, and love, I was led step-by-step back to Kintla Lake to love, safety, and home. It changed my whole life. Fear is no longer a welcome guest in my heart. It's not that it doesn't come calling. I simply don't invite it into my living room.

P.S. My daypack now contains a compass, whistle, space blanket, and lots of matches.

NNIG BUSINESS MEETING MINUTES

Business Meeting Minutes March 6, 2018 @ Alano Club in Sparks, NV

Open with Serenity Prayer - 6:32 PM - Read Preamble of NNIG By-Laws - Sharon; Read Twelve Traditions – Mark

Approve February 2018 Minutes

Treasurer's Report – Dawn K.

Dawn proposed to the group that we change the prudent reserve from \$30,000 to \$36,000 based on known, new expenses, and the body voted. It was approved unanimously.

***Motion to Approve the Treasurer's Report / Motion –Rob / 2nd - Tom / motion unanimously accepted.**

MONTHLY REPORT February - Central Office Director: Tinna O. – no report submitted. However, the focus of this meeting was primarily about this position. We discussed Tinna's resignation from her Central Office Position. Tinna was present and provided the reasoning that she was turning into someone she didn't want to be and needed a return to her happy, joyous, and free state-of-mind. The body of AA brought a lot of discussion forward, asking questions, and we were presented with some historical information about past problems in NNIG regarding our By-laws and conflicts between the body as whole and the Steering Committee. We did not ever move to reports because we, as a group, focused on this discussion.

Central Service Committee Reports

Activities Chair – Kris H. – no report submitted, but per Steering Committee Report – we need to sell more tickets for Corned Beef and Cribbage; we still need to sell over 100 tickets.

Answering Service – Mark U. – no report submitted

Bracer – Emily – no report submitted

Cooperation Professional Community – Cheryl E., received by email:

University of Nevada Medical School, Reno: CPC and PI committee members meet with doctors of psychiatry and 5-8 third year medical students on a scheduled, rotating basis. We provide the med students with some appropriate pamphlets and central office meeting schedules and a short presentation on CPC. The students get an assignment to attend a 12-step meeting and then they report back on their experience in about 3 weeks. A new student rotation took place on Feb. 14th. The students gave their reports on March 5th. We could use a few more volunteers to attend these meetings. Let Cheryl E. know if interested.

Reno Valley Assisted Living Monthly AA Meeting: Meetings are brought in the 3rd and 4th Tuesday of each month from 6-7pm. The Seniors In Sobriety group facilitated the 3rd Tuesday, Feb. 20th. The 4th Tuesday was facilitated by The Verdi Greener Pastures group on Feb. 27th. There were 4 residents present on the 20th and 6 present on the 27th. They really appreciate us being there. If you are interested in attending these meetings, let me know.

Orientation to AA Presentations: The purpose of these presentations is to help folks new to AA and court ordered folks to understand AA meetings and the language of AA and how and why we do what we do. These are NOT AA meetings. They are a service to help folks learn about AA. Presentations are currently held at Bristlecone Treatment Center every Thursday at 7pm and at Behavioral Health Services in Carson City every Wednesday. If you are interested in presenting at Bristlecone, call Kelli C. at 775-225-5919. If you are interested in presenting at BHS in Carson City, call Cathy W. at 925-586-3627.

Budget: On target overall.

CPC/PI Committee Meetings: CPC and PI hold combined committee meetings at Central Office the 2nd Sunday of every other month from 2-3/3:30. We held a committee meeting on Feb. 11th. Our next meeting will be April 8th from 2-3:30 at Central Office. If you are interested in PI or CPC service, please attend. We welcome you!

New Chair Rotation: NNIG elections will take place the first Tuesday in June. I will be rotating out as NNIG CPC Chair. If you are interested in this committee work, consider making yourself available for chair. If you are not interested, please get the word out to the AA community of this important service opportunity.

Public Information – Tom B. Things are getting started. Last Tuesday we made a presentation at the incline high school which went well. Today we talk to the high school Nixon and they will have us out in April. In addition to high schools we will be talking to some middle schools. I think as the word gets out we will be busy Which means we will need more volunteers. It is a scripted program with no personal stories. You have to have one year sobriety and have your fingerprints taken by the school district. If you have any questions see me after the meeting.

Corrections –Ryan S. – Made flyers and distributed them at the Triangle Club, Central Office, Alano Club requesting men to help take meetings into High Desert State Prison. Have approximately 4 men thus far who have submitted applications to HDSP. In July 2018, there will be civilian orientation for both men and women to take a meeting into Parr Blvd (specific day not known yet TBD by Chaplain Jeremiah). Ryan is moving to San Diego and must resign from his position. Tom is interested in the position. Group met Tom and voted him into Corrections Chair, unanimously.

Treatment – Rob L. – report submitted: “I want to thank H&I Committee and members of AA for their continuing support. A lot has happened this past month. We started out with Monday, Thursday, and Fridays at West Hills; we now have meetings 7 days a week. We currently have 5 of these covered with Tuesday and Wednesday needing secretaries. We had Crossroads treatment facility three days a week and now have meetings going 7 days a week. Bristolcone has all days filled. Step 2 woman's facility is in need of a female secretary every other week. NNAMHS on Tuesdays is covered as well. My next project will be looking into other facilities that are in need of our services. Thank you for allowing me to be of service.

Bridging the Gap – Pat B.

University of Nevada Medical School, Reno: CPC and PI committee members meet with doctors of psychiatry and 5-8 third year medical students on a scheduled, rotating basis. We provide the med students with some appropriate pamphlets and central office

meeting schedules and a short presentation on CPC. The students get an assignment to attend a 12-step meeting and then they report back on their experience in about 3 weeks. A new student rotation took place on Feb. 14th. The students gave their reports on March 5th. We could use a few more volunteers to attend these meetings. Let Cheryl E. know if interested.

Reno Valley Assisted Living Monthly AA Meeting: Meetings are brought in the 3rd and 4th Tuesday of each month from 6-7pm. The Seniors In Sobriety group facilitated the 3rd Tuesday, Feb. 20th. The 4th Tuesday was facilitated by The Verdi Greener Pastures group on Feb. 27th. There were 4 residents present on the 20th and 6 present on the 27th. They really appreciate us being there. If you are interested in attending these meetings, let me know.

Orientation to AA Presentations: The purpose of these presentations is to help folks new to AA and court ordered folks to understand AA meetings and the language of AA and how and why we do what we do. These are NOT AA meetings. They are a service to help folks learn about AA. Presentations are currently held at Bristlecone Treatment Center every Thursday at 7pm and at Behavioral Health Services in Carson City every Wednesday. If you are interested in presenting at Bristlecone, call Kelli C. at 775-225-5919. If you are interested in presenting at BHS in Carson City, call Cathy W. at 925-586-3627.

Budget: On target overall.

CPC/PI Committee Meetings: CPC and PI hold combined committee meetings at Central Office the 2nd Sunday of every other month from 2-3/3:30. We held a committee meeting on Feb. 11th. Our next meeting will be April 8th from 2-3:30 at Central Office. If you are interested in PI or CPC service, please attend. We welcome you!

New Chair Rotation: NNIG elections will take place the first Tuesday in June. I will be rotating out as NNIG CPC Chair. If you are interested in this committee work, consider making yourself available for chair. If you are not interested, please get the word out to the AA community of this important service opportunity.

Pink Can Treasurers Report – Anjuli K. – no report submitted

Sunshine Committee – Paul M. – no report submitted

Northern Nevada Area 42 Liaison – Chris S. – no report submitted.

RENVYPAA Liaison – no report submitted

Steering Committee Reports:

Intergroup Rep's. Report – Joyce Y. / Tom M. – no report submitted.

Secretary's Report – Robin Y. – no report submitted.

Vice-chair Report – Cheryl Z. – no report submitted

Chairman's Report – Ron T. – no report submitted

***Motion to Close the Meeting**

NNIG STEERING COMMITTEE MINUTES

STEERING COMMITTEE MINUTES

February 27, 2018 held at Central Office

*Serenity Prayer; Roll Call: Ron, Cheryl, Dawn, Robin, Joyce, Tom, Kris, Tinna, Rhonda, Noel, Candy / Verification of Quorum / Approve January Steering Committee Minutes

Treasurers Report – Dawn K. – Prudent Reserves were discussed

Old Business Agenda Items – Corned Beef & Cribbage we need to sell 200 tickets, and we've sold 62. Tickets are \$15/each.

New Business Agenda – Dawn brought up prudent reserves and that we need to account for additional, known expenses (such as an additional employee at Central Office). We agreed that it should probably change from \$30,000 to \$36,000, but ultimately we'd take it to the body for a vote. / We discussed the speaker meetings and that there's been a downward trend in attendance and donations from this event. We discussed ways to minimize expenses, such as getting a room discount at a particular venue. Further discussion will take place when we're able to meet with Brian. / PRAASA is the next event and we discussed Central Office's table and sales at the event. / Noel brought a request from RENYPAA about sharing storage space, and the Steering Committee offered to let RENYPAA use 20% of our space, rent free, for one year if RENYPAA will agree to clean out the space, as it's currently very dirty. Noel said she'd take the offer back to her group.

MEETING CONCLUDED.

LOOSE NUT

Loose nut

Once a danger at the wheel, she reduced her speed and joined the highway to emotional sobriety



I recently got a wake-up call from God as I was driving to work on a perfectly clear morning. I had eaten breakfast and had been thinking about my schedule for the day. I was running a little late—as usual. I was thinking about my boss, who would be angry at my being late, and I rolled through a stop sign and directly into the path of a large pickup truck that T-boned my car. After being cut out of the car with the “jaws of life” tool, I was taken to a hospital where I was told that my pelvic bone was fractured in two

places.

My AA friends and my coworkers were all freaked out. But they didn’t know the whole truth. Since I had only moved to that area seven years earlier, they did not know what I had done a year before I moved there. While burning the candle at both ends, I had fallen asleep at the wheel while driving to work on another perfectly clear morning. I ran off the road, ripped through a barbed wire fence and landed in a cow pasture. I hit the seat belt so hard that the force tore the ligaments from my sternum.

Three years prior to that, I was coming home from a long trip. I was tired and wanted to stop and rest but my son was waiting for me so I pushed on. I fell asleep at the wheel five miles from home and rolled the car. My sponsor came to the emergency room at 2:00 a.m. and sat with me while they dug the glass out of my arm and patched me up with 28 stitches.

In 11 years, I’ve had three major accidents and several minor ones. All these were entirely my fault and obvious examples of self-will run riot. After each major accident, I have laughed and looked at the bright side—that I am given narcotics—while my sponsor of the past 20 years and my family have looked on in horror, with a deepening sadness.

I have always enjoyed the “Jaywalker” story in the Big Book, but never saw how it applied to me until now. When I mentioned that to my sponsor, she asked me what it was that the jaywalker enjoyed. “The thrill,” I answered, realizing I had been hooked on “more” in recovery. I could work more hours, sponsor more women, serve on more committees—always multi-tasking—while defying the laws of physics and ignoring common sense.

My sponsor also asked me what I was angry about. My first thought was to wonder whether sponsors go to sponsor-school to know this stuff. But I knew right away what she meant. I felt angry that I was in my 60s and still working, with no hope of retirement in sight because I had compulsively spent all of my money in the past. I may have recovered from drinking, but not from the unmanageability of alcoholism.

Soon after the accident, I started worrying about what kind of car I would get next and wondering how much I could afford and how high my insurance rates were going to go. I wanted a car with airbags everywhere, with backup cameras and every safety system so I wouldn’t get hurt again.

My sponsor pointed out that it wasn’t the car that was the problem, it was the loose nut behind the wheel. She also said that if I didn’t make some drastic changes, I would have another accident in which I would either die or kill someone else and then I would know a very special kind of hell.

A friend recently told me about a dream she had in which she was a passenger in a vehicle that was careening at breakneck speed through a very narrow tunnel. The driver was chatting away, seemingly oblivious to the danger, yet he was confidently getting her through the tunnel. I asked my friend who the driver was. “The driver was God,” she said.

I reflected on my own driving and realized that behind the wheel, I had really been playing God, oblivious to the danger I posed to myself and others. In fact, I had been dangerously insane.

My recovery from this accident has had to be physical, emotional and spiritual. First, I had to do a lot of physical therapy. When I started, they gave me a schedule of appointments and of home exercises to do. I looked at the list and I said that it looked like all I was going to be doing was therapy, eating and sleeping. They said, “Yup, pretty much.” “OK,” I answered, “I can do that.”

I know how to do recovery. You make a commitment, you jump in with both feet and you do it one day at a time. I asked them what I was supposed to be doing between appointments and exercise. “Relax,” they said. I asked, “What is that and how do I do it?” I honestly didn’t know.

As a newcomer 30 years ago, I had a bumper sticker on my car that read, “Sober and Crazy.” Since then, I have been restored to sanity in many respects. But in others, I have remained strangely insane. My sponsor told me that I needed to slow down. The Big Book tells me that God could and would restore me to sanity—if he were sought.

My job was now to seek God. Over the years, I have always connected with my Higher Power in meetings. However, with a fractured pelvis, I wasn’t getting out to meetings. I had to find new and creative ways to connect. One day, a few of my sponsees came over and we had a two-hour meeting in my living room, complete with readings and prayers. The intimacy of that meeting enabled us to share things that we wouldn’t have shared in a regular AA meeting.

One of the greatest blessings I received after this accident was having a sponsee who was willing to move in with me and take care of me. Having been a caregiver myself, I knew the importance of getting out to meetings when caring for someone else. I insisted that she go to meetings as often as possible. A few times, with the permission of our home group, she called me and put me on speakerphone for the duration of the meeting. I was able to listen and then to share in the meeting via speakerphone. It was a spiritual experience for me and (I heard later) for others in the meeting.

However, the most profound connection for me happened through what I now know to be meditation. I have a CD that combines Gregorian chanting with ethereal music. I found that when I listened to this over headphones, I heard the music of the spheres that Bill W. said his grandfather had insisted was there. I guess I was finally beaten into a state of rationality that forced me to slow down enough to hear the voice of God. I listened for hours at a time. One day while I was listening to it, a sponsee called me. She asked me what I was doing. “I’m listening ... to God.” “Oh, you’re meditating,” she said. I thought, Oh, so that’s what this is.

As a result of this meditation, I’ve found a peace I never knew. I told my sponsor about it. She asked me when I last felt that way. I had to go way back in my memory to find it and I was ashamed to admit when I had last felt this way: I was 24 and living on a sunflower farm and I was high on champagne, cocaine and marijuana. At the time, I thought I had arrived. My sponsor pointed out that we had to drink to find peace until we found it in God and AA.

One day while meditating, it came to me what I was going to do about a car. I decided to turn my will and my life over to the “car” of God. I shared that with a friend who said that was nice, but was I going to get a real car?

On an emotional level, I am learning the meaning of “Easy Does It.” I have been slowing down. I am learning how to single-task. I got a glass tea kettle and I enjoy watching the water come to a boil (another really neat meditation). I got in trouble one day for not being on time for a physical therapy appointment. I was too early! When I shared that with my sponsor, she said, “Wow, you are changing.”

For the past several years, I have had a vanity plate on my car with an AA slogan on it. My sponsor says that is an ego trip and it is a violation of the spirit of anonymity. When I get another car, I am not going to get another vanity plate. I will accept the next license plate that comes off the press. To be a worker among workers, that is something I have only wished I wanted. I don’t know what the future holds for me. I can only pray that I never forget the lessons that I am learning today.

Return Service Requested
 NNIG Intergroup Office
 436 S. Rock Blvd.
 Sparks, NV 89431

Faithful Fivers Needed

\$5.00 per month or \$60.00 per year

Cheryl Z
 Colleen S
 Joanne P
 Donn T
 Cynthia F.
 Fireman Bob S.
 Wes K
 Paul M
 Diane L
 William M
 Patty M



Don B
 Lunnetta N
 William F
 Deanna S
 Carl H
 Therese D
 Kimberly S
 Ann G
 Leslie S
 Tinna O

2018 Faithful Fiver Club

This year's club members will directly support the Central Office twenty-four hour answering service **recently** updated with the latest in **Communication Technology!**

We are members of Alcoholics Anonymous that want the hand of A.A. always to be there in Northern Area 42 Community with Central Office Services

It's Easy to join!

Use a **Check** or **Credit Card** to pay monthly, or one time. Stop by the Central Office or use postal services. Phone Central Office for a one time Card Charge over the phone.

\$5.00 per month or \$60.00 per year!

This membership directly supports 12 step work in Northern area 42, Group Services and Central Office Operations.

NNIG BRACER SUBSCRIPTION FORM

Date _____

New _____ Renewal _____

Donation for Electronic Version _____

I cannot send a donation at this time but I would still like to receive the BRACER electronically _____

Name _____

Address _____

City _____ State _____ Zip _____

\$15 One Year - Paper Version

\$7 (Suggested) Yearly Donation – Electronic Version

Email us at Subscriptions nnigbracer@gmail.com to sign up for your Electronic Version of the BRACER

The BRACER
 NNIG Intergroup Office
 436 S. Rock Blvd.
 Sparks, NV 89431
www.nnig.org