

NNIG MONTHLY MEETING SPEAKER



August 11th- 7:00 pm

Group:

The Golden Group King's Beach

Chris S., Altadena, CA

Silver Legacy - 407 North Virginia St., Reno - Doors open at 6:30

July, 2018

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GENERAL WARRANTIES OF THE NORTHERN NEVADA INTERGROUP ASSOCIATION OF ALCOHOLICS ANONYMOUS

In all its proceedings, the Intergroup Association observes the spirit of AA Traditions, taking great care that the Intergroup Association never becomes the seat of perilous wealth or power; that sufficient operating funds, plus a reserve be its prudent financial principal; that none of the Intergroup Association members shall ever be placed in a position of unqualified authority over any of the others; that all important decision be reached by discussion, vote and whenever possible, substantial unanimity; that no Intergroup Association action ever be personally punitive or an incitement to public controversy; that though the Intergroup Association may act for the service of AA Groups in the Northern Nevada area and parts of Northern California, it shall never perform any acts of government; and that, like the Society of Alcoholics Anonymous, the Intergroup Association itself will always remain democratic in thought and action.

(The above is adapted and modified from "The AA Service Manual", and AA Co-Founder Bill W's. Twelve Concepts for World Service; Concept XII, as adopted by the General Service Conference on April 26, 1962. This adaptation of copyrighted AA material has been approved by the General Service Board)

CENTRAL OFFICE

436 S. Rock Blvd.,
Sparks, NV 89431
Monday thru Friday
9:00 AM to 5:00 PM

Saturday 10:00 AM to 2:00 PM

24 Hour Answering Service:

(775) 355-1151 Fax: (775) 355-1560

EMAIL: officemanager@nnig.org

Web Site/Meeting Schedule: nnig.org

The Bracer: nnigbracer@gmail.com



NORTHERN NEVADA INTERGROUP

Anything to Be Cool

A skater takes a dive

I am a twenty-two-year-old recovering alcoholic. I began drinking and taking drugs when I was fourteen years old. It was the year 1994 and the rebellious songs of Green Day and Offspring surrounded the world of the fourteen-year-old. We were a generation inspired by the skater crowd, the nineties version of the sixties' greasers and the eighties' punk rockers. To be in the cool crowd, you had to wear clothes eight sizes too big, walk cool, smoke cigarettes and pot, and drink beer. In those days, I would have jumped off a 100-foot cliff if it meant I could be considered cool. Drinking a petty beer or smoking a little joint was an insignificant hurdle for me on my road to social acceptance. After all, I was invincible and the worse the action, the more attention I would receive. I attended the Drug Abuse Resistance Education (D.A.R.E.) classes and sat through countless drug-prevention speeches, but those did not apply to such a cool rebel without a cause.

Just eight years later, I found myself unable to complete the simplest of tasks without an anxiety attack or to stick with a job for more than two months before getting fired for my habitual tardiness. Today, with the help of the program of Alcoholics Anonymous, my life consists of re-learning how to complete a full day without acting on my impulses. I am bombarded with feelings of pain and strife that I cannot even begin to explain. I have watched this disease take the life of my aunt and destroy the lives of my mother, grandparents, uncles, and cousins. To this day, I am amazed that you can watch a loved one die a slow and painful death from alcoholism, only to go home at night and consume the same death potion yourself. Most of all, I am saddened by the ignorance and denial in our society.

I believe that it is only through my willingness to completely turn my life over to AA that I have the chance of recovering a life of any value. This is a program that has not only saved millions of lives, but has single-handedly reshaped and almost eliminated the absolute helplessness that this willing-to-recover alcoholic used to experience. This is a program that, through faith and action, slowly allows an alcoholic to recover from spiritual, physical, mental, and financial bankruptcy.

Alcoholics Anonymous, I believe, is built on the foundation that no matter what one's religion, race, creed, gender, or degree of hopelessness, its members will do anything in their power to help. Therefore, I can walk into a meeting anywhere in the country and find a room full of the broke and the rich, the powerful and the powerless, the famous and the ordinary citizen. Anonymity makes us all equal and everyone feel welcome. This anonymity is what gave me the courage to walk through those doors. It's what gives me the strength to keep coming back.

Elliot H., Manhattan, Montana

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NNIG EVENTS

EVENTS HOSTED BY NORTHERN NEVADA INTERGROUP TO SUPPORT CENTRAL OFFICE

NNIG Monthly Speaker Meetings
Silver Legacy – 407 North Virginia Street, Reno 89501



Monthly Speaker Meeting
Doors open at 6:30 PM
Speaker at 7:00 PM

August 11, 2018
Host Group — The Golden Group King's Beach
Speaker — Chris S. (Altadena, CA)
Location — Silver Baron A

September 8, 2018
Host Group — Keep It Simple Driar's
Speaker — Tom H. (Reno, NV)
Location — Silver Baron C, D & E

October 13, 2018
Host Group — Sisters of Sobriety
Speaker — Ilene W. (Los Angeles, CA)
Location — Silver Baron A

November, 2018
Canceled due to Gratitude Dinner

December 8, 2018
Host Group — TBD
Speaker — Wesley I. (Calabasas, CA)
Location — Silver Baron 1-6

NNIG Speaker Chair: Brian A.
Speaker Co-Chair: Open
Need more info call: Central Office – (775) 355-1151
Join us for dinner at Millie's 24 inside the Eldorado @ 5 pm with the speaker



Northern Nevada Intergroup

2018 Gratitude Dinner



Our Common Journey

345 North Virginia Street, Reno NV 89501

Speaker
Quincy W.

Saturday, November 3rd, 2018

Doors Open	4:30
Dinner Served	6:00
Speaker	7:30
Raffle	8:30

Seated Dinner \$39

Tickets are available only at Central Office on August 17
436 South Rock Blvd, Sparks NV 89431
775-355-1151



MORE AREA EVENTS

Smoky Valley & Austin Groups

31th Annual Kingston Canyon AA Campout
July 20 - July 21 - July 22rd

Kingston Canyon is located 6 miles west off of Nevada 376 just past the village of Kingston. We have the group campsite in the Nat'l Forest with pit toilets, potable water, fire rings. Cost is free. This is high desert camping with cool nights and warm days. There is a lake and stream for fishing and swimming. Trails for 4 wheeling and hiking. Bring the family.

Friday night AA campfire meeting
Saturday night AA birthday campfire meeting

For More Information Contact
Chip.....775-377-2910
Frank.....775-964-1477

ANNUAL DISTRICT 14 JAMBOREE

SUNDAY, AUGUST 5TH, 11:30 AM
PROUDLY HOSTED BY TITYPAA

LOWER BBQ AREA AT TRUCKEE REGIONAL PARK
BRING WHAT YOU WANT TO GRILL & SOMETHING TO OFFER OTHERS! IF YOUR NAME STARTS WITH, PLEASE BRING:
A-G: APPETIZERS H-N: DESSERTS O-Z: SALADS
BBQ COALS READY AT NOON. SPEAKERS START AT 1:00 PM

FOR MORE INFO OR TO BE OF SERVICE, CONTACT SANDRA AT 530-307-8090

AA SPEAKER: ROB S. (ACYCAA)
AL ANON SPEAKER: TBA

12 TRADITIONS WORKSHOP

You have heard them at meetings
You may have seen them in "The 12 x 12 Traditions"
NOW COME AND HAVE THEM EXPLAINED!
Workshop handout for notes and following along provided

Presenter: Debbie D. From the Bay Area
SATURDAY, AUGUST 18, 2018
Doors open at 9 AM. Will go to about 4:30 PM

-- It is important that we arrive on time so as to not disrupt the presentation schedule --

POTLUCK LUNCH
BRING YOUR FAVORITE DISH TO SHARE. WATER AND COFFEE PROVIDED.

St. Paul's Episcopal Church
1135 12th Street
Sparks, NV. 89431
Hosted By District 16

Questions or to volunteer for various needs, please call Nancy W. 690-8599

Register and pay for this event with PayPal
Go to our website for more details
www.laketahoevalleyfestival.net
Or U.S. Mail registration form with check to:
Lake Tahoe Fall Festival
PO Box 38913
South Lake Tahoe, CA 96151
For Questions Call or Text Chairperson Angela Black 775-376-0488

The 43rd Annual Lake Tahoe Fall Festival will be held in the Hard Rock Casino Revolution Convention Center

October 5, 6, & 7, 2018

Hard Rock HOTEL & CASINO LAKE TAHOE

Living' the Dream
2018
Lake Tahoe Fall Festival

1 or 2 guests per night--\$89.00 to \$109.00 per night (Upgrades Available)
Room rates subject to local 14% tax & \$11.00 per day Resort Fee
\$35.00 per additional adult per room per night. Guests MUST be at least 21 years of age to check into Hotel.
Cut off date to book a room for this discount is September 17, 2018
1-844-588-7625 or www.hardrockcasinolaketahoe.com
Use this code for discount: **FALLFESTIVAL**
YOU MUST USE DISCOUNT CODE AND MAKE YOUR RESERVATION BEFORE SEPT 17th

Dear NNIG Fellowship,

Report: Volunteer hours -79

Calls into Central Office:

- Calls for AA Help - 12
- Calls for Alanon/Alateen - 1
- Meeting information - 48
- Retail/merchandise - 10
- Other 12 step programs - 4
- Events - 12
- Business/Central Office -

All volunteer shifts at office are now filled thank you for getting the word out. We have been working on updating the 12-step call list at the office and it should be done by the July 28th Answering Service meeting. Please call the office

Ronda
Central Office Manager

The Birthday Club

June 2018

Kyle 36 Years

May 2018

Susanne T. 24 Years

Donn T 28 Years

April 2018

Ron T 7 Years

Jack W. 33 Years

March 2018

Kent L. 36 Years

January 2018

Joan H. 47 Years

November 2017

Leslie S. 20 Years

Sharon F. 33 Years

October 2017

Cheryl Z. 17 years

Mike H. 22 Years

September 2017

Phil S. 41 Years

David D. 20 Years

August 2017

Danny S. 15 Years

Deby C. 29 years

Jennifer P. 5 Years

Joanne P. 5 years

July 2017

Paul M. 26 Years

Linda 25 Years

Sandra 22 years

Barbara M. 42 years



Did you know you can share your sobriety and gratitude in a practical way by joining the A.A. Birthday Club? Sign Up today be featured in the Birthday Club section of the Bracer

Show your Support for your NNIG Central Office and join the Birthday Club

A donation of only one dollar for every year of your Sobriety Birthday. Envelopes available at Central Office. NNIG Business Meeting or Intergroup Representatives

N 2 Action Group

Saturday 3:30 PM

Driars Club

345 S. Wells Ave.

Reno, NV

Correction

Bare Bones

10:00 AM Monday

First Congregational Church Annex

627 Sunnyside Drive

Reno, NV

Not a Glum Lot

7:30 PM Thursday

Triangle Club

635 S. Wells Ave.

Reno, NV

AA ANSWERING SERVICE NUMBERS

Reno, Sparks, Carson City and all of Northern Nevada: (775) 355-1151
Las Vegas and all of Southern Nevada: (702) 598-1888
Mammoth Lake: (760) 934-3434
North Lake Tahoe: (530) 546-1126
South Lake Tahoe: (530) 541-1243
Susanville, CA: (530) 257-2880

South Shore Group

Daily Meetings – See NNIG.Org for more information

972 B. Tallac Ave.

South Lake Tahoe, CA

Real Lunch Bunch

Monday-Friday

Noon

141 Industrial Way

Fallon, NV

N.N.I.G. STEERING COMMITTEE

Last Tuesday of each month, 5:30 PM
Central Office, 436 S. Rock Blvd., Sparks

N.N.I.G. BUSINESS MEETING

First Tuesday of each month, 6:30 PM
Alano Club, 1640 Prater Way, Sparks

N.N.I.G. MONTHLY SPEAKER MEETING

7:00 PM Silver Legacy - Silver Baron A
N.N.I.G. CPC/PI

Second Sunday of each month, 2:00 – 3:30 PM
Central Office 436 S. Rock Blvd., Sparks

N.N.I.G. H&I

Last Thursday of each month, 5:15 PM
Central Office 436 S. Rock Blvd., Sparks

COMMITTEE MEETINGS

H&I, BRIDGING THE GAP

LAST THURSDAY OF EACH MONTH AT
5:15 PM, CENTRAL OFFICE

CPC/PI 2ND SUNDAY OF EACH MONTH,
2:00 PM, CENTRAL OFFICE

NYE GALA 2ND TUESDAY OF THE MONTH
5:30 PM, CENTRAL OFFICE

YPAA MEETINGS

TITYPAA, 1ST & 3RD SUNDAY 6:30 PM, 8425
DOLLY VARDEN AVE, KINGS BEACH, CA

RENVYPAA 2ND & 4TH SUNDAY 4:00 PM, 635
WELLS AVE., UPSTAIRS

District Meetings

DISTRICT-2 Second Thursday of each month, 6:30 PM-Reno
Central Office, 436 S. Rock Blvd. Reno

DISTRICT 4 First Thursday of each month, 7:00 PM-Reno
Triangle Club, 635 S. Wells Avenue Reno

DISTRICT 6 2nd Sunday of even numbered months-For
information email district6@nevadaarea42.org

DISTRICT 8 First Sunday, 3:30 p.m. on odd months
Call (760) 937-8407

DISTRICT 10A Third Sunday of every other month, 1:30 PM
680 River St. Elko, NV

DISTRICT 10B Last Sunday Odd Numbered Months @
10:00AM Rotating Group Locations –
Call (775)403-0869

DISTRICT 11 Only holds meetings 4 time a year, call DCM

DISTRICT 12 2nd Saturday of each Month at 5:00 PM- 457
Esmeralda Street Wolf Center, Fallon NV

DISTRICT 14 3rd Mon of each "Odd" month at 6:00 PM -265
Bear Street in Kings Beach CA

DISTRICT 16 Meeting is held 3rd Tuesday of the month
Sparks Family Christian Church 510 Greenbrae
Blvd 6:00PM-7:00PM

DISTRICT 18 DARK DISTRICT

DISTRICT 20 First Saturday of every month 1:30 PM- 50
South Weatherlow, Susanville

DISTRICT 22 Last Saturday of each Month at 5:00 PM 433
Pyramid Way

AREA CLUBS

Reno / Sparks Clubs

Alano Club Sparks, 1640 Prater Way (775) 359-2727

Driars Club Reno 345 S. Wells Avenue (775) 324-9210

Triangle Club Reno 635 S Wells Avenue (775) 324-7977

Clubs outside Reno/Sparks Area

Alano Club Carson City, 1800 HWY 50 East (775) 882-0443

Bishop Alano Club (760) 873-6700

Elko Alano Club (775) 738-4747

Las Vegas Triangle Club (702) 435-0597

South Lake Tahoe (530) 541-1243



Can You Help?

There are cases where sober AAs are unable to make it to meetings. They are in the hospital or physical rehabilitation hospitals or are home-bound while they recuperate.

When you cannot attend meetings do you get 'squirrely' or on edge? Be a part of carrying the message to those shut-ins by joining us as we trudge the road of happy destiny on the

Sunshine Committee!!

Sobriety requirement is 1 year
We will work to your schedule
Call Stacy @830-9840 or email at
rule62stacy@gmail.com



Hospitalized AA?
Shut-In AA?
Assisted Care Facilities AA?
Home Bound AA?

If you have a friend already sober or know of a friend who cannot get to meetings due to a medical condition or you hear of someone in this condition and want to help, call Central Office and alert the Sunshine Committee and perhaps we can help bring a meeting or a visitor to see them.
Call 355-1151.



NNIG CENTRAL OFFICE
OPEN ON SATURDAYS

10:00AM – 2:00PM

NNIG A.A. CENTRAL OFFICE
436 SOUTH ROCK BLVD SPARKS, NV 89431



2018 HOLIDAY SCHEDULE CENTRAL OFFICE

Monday September 3, 2018 – Labor Day – Closed
Thursday November 22, 2018 Thanksgiving – Closed
Friday November 23, 2018 Family Day – Closed
Tuesday December 25, 2018 Christmas Day – Closed
Monday December 31, 2018 Inventory – Closed
Tuesday January 1, 2019 – New Year's Day – Closed



We are updating our 12 Step Call List.
If you are interested in being on the list, please call Central Office at (775) 335-1151. You may also submit the below application form to Central Office.

12 STEP Volunteer Application Form

Name: _____

Date: _____

Sobriety Date: _____

Gender: Male ___ Female ___

Phone # _____

Location/City: _____

Available: Days: _____

Times: _____

The Spiked Cinnamon Roll

A homemade cinnamon roll laced with alcohol became a sober reference point she would never forget



My name is Sarah and I am an alcoholic. My sobriety date is September 17th, 1987. I was 17 years old when I was 12-stepped into the program. 31 years later, I am a real

estate agent, active in AA and living a pretty great sober life. Last month I was showing property to some clients and was invited back to place where they were staying with some friends in order to discuss the terms of the offer that they would be making. Earlier in the day, my clients had mentioned that they had been served homemade cinnamon rolls by their host. I turned down the offer of a glass of wine and we had an uneventful lunch of soup and crackers. I was in the process of discussing the next steps to making an offer on the property with my clients, when their friend placed a bowl in front of me with one of his cinnamon rolls and a side of ice cream in it for me to try. I had not tasted alcohol since I inadvertently ordered an Irish coffee at a restaurant when I had about six months of sobriety, having taken a sip and realizing it was spiked. So, years later, that afternoon with my clients, I didn't expect to find alcohol had been poured over the cinnamon roll, but that's what happened. I unknowingly took up the spoon and had a bite of the pastry with ice cream. It tasted strangely seasoned, but quite good. Not right out front with an alcohol taste—and the ice cream might have masked it, too? I still don't understand it, but I continued discussing strategy with my clients, taking notes about their home purchase offer. It didn't occur to me until the third or fourth bite that the taste was alcohol. At that moment, I also realized that my face was hot and I felt on the verge of a panic attack. I felt like I was being assaulted by something, like I was being poisoned. That little bit of alcohol sauce that I had eaten had immediately hit me, both physically and mentally. I excused myself, asked for and received directions to their bathroom, and tried to be outwardly calm. I felt mechanical, but a little off-kilter as I walked to the bathroom, went through the door, and remembered to lock it behind me. I went over to the toilet in a daze. My heart was pounding and I knew I was in trouble. I felt as if I was watching myself from outside myself, a sensation that happens to me whenever I feel extremely threatened by something. I immediately put my finger down my throat and made myself empty my stomach and did not stop until I couldn't bring anything more up. I was worried that my guests would notice that I was spending an unusual amount of time in the bathroom, but I was more worried about getting everything out of my system. I washed my face with cold water and rinsed out my mouth. My face looking back at me from the mirror appeared strange to me. My cheeks and forehead were red and I felt sick. I went down on my knees in the bathroom and said the Third Step prayer, and wondered if the prayer was good enough because it was necessarily rushed. I drank as much water as I could from the sink and went back out. As quickly as I could, I got into my car and left, using the excuse that I had to get back to the office to write their offer.

If the story ended there, if that were all there was to it, I think there would be no real need to share the experience. But the insidiousness of this disease takes hold in strange ways and the

next few weeks of my life showed me how. Even though I didn't set out to drink, had no knowledge that it would happen, and could not have ingested more than a scant teaspoon of the liquor, I was deeply and immediately affected.

The first result—an immediate internal decision not to tell anyone—hit me as I drove away from the house. I knew that this was a strange feeling to have. I was very aware that I had not “slipped,” that my motives were not in question and that even if I did have a moral issue to reveal to my fellows, my daily reprieve is based on honesty and openness and willingness. The burden to reveal my crazy self is never qualified by my guilt or innocence. Nevertheless, once again, knowledge did not help me at all. I rationalized to myself that I was shocked by the experience and didn't want to remember or discuss what had happened right then. So, I gave myself a pass. Bad idea.

Over the next few days, I kept thinking of the taste of the sauce that accompanied that cinnamon roll. It was like trying to remember what it was like but only having the memory of a memory to rely upon. Although I kept praying about the experience and asking for God's help, the help I was seeking was a protection from the craving for a drink. I did not pray for the willingness to tell my story—I kept thinking about the experience obsessively, at least three or four times a day, but rationalized that it was truly a very private memory and I was not ready to share it with anyone.

It took me two days to bring the experience up to my closest confidant, my husband—also a sober member of AA. I told him what had happened to me, including that I didn't mention it because I had kept telling myself that it was not important. I revealed to him that the memory wasn't going away and that it was bothering me. He helped me to relax about the whole experience, which I needed. He treated me gently with friendly laughter, making a joke about re-setting my sobriety date. The release that I received from sharing with him was what I needed to truly begin to let the experience go. As has so often been the case, humor was the beginning of my return to sanity.

Despite all that, however; I continued to feel physically and mentally poisoned. Sometimes I could remember the taste of the alcohol rather vividly. Other times, I quite perversely tried very hard to remember what it was like but could not. The obsession that took hold about this incident took me by complete surprise. I didn't see how far off the beam I was until I had regained my balance through sharing my story at a meeting. They say “You are only as sick as your secrets.” I told mine and was almost immediately given the feeling that I was safe, back in the Fellowship and in the sunlight of the spirit again. I have since discussed what happened to me with several people in the program, some of whom have shared stories of similar occurrences. I am glad that once again, I have been shown that I can rely upon the collective experience of our Fellowship to keep me from terminal uniqueness. The good humor, acceptance and hearing that I was not the only one to whom this had happened brought me right around to an immense feeling of gratitude and relief.

I feel as if I have dodged a bullet. I know the stories in the Big Book and the first hand stories of people who don't remember how they began drinking again after long periods of sobriety and wonder if perhaps any of them began with having been inadvertently served something with alcohol in it by a well-meaning host. I believe that I had a reaction that could have brought me back to drinking, had I been out on my own as a lone AA who had been sober long enough to no longer “need” the fellowship and a daily reprieve. My kind of alcoholism makes it necessary for me to stay very close to the program, attend lots of meetings, and keep in the “middle of the herd.”

I need a God of my understanding to keep me sober and restore me to sanity, sometimes on an hourly basis. That same God has given me the gift of my husband, who was there for me to release my secret to and to stand with me through my doubts and strange feelings about what had happened. That same God has kept me sober and surrounded me with many people who daily serve as my sponsors or join me as fellow travelers, brothers and sisters on our road to happy destiny.

Thanks to God and to the Fellowship for my sobriety.

Sarah J., Otis, Ore.

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NNIG FINANCIAL REPORT

NNIG/Central Office Group Contributions 2018

Group	June	YTD	Group	June	YTD
4th July Annual Event		0.00	Happy Hour Reno		500.00
A Way Home		75.90	Incline to be Sober		0.00
Alano Afternoon Serenity		0.00	Janesville Moment to Moment		0.00
Alano Brown Baggers		200.00	Kings Beach AA Golden Group		357.00
Alano Dawn Patrol		0.00	Knuckleheads		0.00
Alano Jaywalkers		0.00	Ladies of the Evening		73.44
Alano Keep it Simple		0.00	Ladies of the Lake		47.35
Alano Shake' m Up Group		0.00			
Alano Sunday Morning Speaker	204.00	204.00	Mammoth Lakes Group		0.00
Twilight Zone	35.00	145.00	McGill NV Freedom Group		25.00
Alano Sunshine Group	500.00	500.00	Minden Language of the Heart		80.00
Alano There is a Solution		0.00	Minden Saturday Night Fever		125.00
Alano Women in Recovery	6.50	39.16	Minden Stephanie Way Group		189.02
Alturas Hill Toppers		0.00	Minden/Gardnerville Group	120.00	680.00
Austin Group		43.50	Mt Rose Recovery Room	125.00	1008.00
Back to Basics Saturday Night	100.00	300.00	NNIG Business Meeting	36.25	188.50
Back Room Group		150.97			
Back to Basics Sparks		0.00	Our Common Welfare		60.00
Battle Mountain Fellowship	10.00	60.00	Out and Sober		10.00
Bishop Group		0.00	Page by Page		0.00
Blairsdan Greagle Group		0.00	Portola Group		620.00
Bridgeport High Sierra Group		0.00	Positive Acceptance Group		263.40
Buena Vista Group		0.00	Pyramid Way Discussion Group		0.00
Caring & Sharing in Stead		128.31	Quincy Fellowship		10.00
Carlin Crystal Light Group		0.00	RTC ABC Group		0.00
Carson AA Way of Life	200.00	200.00	RTC Afternoon Delight		150.00
Carson After Shifters		0.00	RTC Almost Heaven	100.00	500.00
Carson Back to Basics		0.00	RTC Aloha Group		375.00
Carson Big Book Babes		0.00	RTC Beginners are Winners		600.00
Carson Big Book Experience		29.00	RTC How We Stay Stopped		0.00
Carson Brown Baggers		1006.00	RTC Just for Today Women		150.00
Carson Drunk Squad		199.00	RTC Little Rascals		50.00
Carson Early Birds		1446.66	RTC Lost and Found		0.00
Carson Happy Hour		50.00	RTC Men's Trudgers		210.00
Carson Jay-Walkers Men's		100.00	RTC Mid Day Group		100.00
Carson Men's NO BS Stag		26.00	RTC Mon Night Grapevine		0.00
Carson Sandbaggers		0.00	RTC Monday Night Men's		200.00
Carson Sister's in Sobriety		0.00	RTC New Awakenings Group		630.07
Carson Sunday Night Step Study		0.00	RTC Not a Glum Lot		0.00
Carson Valley Gratitude		0.00	RTC Seniors in Sobriety		50.00
Carson Women's Night Out		0.00	RTC Sober N Sane		50.00
Chester Fellowship		0.00	RTC Women's Literature Study		0.00
Choices	100.00	100.00	RTC Women on Wednesday		0.00
Cornerstone Group		228.29	Serenity on Sunday		0.00
Crystal Bay Nooners		0.00	Sierraville Sunday Night		0.00
Dayton Fellowship Hall		150.00	Silver Springs Groups		175.00
Dayton Friday Night Rule 62		0.00	Sisters in Sobriety		85.94
Dayton Sunday Morning		321.00	Slide Mountain Serenity		0.00
District 6		0.00	South Reno on Sunday		350.00
District 12		0.00	South Shore Group		75.00
District 14		0.00	Southside Group	364.26	2193.16
District 22		0.00	Stagecoach Friends of Bill		85.00
Driar's 4th Dimension		0.00	Step 1		0.00
Driar's Keep It Simple		0.00	Sunday New Beginnings		0.00
Driar's Club Lunch Bunch		0.00	Sunnyside Big Book Study		0.00
Driar's Serenity Night Owls		0.00	Sunnyside Group		1585.00
Driar's Support Hose		0.00	Susanville Thursday Night		125.00
Driar's Oldtimers/Newcomers		0	Susanville Wed Womens		0.00
End of the Road Group		0.00	Tahoe City Fellowship		0.00
Eye Opener	379.00	555.00	The Rock Group	81.00	245.00
Fallon The Real Lunch Bunch	83.40	217.90	Truckee Dawn Patrol		0.00
Fernley Groups		200.00	Truckee Fellowship		0.00
Finding Peace		0.00	Truckee River Men's Stag		0.00
Fireside Group	300.00	600.00	Verdi Bookies	50.00	152.00
Galena Friday Night		0.00	Virginia City Plug in the Jug		100.00
Gardnerville Roadside Group		0.00	Wed Night Beginners		102.60
Gardnerville Wed Night Live		0.00	Westwood AA		0.00
Greenville Group		0.00	Westwood Monday Night		0.00
Ground Zero		84.00	Whole in the Ground Sunnyside		0.00
Grupo Accion	11.00	71.00	Winnemucca Serenity Seekers		0.00
Grupo Fe Y Esoeranza		0.00	Winnemucca Three Legacies		0.00
Grupo La Nueva Esperanza		0.00	Women's 24 Hours A Day		0.00
Grupo La Nueva Luz	20.00	120.00	Women's New Beginnings		198.00
Grupo Neeva Vida	10.00	60.00	Women Down and Dirty		95.00
Grupo Latino		0.00	Women's New Harmony		75.00
RENVYPAA		300.00	Young at Heart		0.00
Grupo Solo Por Hoy		50.00			
			Total	2,835.41	20,904.17

PROFIT & LOSS STATEMENT

Northern Nevada Intergroup Profit & Loss YTD Comparison June 2018

	Jun 18	Jun 17	Jan - Jun 18
Ordinary Income/Expense			
Income			
4000 - Income - General			
4500 - Faithful Fivers	95.00	190.00	825.00
4300 - Bracer Subscriptions	0.00	0.00	90.00
4800 - Other Copy Reimbursements	12.95	2.50	162.05
4600 - Individual Contributions	4,874.41	41.45	10,360.11
4550 - Group Contributions	2,835.41	2,145.53	20,904.17
4200 - Birthday Contributions	36.00	89.00	247.00
Total 4000 - Income - General	7,853.77	2,468.48	32,588.33
4002 - Income - Event Revenues			
Event Revenues	662.87	925.98	3,492.29
Total 4002 - Income - Event Revenues	662.87	925.98	3,492.29
4004 - Income - Merchandise Sales	7,718.09	5,410.25	46,889.57
4900 - Interest Income	-0.18	2.51	6.95
Total Income	16,234.55	8,807.22	82,977.14
Cost of Goods Sold			
5000 - Cost of Goods Sold	4,350.47	3,003.49	26,301.44
Total COGS	4,350.47	3,003.49	26,301.44
Gross Profit	11,884.08	5,803.73	56,675.70
Expense			
5100 - Bank Fees and charges	3.00	3.00	9.00
5120 - Professional Fees	0.00	0.00	3,480.00
5150 - Cash Over/Short	0.00	0.00	20.00
5180 - CC Service Fees	133.12	139.48	965.47
5181 - Convention expenses	0.00	0.00	0.00
5210 - Storage Unit	90.00	80.00	540.00
5220 - Shipping Charges	87.96	24.93	233.32
5230 - Alarm System	75.00	0.00	373.45
5235 - Committee Expenses	0.00	1,136.65	130.97
5240 - Compensation			
5240.1 - Wages - Director	2,126.25	0.00	17,101.55
5240.2 - Wages - Assistant	645.00	0.00	5,658.45
5240 - Compensation - Other	0.00	4,102.00	420.00
Total 5240 - Compensation	2,771.25	4,102.00	23,180.00
	Jun 18	Jun 17	Jan - Jun 18
5241 - Dental/Vision Plan	0.00	0.00	77.02
5250 - Computer expenses	0.00	70.96	285.54
5260 - Copier Lease	340.31	327.77	2,216.89
5270 - Insurance Business/Workers Comp	-7.00	0.00	1,138.00
5285 - Mileage Reimbursement	0.00	110.00	70.00
5290 - Office Supplies	99.64	120.66	893.54
5310 - Paper	0.00	93.80	220.51
5320 - Payroll Tax Expense	211.59	313.79	2,127.57
5325 - Payroll Processing Fee	78.60	75.00	613.86
5330 - Postage	50.00	98.00	152.26
5340 - Rent	781.00	758.00	4,686.00
5350 - Repairs & Maintenance	0.00	126.00	66.63
5360 - Taxes & Licenses	50.00	0.00	210.00
5370 - Telephone	686.00	466.75	5,820.89
5380 - Trash	61.02	28.52	210.76
5390 - Utilities	112.24	110.71	824.00
Total Expense	5,624.03	8,185.02	48,545.68
Net Ordinary Income	6,260.05	-2,381.29	8,130.02
Other Income/Expense			
Other Expense			
5400 - Physical inventory adjustment	0.00	0.00	-8.75
Total Other Expense	0.00	0.00	-8.75
Net Other Income	0.00	0.00	8.75
Net Income	6,260.05	-2,381.29	8,138.77

PINK CAN CONTRIBUTIONS

Pink Can Contributions - Hospitals and Institutions Group Contributions 2018 YTD

Group	June	YTD Total	Group	June	YTD Total
4th Dimension	64.34	450.12	Women's Just For Today		33.00
A Way Home		0.00	Women's New Beginnings		144.43
Alano Afternoon Serenity		314.85	Women's New Harmony		93.39
Alano Brown Baggers		65.00	Women's Night Out		14.06
Alano Club Jay Walkers	158.59	533.97	Women on Wednesday		175.00
Alano Dawn Patrol	36.00	292.00	Women's 24 Hours A Day		0.00
Alano Sunday Morning Speaker		0.00	Young At Heart		0.00
Alano Sunshine Group	46.13	354.48			
Alano Women in Recovery		38.01	June Income/YTD	2062.60	14932.76
Back Room Group		81.93	May 2018 Balance Forward	3140.08	
Serenity on Sunday	125.00	125.00	Account Balance	5202.68	
Battle Mountain Group	38.00	202.00	June Lit Distributed	2742.40	
Caring and Sharing Stead	37.76	171.03	Ending Balance	2460.28	
Carson After Shifters		491.91			
Carson Big Book Babes		0.00			
Carson City Early Birds		1415.25			
Carson City Sunday Fire station		705.00			
Carson City Happy Hour	140.00	742.00			
Carson Sunday Night Step Study		0.00			
Carson Men's No BS		50.72			
Carson Sisters in Sobriety	26.00	26.00			
Corner Stone Group		118.00			
Carson City Women's Down & Dirty		23.00			
Dayton Sunday Morning		134.66			
Driars Keep it Simple		0.00			
Early Birds		0.00			
End of the Road Group		115.00			
Eye Opener	422.00	667.00			
Femley Groups	33.00	106.00			
Fireside Group	30.86	53.63			
Ground Zero		0.00			
Happy Hour		579.61			
Individual		33.00			
Incline to be Sober		0.00			
Kings Beach AA Golden Group		315.00			
Knuckle Heads		0.00			
Ladies of the Evening		0.00			
Minden Gardnerville Group	509.29	2471.29			
Minden Wednesday Night Live		18.00			
Minden Stephine Way Group		97.25			
Minden Saturday Night Fever		360.49			
Mount Rose Recovery Group		146.89			
Northern California H&I		0.00			
Out and Sober		43.00			
Positive Step		0.00			
Pyramid Way Group		122.96			
RTC Almost Heaven	50.00	150.00			
RTC ALOHA		100.00			
Seniors in Sobriety		127.00			
Serenity Night Owls		0.00			
Sierraville Book Study	19.00	19.00			
Slide Mountain Serenity	20.00	126.75			
Support Hose		0.00			
South Reno on Sunday		87.81			
Southside Group	136.63	570.92			
Step 1		43.91			
Sunnyside	95.00	525.41			
The Rock Group	27.00	47.00			
Truckee Bookies		9.65			
Truckee River Men's		581.00			
Verdi Bookies		234.40			
Verdi Greener Pastures	48.00	110.96			
Virginia City Plug in the Jug		227.02			
Wednesday Night Live		41.00			
Corrections Chair - OPEN					
Treatment Chair - Rob L (775) 379-4853					

Distributed Literature 2017 YTD

Facilities	June	YTD Total
JAILS & CORRECTIONS		
Carson City Jail		1298.00
Carson City Warm Springs	123.50	123.50
NNCC Carson Prison		50.00
Douglas County Jail		0.00
Church Hill County Jail	252.00	312.00
Lander County Jail		0.00
High Desert State Prison		2163.05
Humboldt County Jail		0.00
Jan Evens Detention Center	120.00	396.00
Lakes Crossing		0.00
Lovelock Prison		0.00
NN Transitional Housing		48.00
Stewart Corrections Camp	258.90	443.74
Washoe County - Parr	758.00	758.00
Washoe Courts - 59277		0.00
Wells Conservation Camp		0.00
TREATMENT & HOSPITALS		
Bristlecone - Residential	660.00	2104.85
Carson Behavioral Health		280.00
Center for Hope		120.00
Carson Tahoe Detox		0.00
Crossroads - Main Campus		804.35
Crossroads - River House		240.00
Empowerment Center Women		0.00
Gospel Mission		0.00
NEW Frontiers - Fallon		0.00
NN Adult Mental Health Services		528.25
Renown Behavioral Health		82.15
Ridge House		0.00
Saint Vincent's		0.00
Salvation Army		330.00
Step 1 - Men	240.00	690.00
Step 2 - Women		507.00
Sun Shine Committee - Hospitals		0.00
VA Hospital		550.00
West Care		0.00
West Hills		0.00
AA GRAPEVINE/LA VINA		
Office Supplies		0.00
Total	2742.40	12,388.89

Bridging the Gap Chair - Pat B (707) 483-7181
Pink Can Treasurer - Anjul K (707) 321-6400

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BECOME A GRAPEVINE REP!



IN THIS ROLE, YOU WILL:

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- Encourage your group to participate by sending in stories, art work or jokes
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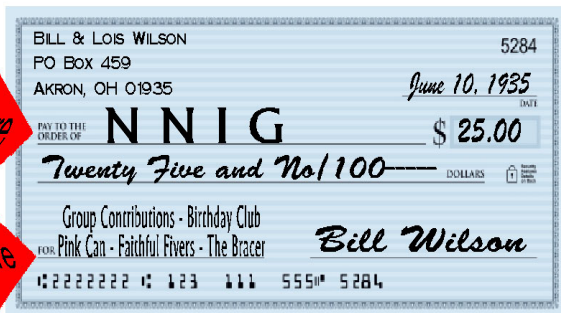
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- Offer to be of service - let your home group know that you are interested.
- Sign up on our website at www.aagrapevine.org/GVR
- You will receive a complete information kit from the Grapevine office.

IT'S A GREAT WAY TO CARRY THE MESSAGE OF AA AND TO STAY SOBER!

Always write NNIG here

Where it goes here



Closed Meeting

THE INNER ALCOHOLIC

IT WAS A HOT NIGHT. The car's air-conditioning wasn't working and the fellow we were twelfth-stepping to his first meeting kept mopping his brow.

Our group's meeting place was about twenty-five miles away, but we thought nothing of it because where we live there are great open spaces and longer drives for the same purpose are not unusual.

We arrived a little late, as the leader was saying, "I thought some of us might like to reveal one important discovery which we made about ourselves--a temperamental, hereditary, environmental or emotional trouble-maker which we checked, thereby hastening our recovery from perverse wrong thinking and attitudes.

"Anything that persists as a carry-over from our alcoholic past can and often does prevent our growth into mature adult sobriety.

"My greatest discovery about, myself in AA was the realization I was a born hatchet man. I hacked away with malice and jealousy at members who were popular in the group, whose opinions were widely quoted or who were sought after as speakers. I was worse at it in the privacy of my own thoughts, where the poison it generated made me a sour, unhappy person.

"Resorting to our Fourth Step, 'made a searching and fearless moral inventory of ourselves,' I eventually curbed this condition which antedated AA and improved the calibre of my sobriety considerably.

"Who else has become better acquainted with his 'other person' who lurks deep down inside, rising to the surface to disrupt rational thinking and negating the safeguards against a recurrence of alcoholism?"

"The chink in my sobriety," said Irene, "was submissiveness. As a result of domination by alcohol I was an easily-influenced, easily-led person. Hence I was a sitting duck for forceful, positive members who with the best intentions pushed me into an excess of program activity beyond my powers of assimilation and endurance.

"I became nervous, weepy and inescapably depressed. An understanding member suggested I needed a change of pace, time to re-orient myself, a brief vacation from the pressures exerted by other people.

"It worked beautifully. Within a short time I was back with the group, a better-balanced individual--one who no longer over-dependes on others for guidance, who is no longer so unsure of herself. Now I enjoy that wonderful freedom of thought and action which only self-confidence can give."

"Ever since I was a boy," contributed Larry, "I wanted to be a Kingfish; to excel in sports, schools, jobs and eventually in drinking.

"I had the same strong competitive instinct in AA. I wanted to have the best sobriety, to be the best secretary, the best Twelfth Stepper, the best committeeman and the best delegate.

"En route to these successive offices, I became an AA careerist and my drive for personal importance and power ended only because of a fortunate awakening to my folly.

"I'm cooperative now, not competitive, the kind of a member who really tries to place principles above personalities."

"Getting squared away with ourselves is most essential," interjected an older member. "Few of us get a blinding flash of self-revelation which immediately pinpoints the causes of our unrest.

"The alcoholic usually lives in a little world of his own troubles, desires and frustrations--you in yours and I in mine. If we ever learn to know our inner selves we will suffer far less from chronic or periodic self-deception."

Jean helped fan audience interest: "I was the strange one in my family. There's at least one, you know, in many households. My fault was incompatibility. I couldn't share or mix with anyone. If you wouldn't go my way I went it alone.

"Then I landed here where everybody seemed compatible. Friendship flowed like wine, men were kindly and companionable, girls gushed and kissed one another and cooed love and serenity all over the place.

"I thought it was the worst kind of exhibitionism. These people are sentimentalists, I said to myself. They're slap-happy with sobriety, so I remained unresponsive and incompatible. That is, until I woke up to the fact that this was the thing I had been missing all my life--understanding companionship and indulgent kindness.

"I'm still not an AA kisser, gusher or cooer but I'm beginning to detect signs of it. Any night now, don't be surprised if you hear me coo, 'DAH-ling! How well you look!' Or gush, 'Isn't Harry just the sweetest thing!' As for kissing, it's very close.

"Who knows, I may become so compatible I'll think everyone is just w-o-n-d-e-r-f-u-! Seriously, I've discovered for myself that the aggressively self-sufficient person is among the loneliest of all people."

The leader interrupted the flow of personal discoveries by the audience to observe that no matter how hard he tried to stay sober in the past, he always got ingloriously drunk.

He elaborated, "Each time I went on the water wagon, I had every sincere intention of making it last the length of time I specified.

"In the light of my present knowledge, I am convinced I was destined to get drunk and fall off from the day I climbed aboard it.

"Why? Because I, unknowingly, was the same person on it as I was off it. The only change in me was a physical one. I still had the same bitterness against the world and the same belief that all life was a trap. Resentments and self-pity still rode with me. I felt stigmatized by my alcoholic excesses. I knew my family had lost faith in me because my past record proved my promises of sobriety had never been kept.

"There's no doubt in my mind that each one of us must become the 'changed person' suggested by this program. We cannot become the 'new' and sober person we wish to be with the old self-pitying, defiant or selfish characteristics which inevitably lead to the same escape--alcohol.

"Our slowness or disinclination to change our inner selves," concluded the leader, "is painful sometimes and never easy. It's comparable to one of my favorite little alcoholic stories.

"Two men were drinking in the bar and one of them remarked to the other, 'I've been reading in many magazines and newspapers about the terrible damage done by alcohol to our minds and bodies. JEEP-ers!'

"'Going to stop drinking?' asked his new-found friend. 'Hell no, just stop reading!'

"Shall we close the meeting?"

Anonymous

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NNIG BUSINESS MEETING MINUTES

Business Meeting Minutes July 3, 2018 @ Alano Club in Sparks, NV

Open with Serenity Prayer - 6:33 PM - Read Preamble of NNIG By-Laws; Read Twelve Traditions
Approve June 2018 Minutes. Unanimously Approved.

Treasurer's Report – Kathy A

June treasurers Report approved, unanimously.

MONTHLY REPORT June - Central Office Temporary Office Manager, Ronda

Report: Volunteer hours –79

Calls into Central Office:

- Calls for AA Help – 12
- Calls for Alanon/Alateen – 1
- Meeting information – 48
- Retail/merchandise – 10
- Other 12 step programs – 4
- Events – 12
- Business/Central Office – 68

All volunteer shifts at office are now filled thank you for getting the word out. We have been working on updating the 12 step call list at the office and it should be done by the July 28th Answering Service meeting .Please call the office.

Central Service Committee Reports

Activities Chair – Kris H. –

Upcoming Events are:

Halloween Event & Dance: October 27th

Annual Gratitude Dinner: November 3rd at Eldorado Resort

New Year's Eve Event: December 31st at Automobile Museum in downtown Reno

Answering Service – Mark Z. – no report submitted.

Bracer – Emily – if there's anything you'd like to see in the Bracer, please email it to Emily at nnigbracer@gmail.com

Cooperation Professional Community – Postion Open

Public Information – Tom B. – no report submitted.

Corrections –position is vacant at the moment, if interested in this position, contact Central Office for more information. 2 year sobriety requirement.

Treatment – Rob L –

Our H&I committee has been depleted to myself and possibly a Bridging the Gap chair. We have a person who is possibly interested in doing Pink Can. Reno Behavioral Health Services has not gotten back to us, at this time, for taking meetings into their facility. River House has a coordinator, appointed by myself, who is responsible for getting meetings going in 4 days a week. West Hills has granted us 7 days a week. However we still need people for Tuesday and Wednesday. CrossRoads has meetings going in Monday, Wednesday and Friday. Clients are responsible for the remaining days of the week. Salvation Army is requesting more than just myself to come in and secretary meetings on Saturday. Bristolcone has a coordinator, that I appointed, for Wednesday meetings. I am in the process of getting a coordinator for Monday meetings. NNAMHS has meetings going into their mental health unit twice a week. They have now requested to have their stabilization unit added onto the meetings going into their facility. They have granted us 5 days a week for this unit. Center for Hope, as stated before, is a eating disorder facility requesting H&I 4 days a month, on Saturday. However they're also requiring all who go into the facility, to pass a background check and a drug test. My sponcer and I are the only ones cleared to do meetings at this time. I contacted World Services to make sure this is a suitable facility to bring meetings into. They stated that since we don't do 12 Step calls alone it is not appropriate to do H&I meetings alone. With that being said it is harder to get members of AA to step up and take meetings into this facility. Until more members are willing to step up we will not be able to take meetings into this facility. Thank you for allowing me to be of service.

Bridging the Gap -- Cindy M. – No Report

NNIG BUSINESS MEETING MINUTES CONT'D

Page 10

Speaker Committee Chairperson – Brain A.

Monthly Speaker Meeting; Doors open at 6:30 PM and Speaker at 7:00 PM

July 14, 2018 Host Group — Midday Group 2pm RTC Speaker — Karen S. (Reno, NV) Location — Silver Baron 1-6

August 11, 2018 Host Group — The Golden Group King's Beach Speaker — Chris S. (Altadena, CA) Location — Silver Baron A

September 8, 2018 Host Group — Keep It Simple Driar's Speaker — Wesley I. (Calabasas, CA) Location — Silver Baron C, D & E

October 13, 2018 Host Group — Sisters of Sobriety Speaker — TBD Location — Silver Baron C, D & E

November, 2018 Canceled due to Gratitude Dinner and no availability at Silver Legacy

NNIG Speaker Chair: Brian A. Speaker Co-Chair: Open Need more info call: Central Office – (775) 355-1151

Join us for dinner at Millie's 24 inside the Eldorado @ 5 pm with the speaker

Sunshine Committee – Staci P. Hi I'm Stacy, your friendly Sunshine Committee Chairperson. I am in the process of updating the committee member list for those still interested in the service work. We have rounded up a few new recruits and lost what is looking like a pretty good amount. Also, I had new updated flyers made and found some people to pass them out at appropriate meeting places. There are two different flyers; 1) Asking for your help in joining the committee with my contact information on it. and 2) To let members know that this service is available to contact Central Office if they would like a visit. Please pick up some flyers and take them to your meetings. My email address is rule62stacy@gmail.com I have sign up forms for anyone who is interested in joining the committee. Thank you for allowing me to serve.

Web Site Chair – Ollie –If you have comments or suggestions, email NNIGwebmaster@gmail.com

Northern Nevada Area 42 Liaison – Chris S. no report submitted

RENVYPAA Liaison – Open

Steering Committee Reports:

Intergroup rep report Ron T– no report submitted.

Secretary' report Jeff J – no report submitted.

Vice-chair Report – Jami F – no report submitted.

Chairman's Report Paul M.– no report submitted.

New Business

Remove November speaker meeting from calender. Revised NNIG Bylaws and Operating Procedures .

Meeting Old Business

Ronda's position at central office has been made permanent.

***Motion to Close the meeting**

NNIG STEERING COMMITTEE MINUTES

STEERING COMMITTEE MINUTES

June 26 , 2018 held at Central Office

*Serenity Prayer; Roll Call: Paul M ,Jamie F , Jeff J ,Kathy A , Ron T , Chris G , Kris H , Ronda H ,Robyn Y , Approved May Steering Committee Minutes

Treasurers Report – Kathy A – reported on the current status of the bank accounts, as reflected in a present printout from our account's webpage(s).

Old Business Agenda Items – RENYPAA - no show , By- Laws Committee -Cris. G ,Robyn Y, presented revised NNIG By-Laws , Operating Procedures

New Business Agenda – Printer for office

MEETING CONCLUDED.

Fresh Squeezed Sobriety Tradition Three



One woman's journey to Alcoholics Anonymous began like this: The telephone call was made to the AA phone number and two lovely, clean, sane, sober women were sent to a middle-class suburb on a Saturday night. I'm sure they wondered what they would

encounter. They rang the bell.

The door was opened by an apparition in a wine-stained robe, wearing orange juice cans for hair rollers, walking on tiptoes because her heels were greased with petroleum jelly and she'd fall if she walked flat-footed. The explanation this apparition gave for her charming appearance was that the next day was Sunday and she had to look good for her Sunday school class.

The visitors could tell from the wine stains on the robe and the carpet that this greased apparition had a problem keeping the alcohol on the inside. They could also tell she had a few other problems!

At one time I was ashamed to admit I was that apparition. Today I know--after countless tear-jerking, belly-laughing experiences myself--this experience can be used to save another life.

How those two women kept straight faces as they began to share their experience, strength, and hope, I'll never know. One talked about how her drinking had led her to AA. The other talked about how her drinking affected her family life. Both said they were finding hope and recovery in meetings of Alcoholics Anonymous.

Of course I cried--a lot--as I listened to them. My shame and remorse and guilt were weighing me down (to say nothing of the orange juice cans). We talked about drinking. I tried to tell them about me--what a terrible person I was. And then the most beautiful words that I hope I never forget were said to me: "You don't have to tell us anything about yourself that feels bad. We only want to help you stop drinking."

I was doubtful. How could anyone like me? I didn't like me. I wasn't sure you would accept this woman. The

mother of four children and stepmother to two who broke up two families and two homes surely wouldn't be judged appropriate to come into this group, if these women were any example. Also, I was not a "pure alcoholic"--I was dually addicted, although at that time I couldn't see how prescription drugs were also causing me monumental depression and anxiety. Although I had never heard of or read the "Twelve and Twelve," I was sure I could be classified as a "fallen woman."

Two nights later, minus orange juice cans and slippery heels, I was taken to a meeting. Still sure you would judge my outsides I wore a brand-new white winter coat, fabulous straw hat, white gloves--the works. After the meeting was over, I looked for my white coat and couldn't find it. Someone needed it more than I did. (They left me the hat.) I was too frightened to show my outrage at such an act. I was still afraid you wouldn't accept me. But not one single person ever told me I didn't qualify or that I wasn't acceptable.

Three weeks later I heard a talk that broke my dammed-up tears. A man had done what I had done, walked out on a family and home for the only lover that was important--booze. He was sober six years and I heard him say everything will be okay, if you don't drink.

In my home group there are fifteen to twenty-five men and women. There are several dually addicted people. There are people who have pilfered from the till. There is a man who gets the Steps mixed up since he had a stroke. There is a woman whose husband has been unable to speak or function for over ten years.

We range in age from twenty-three to about sixty-seven. We have a new member with six days of sobriety (at this writing) and an "old-timer" of fourteen years. We are predominantly white, but often have a few black men or women attend. We are single, married, divorced, widow and widower. We are doctors, lawyers, home-makers, computer operators, stable hands, sales people, and retirees. We have slippers and staunch members who didn't touch another drop from the day they walked through the doors of Alcoholics Anonymous. We are believers, doubters, and atheists. We all have problems other than alcohol.

But we are all there for one reason and one reason alone--we each have a desire to stop drinking. No one who comes through the doors of our little brick meeting house leaves without knowing that, and knowing that we not only want them to come back, we need them back.

In my home group we come together to share our experience, strength and hope with every suffering alcoholic that comes our way--or is already there. And we never ask questions--so no one has to tell us anything they don't want to.

Return Service Requested
 Sparks, NV 89431
 436 S. Rock Blvd.
 NNIG Intergroup Office

Faithful Fivers Needed

\$5.00 per month or \$60.00 per year

Karen S.
 Deanna S.
 Don B.
 Carl H.
 Donn T.
 Cheryl Z.
 Glenn R.
 Don M.



Leslie S.
 Colleen S.
 Wes K.
 Paul M.
 Robin Y.
 Todd C.
 Lunnetta N.
 William F.

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It's Easy to join!

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This membership directly supports 12 step work in Northern area 42, Group Services and Central Office Operations.

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